

Nutritional Information



Produce

Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)	
ASPARAGUS TIPS 8OZ	28743100000	8oz	58	2	1	0	0	0	5	9	5	5	4	1716	13	54	5	
BERRY BOWL W/KIWI 14OZ	25432100000	8oz	101	5	0	1	0	0	3	23	7	2	13	110	109	42	1	
BERRY CUP W/KIWI 8OZ	25590900000	1 cup	103	4	0	0	0	0	3	23	7	2	13	114	109	40	1	
BERRY CUP W/MANGOES 8OZ	25590800000	1 cup	104	3	0	0	0	0	2	24	7	2	15	277	90	30	1	
BROCCOLI FLORETS 9OZ	24413900000	8oz	77	8	1	1	0	0	75	15	6	6	4	1414	202	107	2	
BROCCOLI/CAULIFLOWER FLORETS 9OZ	25494400000	8oz	68	7	2	1	0	0	72	13	5	5	4	771	160	81	1	
BROCCOLI/CAULIFLOWER/BABY CARROTS 9OZ	24411500000	8oz	76	6	1	1	0	0	95	16	6	5	6	10985	126	83	1	
CANTALOUPE BOWL 14OZ	25411700000	8 oz	86	4	1	0	0	0	36	19	2	2	18	7677	83	20	0	
CANTALOUPE CUT W/TAJIN 8OZ	25591400000	1 container	127	5	1	1	0	0	1869	23	3	2	22	9584	153	26	1	
CELERY STICKS 10OZ	21418300000	8oz	37	3	1	0	0	0	182	7	4	2	3	1019	7	91	0	
DICED CELERY AND ONIONS 8 OZ	24432000000	8oz	57	3	0	0	0	0	100	12	3	2	7	511	9	68	1	
DICED COLORED PEPPERS 8 OZ	24401300000	8oz	62	5	1	1	0	0	7	12	4	2	7	3974	272	19	1	
DICED RED ONIONS 8 OZ	24431800000	8oz	96	0	0	0	0	0	9	21	4	3	10	0	17	57	1	
DICED WHITE ONIONS 8 OZ	24431700000	8oz	77	2	0	0	0	0	18	17	2	2	11	2	11	45	1	
ENVY APPLES 80-90'S	3616	1/2 Cup	193	130	21	14	2	0	20	321	13	1	2	4	457	21	27	1
FAJITA MIX 10OZ	25432400000	8oz	70	3	1	0	0	0	9	14	4	2	9	2649	186	30	1	
FRESH FRUIT TRAY W/DIP 6OZ	24440900000	8oz	64	2	1	0	0	0	23	15	2	1	13	2207	64	16	0	
FRESH MANGO BOWL 14OZ	25417500000	8oz	136	8	0	1	0	0	2	34	4	2	31	2456	83	25	0	
FRESH PAPAYA BOWL 14OZ	27405200000	8 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
FRESH PICO DE GALLO 8OZ	24461000000	8oz	65	0	0	0	0	0	486	12	0	4	0	811	61	0	0	
FRESH SQUASH 10OZ	25478500000	8oz	45	4	1	0	0	0	23	8	2	3	4	454	39	34	1	
FRESH SQZD GRPFRUIT JUICE 16OZ	21611200000	1 container	191	6	1	1	0	0	0	48	7	3	31	5216	142	100	0	
FRESH SQZD MANDARIN JUICE 16OZ	21611400000	1 container	240	13	2	1	0	0	9	61	8	4	48	3089	121	168	1	
FRESH SQZD ORANGE JUICE 16OZ	21611000000	1 container	204	8	1	1	0	0	5	47	0	3	38	907	227	50	1	
FRUIT SALAD 8OZ	25590200000	1 Cup	116	5	1	1	0	0	11	26	6	2	18	1100	62	31	1	
GRAB N GO APPLE & CELERY TRAY W/PB 8OZ	22463000000	1 container	386	199	31	22	3	0	248	37	9	10	22	491	3	64	1	
GRAB N GO APPLE & CHEESE TRAY W/DIP 8OZ	22463900000	1 container	580	309	153	34	17	0	93	601	53	5	24	37	848	1	566	0
GRAB N GO APPLE W/DIP 6OZ	21419000000	1 container	296	56	27	6	3	0	111	58	5	1	44	48	2	14	0	
GRAB N GO APPLES W/CHS	25441600000	1 container	351	180	89	20	10	0	62	347	33	5	15	24	557	0	386	0
GRAB N GO BRC/CRT/SGR SNP TRY W/HUMS 8OZ	22463700000	1 container	239	105	14	12	2	0	341	29	10	9	8	15325	91	101	3	
GRAB N GO BROCC, CARROT, CELERY TRAY W/DIP	24420800000	1 container	167	68	10	8	1	0	5	412	21	6	5	10	15120	84	104	3
GRAB N GO BROCC/CRT/CAUL TRY W/HUMS 8OZ	22463600000	1 container	234	105	15	12	2	0	361	27	9	9	7	14738	122	88	2	
GRAB N GO BROCC/CRT/CLRY TRAY W/HMS 8OZ	22463400000	1 container	227	104	14	12	2	0	403	25	9	8	7	15120	84	103	2	
GRAB N GO CARROT WITH DIP 7OZ	21418400000	1 container	183	65	9	7	1	0	5	456	26	5	3	15	3519	21	84	4
GRAB N GO CELERY CUP W/PNT BUTTER 8OZ	21467200000	1 container	224	134	22	15	2	0	0	323	15	6	8	6	1146	8	115	1
GRAB N GO DATES,GRPS, CHSE AND CRACKERS	21805500000	1 container	790	321	140	36	16	0	90	813	105	6	26	70	898	3	601	2
GRAB N GO FRUIT & CHOC DIP TRAY 8OZ	22412000000	1 container	204	18	1	2	0	0	0	48	57	8	2	41	114	84	331	2
GRAB N GO GRAPE & PNAPPL TRAY W/DIP 8OZ	22464100000	1 container	266	42	26	5	3	0	19	118	55	3	3	46	115	53	28	1
GRAB N GO GRAPE WITH CHEESE 8OZ	24446200000	1 container	378	181	90	20	10	0	62	350	44	2	16	35	643	7	392	1
GRAB N GO KIWI APPLES CHEESE W/ GRANOLA	21805400000	1 container	816	379	149	42	17	0	92	649	89	15	30	35	868	79	623	2
GRAB N GO PINEAPPLE WITH DIP 8OZ	21419100000	1 container	242	43	27	5	3	0	20	122	47	4	2	37	8	122	33	1
GRAB N GO SNAP PEAS,CARROT,CHSE W/DIP	21805700000	1 container	483	332	143	37	16	0	97	839	23	5	26	10	15535	15	616	3
GRAB N GO STRAW SHRTCAKE 10OZ	23438800000	1 container	344	109	71	12	8	0	74	183	73	4	4	47	24	117	32	2
GRAB N GO STRAWBERRY W/DIP 7OZ	21418900000	1 container	177	40	27	4	3	0	20	122	32	4	2	22	0	133	30	1
GRAB N GO STRWBRY CUP W/CHOC DIP 8OZ	21805200000	1 container	100	20	0	2	0	0	0	47	42	9	2	27	27	133	334	2
GRAB N GO TOM, SNAP PEAS, CHS W/CRKRS	21805600000	1 container	518	322	140	36	16	0	90	820	37	3	26	7	1981	21	579	2
GRAB N GO TRPCL FRUIT TRAY W/DIP 8OZ	22464200000	1 container	245	46	26	5	3	0	19	118	50	5	3	39	997	150	49	1
GRAB N GO VEGTABLE CUP W/RANCH 8OZ	21806000000	1 container	165	68	10	8	1	0	5	355	21	6	5	9	12370	114	81	3
INFUSED LMN MINTWATER 15.2OZ	22446000000	1 container	15	2	0	0	0	0	2	5	2	1	1	190	24	21	0	

Produce Cont.

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INFUSED LMN RSMRY WATER 15.2OZ	22445900000	1 container	18	3	1	0	0	0	0	2	5	2	1	1	134	23	25	1
INFUSED ORNG MINT WATER 15.2OZ	22446400000	1 container	48	2	0	0	0	0	0	2	11	0	1	8	379	51	21	0
INFUSED WTRMLN MINT WATER 15.2OZ	22446500000	1 container	27	1	0	0	0	0	0	2	6	1	1	4	584	7	15	0
JICAMA CUT W/TAJIN 8OZ	25591500000	1 container	130	2	1	0	0	0	0	1835	25	14	2	5	60	107	34	2
LARGE FRUIT MEDLEY BOWL 40OZ	24430400000	8oz	61	2	0	0	0	0	0	20	14	2	1	12	1948	64	16	0
LARGE FRUIT SALAD BOWL 38OZ	25434400000	8 oz	86	3	1	0	0	0	0	15	20	3	1	16	1420	54	21	1
LARGE WATERMELON BOWL 40OZ	25434900000	8oz	77	3	0	0	0	0	0	2	17	1	1	14	1292	18	16	1
LRG MELON MEDLEY BOWL 40OZ	25434100000	8oz	81	3	1	0	0	0	0	26	19	2	2	17	3094	48	17	0
MANGO CUP 8OZ	25590600000	1 cup	144	0	0	0	0	0	0	0	36	5	0	32	1502	54	0	0
MEDIUM CANTALOUPE BOWL 24OZ	24429900000	8oz	86	4	1	0	0	0	0	36	19	2	2	18	7677	83	20	0
MEDIUM FRUIT MEDLEY BOWL 26OZ	24430500000	8oz	61	2	0	0	0	0	0	20	14	2	1	12	1948	64	16	0
MEDIUM FRUIT SALAD BOWL 26OZ	25434300000	8oz	89	3	1	0	0	0	0	14	21	3	1	17	1444	53	21	1
MEDIUM MANGO BOWL 22OZ	21411100000	8oz	136	8	0	1	0	0	0	2	34	4	2	31	2456	83	25	0
MEDIUM MELON MEDLEY BOWL 26OZ	25434000000	8 oz	81	3	1	0	0	0	0	26	19	2	2	17	3027	48	17	0
MEDIUM STRAWBERRY BOWL 26OZ	21425300000	8oz	78	0	0	0	0	0	0	3	18	4	1	10	0	134	30	1
MEDIUM WATERMELON BOWL 24OZ	25432500000	8 oz	77	3	0	0	0	0	0	2	17	1	1	14	1292	18	16	1
MIXED BERRY BOWL 14OZ	25434500000	8 oz	98	5	0	1	0	0	0	3	23	7	2	13	123	87	37	1
MIXED BERRY BOWL 24OZ	25417000000	8oz	87	2	0	0	0	0	0	3	20	6	2	11	49	114	33	1
MIXED BERRY CUP 8OZ	25590400000	1 cup	94	3	0	0	0	0	0	2	21	7	2	12	79	103	34	1
OPAL APPLES	3618	1/2 Cup	199	144	45	16	5	0	347	364	3	0	11	1	650	5	74	1
PARFAIT APPLE CINNAMON	24745400000	1 container	551	87	19	10	2	0	5	192	104	12	12	57	1086	0	279	2
PARFAIT GREEK MIXED BERRY	21708500000	1 container	429	75	10	8	1	0	11	193	78	13	18	39	750	56	394	2
PARFAIT STRAW MANGO	24745900000	1 container	489	88	19	10	2	0	5	191	93	9	12	51	1619	54	238	2
PINEAPPLE CUT W/TAJIN 8OZ	25591300000	1 container	182	0	0	0	0	0	0	1823	38	5	3	28	253	216	51	1
SLICED BELL PEPPERS 10OZ	24401200000	8oz	53	4	1	0	0	0	0	6	10	4	2	7	3834	241	16	1
SLICED JALAPENO PEPPERS 8 OZ	23437300000	8oz	79	13	1	1	0	0	0	2	13	6	3	8	1814	101	23	2
STRAW SHORTCAKE BOWL 14OZ	23492100000	8oz	234	24	6	3	1	0	40	82	49	6	3	30	2	180	41	2
STRAWBERRY BOWL 14OZ	24402800000	8oz	78	0	0	0	0	0	0	3	18	4	1	10	0	134	30	1
STRAWBERRY CUP 8OZ	25590300000	8 ounces	78	0	0	0	0	0	0	3	18	4	1	10	0	133	30	1
STRWBRY/BLUBRY BOWL 14OZ	25415000000	8oz	91	2	0	0	0	0	0	3	22	5	2	13	31	106	26	1
STRWBRY/BLUEBRY BOWL 24OZ	25415500000	8oz	90	2	0	0	0	0	0	3	21	5	2	13	28	108	26	1
WATERMELON CUP 8OZ	25590000000	8 ounces	77	3	0	0	0	0	0	2	17	1	1	14	1290	18	16	1
WATERMELON CUP W/TAJIN 8OZ	25591200000	1 cup	116	4	0	0	0	0	0	1826	21	1	2	18	1613	72	20	1
WINESAP APPLES 1LB	21419100000	1 container	242	43	27	5	3	0	20	122	47	4	2	37	8	122	33	1

Bakery

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S BAY CITY SRDGH SOUP BOWL	20039900000	1 bread	456	13	1	1	0	0	0	471	93	3	17	0	66	3	26	6
S 3" CHEESECAKE BLKBRY CAB	20512600000	1 piece	346	198	126	22	14	0	65	310	32	1	5	18	750	1	40	0
S 3" CHEESECAKE SLTD CARM	20512500000	1 piece	363	207	126	23	14	0	135	370	33	1	6	22	750	0	60	1
S 4 BAGEL HATCH CHILE	20983400000	1 bagel	175	29	14	3	2	0	9	293	29	0	7	0	119	10	61	2
S 4X4 CHOC HAZELNUT	20494900000	1 piece	224	138	55	15	6	0	34	141	18	1	3	13	123	0	37	1
S 4X8 CHOC HAZELNUT	20494800000	1 piece	224	138	55	15	6	0	34	141	18	1	3	13	123	0	37	1
S 5 PUMPKIN COOKIES	20607300000	1 cookie	441	218	46	24	5	0	1	147	49	2	7	28	2865	0	89	2
S 5" SL PUMPKIN CAKE	20475700000	1/4 slice	277	117	45	13	5	0	25	200	38	0	2	30	750	0	20	1
S BAR CARAMEL GRANNY APPLE	20413400000	1 piece	155	69	31	8	3	0	21	90	20	0	2	12	320	1	9	0
S BOSTON BAVARIAN	20458700000	1 piece	329	103	42	11	5	1	19	320	54	1	3	39	3	0	29	1
S BR MUFFIN MS HATCH CHILE 1EA	1418	1/2 muffin	223	104	22	12	2	0	42	197	28	0	1	16	80	4	13	1
S BR MUFFIN MS PUMPKIN	28351	1/2 muffin	246	115	24	13	3	0	47	220	30	0	3	17	974	0	30	1
S BR MUFFIN U CINNAMON CHIP	1419	1/2 Muffin	221	95	27	11	3	0	32	179	29	0	3	16	0	0	19	1
S FUDGE CHOC PCES	20282100000	2 ounces	227	73	36	8	4	0	10	71	38	0	0	36	0	0	0	0
S FUDGE ROCKY ROAD	20729700000	1 piece	113	36	18	4	2	0	5	35	19	0	0	18	0	0	0	0
S FUDGE WALNUT PCES	20282200000	2 ounces	245	91	36	10	4	0	0	71	36	0	2	34	0	0	0	0
S GIANT STRWBRRY WHT CUPCAKE	20410400000	1 cupcake	314	108	57	12	6	0	37	380	45	1	6	39	47	15	40	1
S GOURMET CARAMEL APPLE	20187100000	1 apple	839	402	140	45	16	0	10	160	103	6	7	84	199	0	121	1

Bakery Cont.

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S GRADUATION CAKE 1/2 SHEET	20955600000	1 piece	331	150	51	17	6	0	11	281	43	0	2	33	5	0	26	1
S GRADUATION CAKE 1/4 SHEET	20955100000	1 piece	355	162	56	18	6	0	11	286	46	0	2	35	5	0	26	1
S GRADUATION CAKE FULL SHEET	20950500000	1 piece	471	226	80	25	9	0	11	311	59	0	2	48	5	0	27	1
S HALF CINN APPLE LOAF	20370400000	2 oz.	218	106	25	12	3	0	39	190	27	0	1	16	49	0	13	1
S HEART CAKE LG STRAW CHOC	20985500000	1 piece	276	100	51	11	6	0	12	274	41	2	3	29	19	26	26	2
S HEART CAKE LG STRAW YELLOW	20285200000	1 piece	283	102	54	11	6	0	12	254	43	1	2	31	18	25	22	1
S HEART CAKE PETITE ENROBED	20372900000	1 piece	337	170	62	19	7	0	15	241	42	0	0	16	0	0	60	0
S LARGE RASP CROISSANT	20737800000	1 croissant	308	127	82	14	9	0	45	302	39	2	6	14	101	0	0	0
S LG CINN APPLE LOAF	20080400000	2 oz.	218	106	25	12	3	0	39	190	27	0	1	16	49	0	13	1
S LG SLCD CINN APPLE LOAF	20081700000	2 oz.	218	106	25	12	3	0	39	190	27	0	1	16	49	0	13	1
S MS 4 MUFFINS HATCH CHILE	20837900000	1 muffin	439	204	43	23	5	0	83	388	56	1	3	31	159	8	25	2
S NL 2B PATRI BRWN TRAY	20066300000	2 brownies	232	108	32	12	4	0	0	85	30	1	1	20	0	0	0	1
S PAN DE MUERTO	20230900000	2 oz.	198	46	25	5	3	0	25	62	33	1	5	5	130	1	14	2
S PRBKD ONION POP ARTSN BUN	20737600000	1 bun	237	40	4	4	0	0	0	374	41	3	8	4	0	5	79	3
S PRBKD RYE&GRAINS ARTSN BUN	20737700000	1 bun	234	32	0	4	0	0	0	385	43	3	8	3	0	2	20	3
S RAISIN CHALLAH BREAD	20978400000	2 oz.	181	41	12	5	1	0	61	311	31	1	4	5	262	0	52	2
S RED VELVET COOKIES	20408000000	1 piece	424	178	45	20	5	0	89	0	57	0	4	37	99	5	40	1
S SLICE PINEAPPLE UPSIDE DOWN	20670800000	1 piece	579	267	109	30	12	0	0	647	74	3	4	42	404	0	27	1
S SLICED PUMPKIN LOAF	20357400000	2 oz.	168	52	22	6	2	0	43	268	26	1	3	15	801	0	56	1
S SM WHL HATCH CHILE LOAF	20374300000	1.3 oz.	132	65	13	7	1	0	26	157	15	0	1	7	67	7	29	1
S SUMMERBERRY STACK	20512700000	1 piece	285	161	90	18	10	0	55	129	30	1	1	20	498	2	20	1
S SWEET FUSION CARROT CAKE	20187500000	1 piece	604	371	211	41	23	0	133	403	52	1	6	40	1729	0	46	1
S SWEET FUSION RED VELVET CK	20187600000	1 piece	527	319	208	35	23	0	116	348	46	1	6	36	794	0	27	1
S SWEET FUSIONS FRESH BERRY CK	20427000000	1 piece	542	324	205	36	23	0	125	376	48	1	6	37	824	10	35	1
S SWEET FUSIONS TURTLE CAKE	20431300000	1 piece	642	390	217	43	24	0	109	368	57	0	6	47	760	0	32	1
*S*2BITE RAINBOW BROOKIE	20615200000	1 brookie	138	63	22	7	2	0	5	55	17	1	2	9	0	0	0	1
*S*3* CHSCK BLBRY LIME	20049800000	1 chsck	385	217	217	24	24	0	100	381	36	1	6	24	753	2	60	0
*S*3*CHSCKE CHOCOLATE	20515600000	1 piece	419	235	126	26	14	0	95	371	40	3	6	29	753	0	60	2
*S*3*CHSCKE STRAWBERRY	20515500000	1 piece	394	226	126	25	14	0	95	381	37	2	5	25	753	1	60	1
*S*5 KITCHEN COOKIES	20493600000	1 cookie	230	90	63	10	7	0	20	90	32	2	3	21	200	0	20	1
*S*5 TRIPLE CHOC BLONDE	20721600000	1 cookie	327	144	90	16	10	0	40	329	41	0	5	24	299	0	40	2
*S*6 SM GRMT BUNDTDS CF CK	20715700000	1 bundt	168	72	18	8	2	0	25	130	24	0	0	16	0	0	0	0
*S*6 SM GRMT BUNDTDS CHOC	20716600000	1 bundt	212	108	41	12	5	0	25	150	24	1	2	16	0	0	0	1
*S*6* WHOOPIE PIES PATRIOTIC	20598100000	1 pie	192	72	23	8	3	0	15	170	28	1	2	19	100	0	20	1
*S*6* WHOOPIE PIE SPR	20615100000	1 piece	192	72	23	8	3	0	15	170	28	1	2	19	100	0	20	1
*S*7* DL WHT COCO CAKE	20614300000	1 slice	148	60	40	7	4	0	8	155	20	1	2	14	0	0	0	0
*S*8 BUTTERFLAKE ROLLS	20931000000	1 roll	190	88	38	10	4	0	0	232	22	1	4	2	0	0	0	1
*S*BROWNIE CUBES BDAY	20049700000	1 brownie	166	63	40	7	4	0	0	84	25	1	1	17	0	0	0	0
*S*BROWNIE CUBES PD SG	20049500000	1 brownie	150	36	13	4	1	0	0	104	28	1	1	17	0	0	0	1
*S*BROWNIE TRAY SQ 12CT	20694000000	1 brownie	132	36	14	4	2	0	0	95	23	1	1	17	0	0	0	1
*S*CB GINGER SNAP COOKIE LB	20932500000	1 cookie	71	14	6	2	1	0	4	29	13	0	1	5	5	0	8	1
*S*CHEESECAKE TREES	20720000000		309	189	136	21	15	0	42	105	27	1	3	7	0	0	25	0
*S*CINNAMON CREME CAKE	20964600000	1 slice	209	82	17	9	2	0	33	158	31	0	1	21	43	0	83	1
*S*COOKIE BRT PATRIOTIC	20049400000	1 cookie	130	54	32	6	4	0	15	35	17	0	2	7	200	0	0	1
*S*DECORATED OVAL COOKIE	20515700000	1 piece	250	114	52	13	6	0	13	149	33	1	1	22	132	0	0	1
*S*LG SLICED LEMON PECAN LOAF WHL	20081300000	2 oz.	219	122	23	14	3	0	43	264	22	0	2	11	51	0	44	1
*S*MINI CONFETTI CUPCAKES	20598200000	3 cupcakes	289	117	41	13	5	0	10	280	41	0	2	32	0	0	20	1
*S*MINI PISTACHIO CUPCAKES	20597900000	3 pieces	282	126	45	14	5	0	30	200	37	0	2	25	0	0	20	1
*S*MS 4 MUFFINS AN PUMPKIN	20216400000	1 muffin	493	230	49	26	5	0	94	440	60	1	5	34	1916	0	59	3
*S*MS 4 MUFFINS PEACH	20189900000	1 muffin	443	208	44	23	5	0	85	397	56	0	3	33	196	2	26	2
*S*MS 4MUFFINS ZUCCHINI	20363400000	1 muffin	458	217	49	24	5	0	88	415	57	0	3	32	289	12	34	2
*S*SLICE GRANNY SMITH APPLE PIE	20729300000	1 piece	466	191	83	21	9	0	0	635	66	4	3	34	0	0	0	0
*S*SLICE HONEY CRISP APPLE PIE	20729400000	1 piece	466	191	83	21	9	0	0	635	66	4	3	34	0	0	0	0
*S*SLICED STRWBRRY LOAF	20081500000	2 oz.	179	94	19	10	2	0	35	217	19	1	2	10	41	4	39	1
*S*SM SLICED STRAWBERRY	20952600000	1 oz.	88	36	7	4	1	0	14	65	12	0	1	6	17	2	20	0
*S*TART SQ FRESH FRUIT 7"	20516200000	1 slice	264	93	31	10	3	0	5	134	39	2	4	17	202	23	72	0
*S*TRAY 2B BRWN W/HEART	20638000000	2 brownies	250	126	54	14	6	0	20	120	29	0	2	22	0	0	20	1

Bakery Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
*S*WOOPIE PIES FALL	20720100000	1 pie	206	90	32	10	4	0	15	140	27	0	2	18	100	0	20	1
*S*WOOPIE PIES XMAS	20720300000	1 pie	192	72	23	8	3	0	15	170	28	1	2	19	100	0	20	1
*S*XMAS TREE PRETZELS	20721800000	5 pieces	146	54	45	6	5	0	0	130	21	0	2	13	0	0	20	0
*S4X4 AUTUMN SPICE	20495100000	1 piece	214	125	49	14	5	0	37	124	20	0	2	13	991	1	30	1
ARTISAN FOCACCIA 16OZ	20938900000	2 oz.	55	21	3	2	0	0	4	216	4	0	5	2	68	1	60	0
ASIAGO CHEESE BAGEL 1EA	20991400000	1 bagel	259	8	0	1	0	0	0	423	53	2	9	0	0	0	0	3
ASIAGO PARMESAN	20521500000	2 ounces	174	34	11	4	1	0	4	214	29	1	6	0	36	0	57	2
BAGEL	20941100000	1 bagel	286	12	0	1	0	0	0	463	59	1	9	5	0	3	75	3
BAGUETTE DEMI	20420600000	2 ounces	153	4	0	0	0	0	0	181	32	1	5	0	19	0	9	2
BAGUETTE PARBAKED	20301900000	2 oz.	127	5	0	1	0	0	0	265	26	1	4	0	0	5	20	0
BAGUETTE WHEAT	20232300000	2 oz	149	5	0	1	0	0	0	170	31	2	5	0	19	0	10	2
BAGUETTE WHITE	20521000000	2 oz	153	4	0	0	0	0	0	181	32	1	5	0	19	0	9	2
BAKE OFF MUFFIN HATCH CHI	25750	1/2 muffin	309	158	40	18	4	0	46	305	33	0	5	12	162	6	90	2
BAKLAVA PHOENICIA 1EA	20507300000	2 oz.	186	67	27	7	3	1	4	165	27	0	3	11	1	0	15	1
BANANA NUT CAKE SLICES 1EA	20650500000	1/2 muffin	313	155	31	17	3	0	44	262	37	0	3	19	0	0	30	2
BAR CAPPUCINO NANAIMO 1EA	20988900000	1 cup cake	256	114	36	13	4	0	10	208	33	0	2	26	12	0	13	3
BAR IRISH CREAM NANAIMO 1EA	20989000000	1 donut	188	24	9	3	1	0	0	261	37	0	4	14	0	0	158	0
BAR LEMON SQUARES 1EA	20959700000	4 oz.	90	60	11	7	1	0	3	273	5	1	2	3	956	41	31	1
BAR MACARON 1EA	20927400000	2 oz.	179	65	29	7	3	1	11	164	25	0	3	13	1	1	15	1
BAR NANAIMO 1 OZ 1EA	20927700000	1 oz.	126	29	25	3	3	0	0	103	23	0	1	15	19	2	0	3
BATARDS 7.5OZ	20915200000	2 oz.	200	94	9	10	1	0	0	208	24	2	2	1	2	0	32	1
BAY CITY SOURDOUGH BREAD	20957100000	2 ounces	150	4	0	0	0	0	0	157	31	1	6	0	7	1	9	2
BEAR CLAWS 1EA	20949300000	1 piece	397	191	78	21	9	0	8	270	49	0	3	39	1	0	26	1
BELGIAN CHOC MOUSSE 1/2 SHT 1EA	20942400000	1/2 cup	136	36	23	4	3	0	0	150	24	0	1	15	0	0	20	0
BERRY CHANTILLY CAKE	20628800000	1 slice	497	278	160	31	18	0	109	357	50	1	4	32	870	5	46	1
BERRY PROUD TRIFLE 1EA	20916800000	1 Container	876	574	187	64	21	0	144	1012	38	1	39	15	997	4	642	2
BIG RED CAKE 19OZ	20941300000	1 fillet	350	207	41	23	5	0	85	420	9	2	28	2	100	2	100	1
BK BEAN/SALSA BATARD ORG 1EA	20514100000	1/2 Calzone	328	144	72	16	8	0	35	570	30	1	16	1	400	4	300	1
BLACK PEPPER PARMESAN	20521700000	2 ounces	174	34	11	4	1	0	4	214	29	1	6	0	36	0	57	2
BLUEBERRY BAGEL 1EA	20991500000	1 bagel	259	8	0	1	0	0	0	386	55	2	7	4	0	4	0	3
BLUEBERRY BAGEL CRISP 19OZ	20502700000	1 piece	666	378	234	42	26	2	120	480	60	2	12	48	200	0	80	1
BOLILLOS ROLLS	973	1 bolillo	302	54	14	6	2	1	0	360	55	2	7	4	100	0	20	4
BOSTON CHOC CHERRY	20745900000	1 piece	459	166	115	18	13	0	10	317	71	0	3	54	317	1	44	1
BOSTON CHOC STRAW	20466500000	1 piece	362	135	87	15	10	0	9	314	54	1	3	39	3	17	30	1
BOSTON WHITE STRAW	20653600000	1 piece	372	141	90	16	10	0	19	321	55	1	3	40	3	17	30	1
BR APPLE FRITTER SMALL 1EA	1318	1 fritter	305	133	29	15	3	5	0	249	39	1	4	17	7	0	175	1
BR APPLE OVERLOAD FRITTER 1EA	1325	1 fritter	278	39	14	4	2	0	0	324	55	1	5	27	0	0	250	1
BR BAGEL 3 BERRY	25647	1/2 bagel	145	9	0	1	0	0	0	230	30	1	4	3	0	0	0	2
BR BAGEL ASIAGO CHEESE	25648	1/2 bagel	170	27	15	3	2	0	9	341	29	0	7	1	0	6	68	2
BR BAGEL ASIAGO CHEESE 1LB	1461	1 bagel	317	52	26	6	3	0	14	865	53	2	13	4	0	0	134	1
BR BAGEL BLUEBERRY 1EA	1398	1/2 bagel	145	5	0	1	0	0	0	230	30	1	5	3	0	0	100	1
BR BAGEL CRANBERRY 1EA	1401	1 bagel	273	9	0	1	0	0	0	530	56	2	10	7	0	0	20	1
BR BAGEL HATCH CHILE	25649	1/2 bagel	176	29	14	3	2	0	9	293	29	0	7	1	119	10	61	2
BR BAGEL JALAPENO CHEDDAR	24919	1/2 bagel	174	29	14	3	2	0	9	378	29	0	7	1	91	7	61	2
BR BAGEL MULTIGRAIN	28424	1/2 bagel	141	5	0	1	0	0	0	210	30	1	4	2	0	2	0	2
BR BAGEL MULTIGRAIN 1EA	1399	1/2 bagel	133	5	0	1	0	0	0	240	27	3	5	1	0	0	60	0
BR BAGEL ONION	28435	1/2 bagel	141	5	0	1	0	0	0	230	29	1	5	0	0	0	0	2
BR BAGEL PLAIN 1EA	1397	1/2 bagel	141	5	0	1	0	0	0	240	29	0	5	1	0	6	0	2
BR BUTTER ALMOND 1EA	1431	1 cookie	65	38	21	4	2	0	16	30	6	0	1	2	117	0	5	0
BR BUTTER VANILLA 1EA	1506	1 Cookie	73	40	24	4	3	0	17	31	8	1	1	3	124	0	2	0
BR CAKE DONUT APPLE CINN	28393	1 donut	359	172	90	19	10	0	20	442	43	1	4	20	0	0	20	2
BR CAKE DONUT BLUEBERRY 1EA	1322	1 donut	289	127	54	14	6	0	15	320	38	1	3	20	0	0	135	1
BR CAKE DONUT CHERRY 1EA	1396	1 Donut	378	172	81	19	9	0	20	440	48	1	4	23	0	0	135	2
BR CAKE DONUT PMPKN GLZD	2761	1 donut	379	181	90	20	10	0	15	420	46	2	4	21	299	2	155	2
BR CINN ROLL CHOC 1EA	1321	1 roll	263	65	31	7	3	0	0	309	44	1	5	18	1	0	23	1
BR CINN ROLL GLAZED 1EA	1319	1 roll	221	29	9	3	1	0	0	302	43	1	5	16	0	0	181	1
BR CINN ROLL MAPLE 1EA	1320	1 roll	300	51	15	6	2	1	0	306	57	1	5	31	1	0	21	1

Bakery Cont.

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BR COFFEE CAKE CRANBERRY	2742	1/2 slice	247	130	25	14	3	0	47	291	27	1	2	15	56	0	49	1
BR COFFEE CAKE PUMPKIN	2741	1 slice	337	97	41	11	5	0	55	559	54	2	6	30	1565	0	111	2
BR COFFEE CK BANANA 4OZ	1564	1/2 slice	264	148	28	16	3	0	51	314	26	0	3	13	60	0	53	1
BR COFFEE LEMON ICED	1567	1/2 slice	260	126	30	14	3	0	47	227	32	0	1	19	59	0	15	1
BR CROISSANT MINI ALMOND	25609	1 piece	147	63	23	7	3	0	0	105	18	1	3	9	0	100	20	1
BR CROISSANT MINI STRAW	25610	1 piece	114	46	23	5	3	0	0	116	15	0	2	5	0	2	0	1
BR CROISSANT RASP	28436	1 croissant	336	131	65	15	7	0	34	449	45	1	6	12	35	49	28	1
BR CUTOUT COOKIE BUNNY	2768	1 cookie	114	48	20	5	2	0	9	84	16	0	1	8	0	0	0	1
BR CUTOUT COOKIE FLOWER PINK	2770	1 cookie	130	54	23	6	3	0	10	95	18	0	1	9	0	0	0	1
BR CUTOUT COOKIE FLOWER YELLOW	2775	1 cookie	128	53	22	6	2	0	10	94	18	0	1	9	0	0	0	1
BR CUTOUT COOKIE HEART	2767	1 cookie	143	63	14	7	2	3	10	120	18	0	2	7	0	0	0	1
BR CUTOUT COOKIE PUMPKIN 1EA	1274	1 cookie	138	54	27	6	3	0	10	110	20	0	1	9	0	0	0	1
BR CUTOUT COOKIE TREE 1EA	1371	1 cookie	107	44	18	5	2	0	8	78	15	0	1	7	0	0	0	1
BR DANISH BEARCLAW	25650	1 danish	483	198	74	22	8	0	15	308	63	3	8	37	402	2	54	4
BR DANISH SNAIL	25651	1 danish	417	155	81	17	9	0	20	390	59	2	6	26	502	5	21	4
BR FILLED SHORTBRD APRICOT	24846	1 cookie	181	79	44	9	5	0	25	113	24	0	1	13	294	0	0	0
BR FILLED SHORTBRD CHOC	24844	1 cookie	207	106	62	12	7	0	25	147	23	1	2	13	294	0	0	2
BR FILLED SHORTBRD RASP	24845	1 cookie	189	79	53	9	6	0	25	118	25	0	2	13	294	0	0	0
BR FILLED SHRTBRD CHC/CHC	1507	1 cookie	207	106	62	12	7	0	25	147	23	1	2	13	294	0	0	2
BR LONG JOHN BAVARIAN MAPLE	1482	1 long john	317	53	16	6	2	1	0	342	61	0	5	33	2	0	21	1
BR LONG JOHN BOSTON CREME 1EA	1311	1 long john	282	65	30	7	3	1	0	348	49	0	5	21	2	0	23	1
BR LONG JOHN LEMON 1EA	1326	1 long john	222	37	13	4	1	0	0	352	41	0	5	13	0	0	24	1
BR LONG JOHN STRAW SMOOTHIE 1EA	1324	1 long john	294	31	13	3	1	0	0	322	61	0	5	33	2	3	21	1
BR LONG JOHN SUNDAE 1EA	1327	1 long john	398	109	47	12	5	0	0	336	67	0	5	40	1	0	23	1
BR MUFFIN MS BANANA NUT	28412	1/2 muffin	284	159	28	18	3	0	46	216	29	0	2	15	58	0	22	1
BR MUFFIN MS BLUEBERRY	28406	1/2 muffin	229	107	23	12	3	0	44	207	29	0	1	17	55	0	13	1
BR MUFFIN MS CHOC CHIP	28407	1/2 muffin	292	140	44	16	5	0	44	201	36	1	2	23	60	0	17	1
BR MUFFIN MS CINNAMON CHIP	2760	1/2 muffin	297	137	49	15	5	0	44	206	38	0	2	26	56	0	35	1
BR MUFFIN MS CRANBERRY	28408	1/2 muffin	225	103	22	11	2	0	42	195	29	1	1	15	53	3	14	1
BR MUFFIN MS LEMON POPPY	28414	1/2 muffin	264	129	27	14	3	0	51	240	32	0	1	18	64	0	28	1
BR MUFFIN MS OLD FASION PECAN	28416	1/2 muffin	257	138	36	15	4	0	50	218	28	0	2	16	135	0	31	1
BR MUFFIN MS RAISIN BRAN	28349	1/2 muffin	140	0	0	0	0	0	0	3	35	0	0	34	1	1	1	0
BR MUFFIN MS WC APRICOT	28411	1/2 muffin	260	114	31	13	3	0	41	191	35	1	2	23	54	0	22	1
BR MUFFIN MS ZUCCHINI	28350	1/2 muffin	209	98	22	11	2	0	40	190	26	0	1	15	845	4	16	1
BR MUFFIN U BANANA NUT	1420	1/2 muffin	242	125	19	14	2	0	38	178	26	1	3	13	19	2	23	1
BR MUFFIN U BLUEBERRY	1417	1/2 muffin	219	97	19	11	2	0	32	190	27	1	3	13	0	0	19	1
BR MUFFIN U CHOCOLATE CHIP	1421	1/2 muffin	227	100	31	11	3	0	32	171	29	1	3	17	2	0	19	1
BR MX POLVORON ASSRT 1EA	1415	1 polvoron	266	126	32	14	4	0	22	212	32	1	3	13	50	0	20	1
BR MX BANDERILLAS	12808	1 banderilla	623	308	142	34	16	0	0	448	69	3	9	24	1	0	0	6
BR MX CAMPECHANAS	1511	1	294	120	55	13	6	0	0	181	40	1	4	22	0	0	0	2
BR MX CHOCOLATE CAKE	1494	1 piece	262	93	59	10	7	0	10	453	40	0	2	25	4	0	61	1
BR MX CONCHA CHOC	1580	1 concha	272	63	28	7	3	0	15	278	45	2	8	12	154	0	31	2
BR MX CONCHA PINK 1EA	1389	1 concha	272	63	28	7	3	0	15	278	45	2	8	12	154	0	31	2
BR MX CONCHA WHITE	1583	1 concha	272	63	28	7	3	0	15	278	45	2	8	12	154	0	31	2
BR MX CONCHA YELLOW	1579	1 concha	272	63	28	7	3	0	15	278	45	2	8	12	154	0	31	2
BR MX COOKIE WEDDING	1581	1 cookie	82	31	15	3	2	0	8	9	12	0	1	6	78	0	5	0
BR MX COOKIE OJARASCA 1EA	1392	1 cookie	81	39	19	4	2	0	0	18	9	0	1	2	0	0	7	0
BR MX COOKIE PIGGY 1EA	1467	1 marranito	285	67	19	7	2	0	11	234	51	1	4	17	13	0	105	3
BR MX CORBATA	12805	1 galleta	345	139	57	15	6	0	68	318	43	1	8	15	182	0	18	1
BR MX CUERNO FINO 1EA	1391	1 cuerno	420	181	90	20	10	3	5	141	53	2	7	18	0	0	20	1
BR MX DANES ROLES DE CANELA	1492	1/2 Roll	357	89	22	10	2	0	5	281	62	2	5	34	478	0	224	2
BR MX EMPANADA APPLE 1EA	1370	1 empanada	319	152	34	17	4	0	11	80	39	2	3	10	66	0	12	2
BR MX EMPANADA PINA 1EA	1411	1 empanada	291	134	32	15	4	0	11	74	36	1	3	10	63	1	12	2
BR MX EMPANADA PUMPKIN 1EA	1412	1 empanada	295	129	64	14	7	0	11	97	37	2	5	12	2358	0	17	1
BR MX ENVUELTOS	12807	1 envuelto	247	119	55	13	6	4	0	193	29	1	4	7	89	3	0	0
BR MX ESTRELLAS	12806	1 estrella	233	122	56	14	6	0	11	181	24	1	4	5	15	1	2	2
BR MX GALLETA 1EA	1570	1 galleta	451	226	78	25	9	4	30	199	50	1	6	18	199	0	48	2

Bakery Cont.

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BR MX MANTECADAS	12810	1 mantecada	292	77	27	9	3	0	35	574	51	0	3	29	2	0	69	1
BR MX NINO 1EA	1513	1 nino	233	37	23	4	3	0	82	133	44	1	5	26	102	0	20	1
BR MX OREJA	28394	1 oreja	310	125	72	14	8	0	0	60	41	1	5	16	497	0	20	0
BR MX PINK CAKE 1EA	1394	1 piece	285	51	18	6	2	0	23	387	56	0	2	41	1	0	46	1
BR MX SANDIA	12809	1 cookie	615	307	153	34	17	0	26	206	71	0	6	31	34	0	17	0
BR MX WHITE CAKE	12812	1 piece	299	107	40	12	4	0	24	412	46	0	2	30	1	0	47	1
BR OLD FASHION GLAZE 1EA	1445	1 donut	325	135	34	15	4	4	10	268	45	0	3	26	1687	0	183	1
BR OLD FASHION PLAIN 1EA	1323	1 donut	262	132	34	15	4	4	10	267	30	0	3	13	1685	0	22	1
BR PIEDRAS	24898	1 piedra	399	106	49	12	5	0	4	88	66	1	8	21	45	0	80	3
BR RING CHOC ICED 1EA	1298	1 donut	251	60	30	7	3	0	0	316	43	0	5	17	1	0	26	1
BR RING CHOC W/SPRINKLES 1EA	1312	1 donut	269	64	32	7	4	0	0	338	46	0	5	18	1	0	28	1
BR RING CINNAMON SUGARED 1EA	1488	1 donut	180	26	11	3	1	0	0	305	34	0	5	9	0	0	24	0
BR RING COLOR ICING 1EA	1316	1 donut	255	27	11	3	1	0	0	321	52	0	5	27	0	0	24	0
BR RING MAPLE ICED 1EA	1308	1 donut	289	49	17	5	2	1	0	313	55	0	5	30	1	0	24	0
BR RING STRAW ICED 1EA	1305	1 donut	277	37	11	4	1	0	0	335	55	0	5	30	0	0	24	0
BR RING STRAW SPRINKLES	1480	1 donut	292	39	11	4	1	0	0	352	58	0	5	32	0	0	25	0
BR RING WHITE ICED 1EA	1365	1 donut	255	27	11	3	1	0	0	321	52	0	5	27	0	0	24	0
BR RING WHITE ICED COCONUT 1EA	1489	1 donut	286	47	11	5	1	0	0	324	55	1	5	27	0	0	25	1
BR RING WHITE W/SPRINKELS 1EA	1313	1 donut	272	29	11	3	1	0	0	342	56	0	5	29	0	0	26	0
BR SCONE CINNAMON 1EA	1432	1/2 scone	285	124	59	14	7	0	24	421	36	1	4	15	300	0	36	2
BR SCONE CRANBERRY 1EA	1434	1/2 scone	238	92	38	10	4	0	21	457	32	1	4	12	240	1	24	2
BR STRUDEL STICK APPLE	24924	1 stick	226	90	40	10	4	0	0	190	31	1	3	11	0	0	0	2
BR STRUDEL STICK STRAW CHS	24925	1 stick	231	99	45	11	5	0	0	200	30	1	3	11	0	2	20	2
BR STRUDEL STK GUAVA	25653	1 strudel	230	90	40	10	4	0	0	180	32	1	3	12	399	0	0	2
BR STRUDEL STK RASP	25652	1 strudel	230	90	40	10	4	0	0	190	32	1	3	13	0	1	0	2
BR THUMBPRINT CHOCOLATE 1EA	1555	1 cookie	181	84	36	9	4	0	5	54	23	1	1	17	8	0	5	1
BR THUMBPRINT STRAWBERRY 1EA	1554	1 cookie	176	77	31	9	3	0	5	56	24	1	1	16	6	0	3	0
BR THUMBPRINT VANILLA ,5OZ	1388	1 cookie	182	89	37	10	4	0	7	65	22	0	1	14	8	0	3	0
BR TURNOVER APPLE	24895	1 turnover	359	171	81	19	9	0	0	125	42	2	5	15	100	18	20	0
BR TURNOVER CHERRY	24896	1 turnover	278	162	72	18	8	0	0	85	25	1	4	0	100	0	0	0
BR TWIRL FILLED STRAWBRY	24848	1 twirl	278	162	63	18	7	3	0	135	27	0	2	15	0	0	20	1
BR TWIRL FILLED VANILLA	24849	1 twirl	359	207	72	23	8	3	0	135	31	0	7	17	0	0	0	0
BREAD PUDDING 1EA	20943400000	1 roll	120	16	0	2	0	0	0	201	21	2	5	2	0	0	0	1
BROICHE BREAD	20066100000	2 oz.	152	15	12	2	1	0	17	181	30	1	5	7	134	1	27	1
BROWNIE BITE TRAY 12OCT	20413100000	1 brownie	30	7	2	1	0	0	0	20	5	0	0	4	0	0	0	0
BROWNIE GERMAN CHOC 15	20598800000	2 pieces	161	45	18	5	2	0	0	135	27	1	2	19	0	0	0	0
BROWNIES CRM CHS 15	20082600000	1 brownie	76	22	11	2	1	0	2	52	13	0	0	9	0	0	0	0
BROWNIES FUDGE 15	20082400000	1 brownie	75	20	9	2	1	0	0	54	13	0	0	9	0	0	0	0
BROWNIES SEA SALT 15	20082500000	1 piece	149	41	0	5	0	0	0	370	26	1	1	18	0	0	0	1
BUTTER COOKIES CHOC DIPPED	20117500000	1 cookie	93	53	33	6	4	0	10	25	9	1	1	6	76	0	3	0
BUTTER COOKIES FLAVORED	20117300000	1 cookie	433	237	140	26	16	1	100	186	46	5	3	19	736	0	13	0
BUTTER COOKIES TRAY 6OCT	20009200000	1 cookie	73	40	24	4	3	0	17	31	8	1	1	3	122	0	2	0
BUTTER COOKIES VANILLA	20117000000	1 cookie	73	40	24	4	3	0	17	31	8	1	1	3	124	0	2	0
BUTTERCAKE OOEY GOOEY BAR	20598400000	1 bar	298	107	57	12	6	0	75	159	44	1	3	25	0	0	16	0
BUTTERTART INDIVIDUAL 1EA	20927800000	1 cupcake	255	114	36	13	4	0	10	208	33	0	2	26	12	0	12	2
CAKE SAMPLER	20926000000	1	412	190	65	21	7	0	21	299	53	1	3	42	44	0	22	3
CAKE SQUARE CARAMEL OVERLOAD	20653500000	1 piece	243	94	40	10	4	0	10	326	34	0	3	23	12	0	30	2
CAKE SQUARE CARROT CAKE	20055900000	1 piece	1024	483	131	54	15	1	108	827	126	5	10	91	114	0	17	19
CAKE SQUARE CHOC DECADENCE	20056200000	1 piece	301	105	44	12	5	0	9	289	46	1	3	34	11	0	29	2
CAKE SQUARE GERMAN CHOC	20067000000	1 slice	291	120	55	13	6	0	9	333	40	0	3	26	11	0	28	2
CAKE SQUARE ITALIAN CREME	20066900000	1 piece	367	189	62	21	7	0	11	316	40	0	4	23	4	0	42	1
CAKE SQUARE RED VELVET	20180300000	1 piece	741	300	113	33	13	1	69	676	103	2	7	78	224	0	71	3
CAKE SQUARE STRAWBERRY	20056000000	1 slice	248	103	40	11	4	0	33	253	34	0	2	24	55	0	23	1
CAKE SQUARE WHT BTTRCRM	20067100000	1 piece	691	315	108	35	12	0	27	534	90	0	4	69	0	0	56	2
CAKE SQUARE-COOKIES-N-CREME	20058400000	1 piece	232	89	41	10	5	0	9	302	32	0	3	21	10	0	25	2
CAKE TRUFFLE	24853	1 truffle	147	63	41	7	5	0	10	90	19	1	2	15	0	0	20	1
CAKE TRUFFLE	20748300000	1 truffle	152	72	40	8	4	0	10	95	18	1	2	4	0	0	20	0

Bakery Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
CAKE TRUFFLE LEMON	20937900000	1 piece	138	54	32	6	4	0	10	90	20	0	1	15	100	0	40	0
CAKE TRUFFLE RED VLVT	20193100000	1 piece	128	36	27	4	3	0	10	90	21	0	2	17	0	0	40	0
CAKE TRUFFLE SLTD CRML	20948700000	1 piece	129	45	32	5	4	0	10	90	20	0	1	16	0	0	20	0
CAKE TRUFFLE TRPL CHOC	20193200000	1 piece	147	63	41	7	5	0	10	90	19	1	2	15	0	0	20	1
CANNOI	20126300000	1 piece	105	45	26	5	3	0	13	49	12	0	3	7	67	0	62	0
CAPPUCCINO NANAIMO BARS 12CT 12EA	20954300000	1 piece	288	130	78	14	9	0	8	284	37	0	3	27	9	0	26	1
CASUELAS-MEX KOLACHIES 1EA	20994900000	1 muffin	618	315	80	35	9	0	92	611	65	1	10	24	324	11	180	3
CB BROWNIE COOKIE	20677900000	1 cookie	140	67	24	7	3	2	11	134	17	1	1	10	107	0	0	1
CB CHOC CHUNK COOKIE LB	20945500000	1 cookie	83	37	23	4	3	0	10	84	11	0	1	7	101	0	0	0
CB CINN CHIP COOKIES LB	20940200000	1 cookie	87	31	19	3	2	0	4	29	13	0	1	8	5	0	14	0
CB COWBOY COOKIE	20677800000	1 cookie	146	66	27	7	3	0	8	52	18	0	2	11	22	0	7	1
CB ICE BOX COOKIES LB	20945600000	1 cookie	45	15	7	2	1	0	3	6	7	0	1	2	3	0	3	0
CB LEMON DROP COOKIES LB	20917000000	1 cookie	201	51	26	6	3	0	0	193	35	0	2	17	0	0	0	0
CB LINZER COOKIE LB	20934400000	1 cookie	43	11	6	1	1	0	5	10	7	0	1	3	37	1	1	0
CB MINI CUTOUT COOKIE LB	20945100000	1 cookie	43	17	8	2	1	0	1	10	6	0	1	1	1	0	1	0
CB MOMS PNTBTR COOKIE LB	20911700000	1 cookie	84	42	15	5	2	0	5	57	9	0	2	3	12	0	9	0
CB PINKIE COOKIE LB	20912000000	1 cookie	55	30	15	3	2	0	3	20	6	0	1	2	4	0	2	0
CB RED VELVET COOKIE	20678100000	1 cookie	142	64	35	7	4	0	5	99	18	0	1	11	6	0	8	0
CB RUSSIAN TEA COOKIE LB	20945200000	1 cookie	124	70	35	8	4	0	8	94	12	1	1	4	276	0	0	0
CB SWT & SLTY CHNKY COOKIE LB	20912900000	1 cookie	85	31	13	3	1	0	4	55	12	0	1	6	6	0	8	0
CB WHT CHC APRICOT COOKIE LB	20938300000	1 cookie	72	25	13	3	1	0	4	31	11	0	1	6	6	0	9	0
CB WHT CHOC MACA COOKIE LB	20945000000	1 cookie	88	46	23	5	3	0	10	86	10	0	1	6	101	0	10	0
CHALLAH BREAD	20945900000	2 oz.	160	27	5	3	1	0	17	391	25	1	8	8	735	0	20	2
CHARACTER CAKE CHOCOLATE	20986200000	1 piece	441	199	68	22	8	0	13	348	57	0	3	44	0	0	34	2
CHARACTER CAKE WHITE	20984800000	1 piece	455	207	72	23	8	0	25	356	59	0	3	45	0	0	34	1
CHEESE CROISS BAGEL 1EA	20938300000	1 cookie	72	25	13	3	1	0	4	31	11	0	1	6	6	0	9	0
CHEESECAKE W/FRESH FRUIT 3"	20742800000	1 piece	375	208	117	23	13	0	85	364	37	3	5	23	772	13	66	1
CHEESECAKE CHOC TRUFFLE 4"	20731600000	1 piece	666	393	214	44	24	0	119	476	56	0	12	44	2	1	81	0
CHEESECAKE CONE NY	20514000000	1 cone	602	361	172	40	19	0	30	361	55	1	5	43	301	0	80	1
CHEESECAKE ENROBED 3"	20042700000	1 piece	564	316	173	35	19	0	87	371	55	2	6	40	770	0	78	1
CHEESECAKE GRAN MARINIER 4"	20190500000	1 piece	642	356	214	40	24	0	99	535	59	4	12	40	0	0	79	1
CHEESECAKE PLAIN 3"	20742400000	1 piece	360	207	117	23	13	0	85	361	33	2	5	21	752	0	60	1
CHEESECAKE PLAIN GF 3"	20082200000	1 piece	342	189	108	21	12	0	95	301	33	2	5	20	752	0	60	1
CHEESECAKE TURTLE 3"	20742500000	1 piece	586	341	153	38	17	0	85	404	55	2	6	41	754	0	75	1
CHERRY CREAM CHEESE COFFEE CAK 1EA	20510500000	1 crisp	64	41	23	5	3	0	13	141	0	0	6	0	129	0	225	0
CHERRY CRM CROISSANT 1EA	20949600000	1 piece	523	248	86	28	10	0	14	480	58	3	11	40	0	0	50	2
CHERRY TURNOVER 1EA	20916100000	1 cookie	122	54	23	6	3	0	0	45	16	0	1	8	100	0	0	0
CHIABATA BREAD 1CT	20978100000	2 oz.	405	225	0	25	0	0	10	5	41	0	4	16	0	0	20	2
CHOC CARAMEL CORN 5OZ	20942400000	1/2 cup	136	36	23	4	3	0	0	150	24	0	1	15	0	0	20	0
CHOC COATED STRAWBERRY 1EA	20959400000	1 piece	564	249	94	28	10	0	12	563	76	0	2	58	4	0	70	1
CHOCOLATE BAG 1EA	20986000000	1 piece	541	248	85	28	9	0	21	409	70	0	3	54	0	0	42	1
CHOCOLATE CREME CAKE	20969700000	1 slice	207	93	18	10	2	0	36	174	27	1	2	18	45	0	86	1
CHOCOLATE CUSTARD 1EA	20924900000	1 tortilla	165	40	20	4	2	0	0	419	27	1	4	0	0	0	71	2
CHOCOLATE DIPPED PRETZELS	20614000000	1 pretzel	2536	1095	647	122	72	0	6	1908	332	0	28	142	29	1	311	18
CHOCOLATE PEANUT CLUSTERS	20647400000	4 pieces	232	144	45	16	5	0	5	70	16	2	6	13	0	0	40	0
CHOCOLATE PUDDING 1EA	20996000000	1 cupcake	98	45	13	5	1	0	8	60	13	0	1	11	0	0	7	0
CHOCOLATE SWISS ROLL	20381700000	2 oz.	45	31	8	3	1	0	2	207	3	0	1	2	52	6	7	0
CHOCOLATE THERAPY	20697400000	1 piece	651	293	148	33	16	0	15	395	85	1	5	67	19	0	50	2
CHUNKY CINNAMON BREAD	20067300000	2 oz.	155	20	3	2	0	0	5	233	30	0	3	11	9	5	14	1
CIABATTA-PARBAKED	20512300000	2 oz	126	18	0	2	0	0	0	310	23	1	4	0	0	1	40	0
CIABATTA-SCRATCH	20521100000	2 oz	149	7	0	1	0	0	0	165	30	1	5	0	24	0	8	2
CINNAMON CHIP BREAD	20592500000	2 ounces	179	26	15	3	2	0	0	124	33	1	5	6	1	0	20	2
CNTRY FRENCH LOAF ORGANIC 1PK	20512600000	1 piece	346	198	126	22	14	0	65	310	32	1	5	18	750	1	40	0
COCONUT CHOC CAKE SINGLE 1EA	20980200000	1 cookie	106	44	22	5	2	0	5	86	15	1	1	9	54	0	0	1
COCONUT MACARON COOKIES 1EA	20945200000	1 cookie	124	70	35	8	4	0	8	94	12	1	1	4	276	0	0	0
COFFEE CAKE APPLE	20507300000	2 oz.	186	67	27	7	3	1	4	165	27	0	3	11	1	0	15	1
COFFEE CAKE CHEESE	20941900000	2 oz.	199	80	36	9	4	1	13	198	26	0	4	12	0	0	18	1

Bakery Cont.

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COFFEE CAKE CINN	20954900000	2 oz.	209	80	32	9	4	1	4	189	28	0	4	11	0	0	18	1
COFFEE CAKE STRAW CHS	20927400000	2 oz.	179	65	29	7	3	1	11	164	25	0	3	13	1	1	15	1
COFFEE CUP AMARETTO 1EA	20666500000	3 oz.	240	51	34	6	4	0	28	132	43	0	4	1	189	0	38	0
CONCHAS LARGE	20611000000	2 ounces	168	34	8	4	1	0	3	143	29	1	4	7	0	0	12	2
COOKIE- AN FILLED SHORTBREAD	20480500000	1 cookie	198	92	57	10	6	0	24	132	24	0	2	13	293	0	0	1
COOKIE CUT OUT	20514200000	1 cookie	97	40	17	4	2	0	7	71	13	0	1	7	0	0	0	1
COOKIE CUTOUT	377	1 cookie	96	40	17	4	2	0	7	70	13	0	1	7	0	0	0	1
COOKIE DECORTD THMBPRNT	20066800000	1 cookie	187	102	46	11	5	0	7	59	20	0	1	11	8	0	4	0
COOKIE FILLED SHORTBREAD	24847	1 cookie	198	93	57	10	6	0	25	132	24	0	2	13	294	0	0	1
COOKIE HEART 10Z	20514400000	1/2 Calzone	294	126	45	14	5	0	25	600	30	2	12	2	200	4	150	3
COOKIE RUSSIAN TEA	20193400000	1 cookie	122	69	34	8	4	0	8	93	12	1	1	4	273	0	0	0
COOKIE THUMBPRINT	20232400000	1 cookie	137	64	33	7	4	0	7	50	17	0	1	8	8	0	3	0
COOKIE TRAY 36CT	20506600000	1 cookie	108	40	21	4	2	0	7	64	15	0	1	8	14	0	11	0
COOKIE TRAY 66CT	20963900000	1 cookie	97	41	19	5	2	0	8	62	13	0	1	6	12	0	11	0
COOKIES & CREAM 1/4 SHT 1EA	20932600000	4 oz.	249	194	31	22	3	0	23	828	10	0	6	5	227	1	23	0
CORN TORTILLAS (CASA RICA) 24CT	20921200000	1 tortillas	79	23	0	3	0	0	0	62	12	1	2	0	0	0	0	0
CORNBREAD 16OZ	20971300000	2 oz	140	42	12	5	1	0	33	188	22	0	3	9	76	1	60	1
CORNBREAD JALAPENO 16OZ	20971600000	2 onces	139	48	16	5	2	0	33	218	19	0	3	8	107	1	80	1
CRANBERRY POUND CAKE	20357300000	2 oz.	185	95	19	11	2	0	37	229	21	1	2	10	45	2	37	1
CREME BRULEE	20667100000	1	555	378	216	42	24	0	409	200	38	1	6	33	1999	3	83	1
CREME CAKE TRAY SLCD 36CT	20940100000	1 slice	99	50	10	6	1	0	19	85	11	0	1	6	22	0	6	1
CROISSANT - MINI	25611	1 piece	131	54	23	6	3	0	0	111	17	1	3	7	0	51	10	1
CROISSANT LARGE BUTTER	20932900000	1 croissant	261	129	73	14	8	0	52	275	28	1	5	5	519	1	3	3
CROISSANT LARGE BUTTER	375	1 croissant	261	129	73	14	8	0	52	275	28	1	5	5	519	1	3	3
CRUELERS 1EA	20914400000	1 cookie	61	27	9	3	1	0	5	23	8	0	1	3	0	0	10	0
CUPCAKE CAKE 24CT	20113700000	1 cupcake	303	140	46	16	5	0	10	217	39	0	2	31	12	0	13	2
CUPCAKE CAKE CHOC 7CT	20313000000	1 cupcake	256	116	40	13	4	0	10	211	33	1	2	26	12	0	14	5
CUPCAKE CAKE W/KIT 24CT	20056500000	1 cupcake	303	140	46	16	5	0	10	217	39	0	2	31	12	0	13	2
CUPCAKE CAKE WHITE 7CT	20414200000	1 cupcake	254	112	31	12	3	0	10	204	34	0	2	27	13	0	11	0
CUPCAKE FAIRY DSGN OF DAY	20283700000	1 cupcake	402	194	66	22	7	0	10	239	50	0	2	42	12	0	13	2
CUPCAKE GIANT	20354000000	1 cupcake	417	145	69	16	8	1	39	405	62	2	6	53	50	0	40	2
DANISH APRICOT 4EA	20963000000	1 meal	541	245	71	27	8	0	123	2045	32	2	42	4	1341	48	59	2
DANISH PINWHEELS 1EA	20917000000	1 cookie	201	51	26	6	3	0	0	193	35	0	2	17	0	0	0	0
DANISH ROLL	20695200000	1 danish	417	155	81	17	9	0	20	390	59	2	6	26	502	5	21	4
DECORATED BUTTER COOKIE	20482300000	1 cookie	630	227	151	25	17	0	92	4	92	0	8	55	1050	0	0	3
DEMI LOAF ASIAGO CHEESE	20527800000	2 ounces	174	34	11	4	1	0	4	214	29	1	6	0	36	0	57	2
DEMI LOAF BLK PEPPER PARM	20426500000	2 ounces	174	34	11	4	1	0	4	214	29	1	6	0	36	0	57	2
DEMI LOAF FRENCH COUNTRY	20601000000	2 ounces	151	4	0	0	0	0	0	191	31	1	5	0	14	0	9	2
DEMI LOAF RUSTICA	20465600000	2 ounces	154	4	0	0	0	0	0	180	32	1	5	0	12	0	9	2
DEMI LOAF SPINACH FETA	20428800000	2 ounces	150	16	5	2	1	0	2	221	28	1	6	0	195	1	19	2
DIVINITY CAKE MKT ST 1EA	20504000000	1 Sandwich	538	183	64	20	7	0	90	1165	53	4	39	0	1354	6	249	4
DONUT APPLE OVERLOAD FRITTER	2646	1 donut	277	39	14	4	2	0	0	323	55	1	5	27	0	0	250	1
DONUT APPLE OVERLOAD FRITTER	20456400000	1 fritter	278	39	14	4	2	0	0	324	55	1	5	27	0	0	250	1
DONUT HOLES CHOCOLATE FROSTED	20525900000	5 holes	573	304	162	34	18	0	22	540	61	0	7	31	0	0	63	2
DONUT HOLES CINNAMON	20526200000	5 holes	571	283	121	31	13	0	22	562	65	0	7	31	0	0	90	2
DONUT HOLES OLD FASHIONED PLAIN	20526000000	5 holes	569	263	121	29	13	0	22	450	72	0	4	40	0	0	90	2
DONUT HOLES POWDERED SUGAR	20526100000	5 holes	522	243	101	27	11	0	22	562	65	0	4	31	0	0	70	2
DONUT PREMIUM	20456300000	1 donut	221	29	9	3	1	0	0	302	43	1	5	16	0	0	181	1
DONUT PREMIUM	28346	1 donut	218	29	9	3	1	0	0	297	42	1	5	16	0	0	179	1
DONUT RING	746	1 donut	196	34	14	4	2	0	0	265	36	0	4	14	0	0	67	0
DONUT RING	20456200000	1 donut	254	46	19	5	2	0	0	315	47	1	5	20	0	0	70	1
ECLAIR	20960300000	1 éclair	371	192	90	21	10	2	78	246	38	0	7	22	209	1	84	1
ELITE ITALIAN CREME CAKE 1EA	20666000000	1 cookie	109	51	28	6	3	0	5	89	13	1	1	8	68	0	3	1
ENGLISH MUFFIN BREAD	20990200000	2 oz.	140	9	0	1	0	0	0	265	28	1	5	1	35	0	0	2
F-4 ONION SWIRL BUNS 1EA	20305000000	1 piece	327	130	54	14	6	0	13	267	47	2	2	38	0	0	14	1
F-8 WHEAT HAMBURGER BUNS 1PK	20972000000	1 piece	309	113	71	13	8	0	12	230	47	1	2	34	26	21	32	1
FETA SPINACH BREAD 1EA	20512200000	1/3 cup	215	99	14	11	2	0	0	95	25	2	4	13	0	0	20	1

Bakery Cont.

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FILLED DONUT CHERRY 1EA	20945600000	1 cookie	45	15	7	2	1	0	3	6	7	0	1	2	3	0	3	0
FILLED DONUT STRAWBERRY 1EA	20945500000	1 cookie	83	37	23	4	3	0	10	84	11	0	1	7	101	0	0	0
FIRECRACKER COOKIE	20839000000	1 salad	148	77	42	9	5	0	32	332	7	2	10	4	1243	11	208	1
FL SHT 2L TRES LECHE FRT OR DEC	20523500000	1 piece	246	97	81	11	9	0	68	145	34	0	3	25	135	2	73	1
FLOUR TORTILLAS (CASA RICA) 10CT	20964500000	1 tortilla	135	23	5	3	1	0	0	360	25	2	3	0	0	0	0	0
FOCACCIA 4 CHEESE	20496400000	2 ounces	193	74	32	8	4	0	17	273	22	1	8	1	168	0	141	1
FOCACCIA ARTIC ONI TO CHE	20496300000	2 ounces	128	40	15	4	2	0	6	199	17	1	5	1	137	9	71	1
FOCACCIA ARTICHOKE OLI CH	20496100000	2 ounces	151	56	16	6	2	0	7	286	19	1	5	1	82	8	78	1
FOCACCIA BASIL TOMATO CHE	20495200000	2 ounces	148	47	18	5	2	0	7	207	20	1	6	1	188	2	81	1
FOCACCIA JALAPENO CHEDDAR ROUNDS	20063600000	2 oz.	138	48	15	5	2	1	11	306	18	1	5	0	90	9	42	1
FOCACCIA PARMESAN CHEESE ROUNDS	20071100000	2 oz.	157	51	16	6	2	1	4	333	21	1	6	0	84	9	68	1
FOCACCIA PEPPER CHEESE	20495300000	2 ounces	165	61	25	7	3	0	15	206	19	1	7	1	323	10	108	1
FOCACCIA TOMATO ROUNDS	20068900000	2 oz.	129	42	13	5	1	1	3	273	17	1	5	0	69	8	56	1
FONDANT HEART CAKE 1EA	20959600000	4 oz.	108	49	9	5	1	0	2	161	14	2	1	11	833	33	44	0
FRENCH BREAD WHEAT	20971800000	2 oz.	131	17	5	2	1	0	0	250	24	2	5	2	0	0	6	1
FRENCH BREAD WHITE	20971700000	2 oz.	124	6	1	1	0	0	0	233	25	1	4	0	0	11	8	2
FRENCH COUNTRY	20521800000	2 ounces	151	4	0	0	0	0	0	191	31	1	5	0	14	0	9	2
FRIED CINN ROLLS CARAMEL 1EA	20945400000	1 cookie	16	0	0	0	0	0	0	0	4	0	0	4	0	0	0	0
FROSTED STRAWBERRY COOKIES 12 CT	20063500000	1 piece	135	52	25	6	3	0	0	101	18	1	3	0	20	0	5	1
FRUIT TART 4" 1EA	20958000000	1 piece	171	79	18	9	2	0	31	164	21	0	2	13	76	0	40	1
FS 10.5" TORTILLA FLOUR 10CT	28348	1 tortilla	250	34	14	4	2	0	0	186	47	1	8	0	0	0	82	3
FS 12" TORTILLA FLOUR 10CT	1514	1 tortilla	333	45	19	5	2	0	0	247	62	2	10	0	0	0	109	4
FS 5 ASIAGO CHEESE BAGEL STICKS 16OZ	1584	1 stick	155	63	23	7	3	0	9	362	18	1	5	1	34	0	83	0
FS 6" TORTILLA FLOUR 10CT	28347	1 tortilla	83	11	5	1	1	0	0	61	15	0	2	0	0	0	27	1
FS CROISSANT LG BUTTER	1566	1 croissant	319	151	112	17	12	0	17	148	36	3	6	4	327	0	84	2
GARLIC BREAD	20935200000	2 oz.	173	74	38	8	4	0	0	199	21	1	4	0	8	10	7	1
GARLIC CROSTINI MS-U	20982000000	2 oz.	250	139	24	15	3	0	0	206	24	1	4	0	108	0	9	1
GIANT COOKIES-N-CREAM CUPCAKE	20399800000	1 cupcake	355	145	90	16	10	0	39	429	45	1	7	37	48	0	35	1
GIANT CUPCAKE CHS WHT CUPCAKE	20410300000	1 cupcake	499	215	78	24	9	0	43	428	65	0	6	58	115	0	42	1
GIANT CUPCAKE DBL DIP CHOC CC	20399600000	1 cupcake	529	243	89	27	10	0	40	433	65	1	6	56	57	0	44	1
GIANT DESIGN CELEBRATE CHOC CC	20410500000	1 cupcake	532	242	83	27	9	1	39	442	67	1	6	58	49	0	36	1
GIANT DESIGN CELEBRATE WHITE CC	20410600000	1 cupcake	527	245	81	27	9	1	37	425	65	0	5	57	46	0	37	0
GIANT FUDGE CHOC CC	20405600000	1 cupcake	417	144	69	16	8	1	39	404	62	2	6	53	49	0	40	2
GIANT FUDGE WHITE CC	20409400000	1 cupcake	527	245	81	27	9	1	37	425	65	0	5	57	46	0	37	0
GIANT GERMAN CHOC CUPCAKE	20410100000	1 cupcake	235	108	44	12	5	0	20	240	28	1	3	22	25	0	22	1
GLAZED RING DONUT	1295	1 donut	222	29	11	3	1	0	0	310	44	0	5	17	0	0	185	0
GMT HAYSTACK COOKIE 1EA	20932500000	1 cookie	71	14	6	2	1	0	4	29	13	0	1	5	5	0	8	1
GMT MAC NUT COOKIES 12CT 12EA	20977600000	1/4 pizza	450	220	91	24	10	0	57	1348	36	3	21	2	657	10	383	1
GMT OATML/RASIN COOKIES 1,45OZ	20964300000	1 cake	180	108	18	12	2	0	20	710	12	0	6	2	200	5	100	0
GOLF BAG COOKIE	20631700000	1 salad	139	79	44	9	5	0	29	206	7	2	8	3	1316	12	221	1
GOOD N GRAINY BREAD	20919300000	2 ounces	159	13	0	1	0	0	0	171	31	3	5	1	2	1	11	2
GOURMET SLICED CAKE 1EA	20922400000	1 Container	794	491	204	55	23	0	121	1345	41	1	35	18	929	3	627	2
GRANOLA CHUNKS 11OZ	20377300000	2 oz.	258	120	26	13	3	0	9	7	30	2	4	16	105	0	26	2
HARVEST GRAIN	20481600000	2 oz.	166	18	0	2	0	0	0	280	32	3	5	1	0	0	0	1
HATCH CH CHEESE BREAD	20477800000	2 ounces	113	21	10	2	1	0	9	203	19	1	5	1	92	13	44	1
HOLIDAY CAKE 1EA	20921800000	2 oz.	73	41	9	5	1	0	3	45	8	1	1	6	50	3	10	0
HOLIDAY COOKIE TRAY 24CT	20988200000	1 cookie	139	61	15	7	2	2	8	125	18	0	2	8	28	0	0	1
ICED CAKE DONUTS 1EA	20912900000	1 cookie	85	31	13	3	1	0	4	55	12	0	1	6	6	0	8	0
ICED RING WITH TOPPING 1EA	20911700000	1 cookie	84	42	15	5	2	0	5	57	9	0	2	3	12	0	9	0
IND BANANA NUT CAKE SLICE 1EA	20507600000	1 muffin	598	299	66	33	7	0	74	512	68	2	7	38	0	2	63	4
IND CARROT CAKE SLICE 1EA	20505200000	1 muffin	627	309	62	34	7	0	88	524	73	0	6	38	0	0	60	3
IND CHOC BTTRCRM CAKE SLICE 1EA	20505700000	1/2 muffin	304	158	29	18	3	0	37	236	33	0	4	18	0	2	34	2
IND CHOCOLATE CAKE SLICE 1EA	20505800000	1/2 muffin	276	128	31	14	3	0	37	277	34	0	3	17	0	2	30	12
IND COOKIE N CREME CAKE SLICE 1EA	20419000000	1 muffin	593	286	79	32	9	0	74	530	70	3	6	43	4	0	61	4
IND RED VELVET CAKE SLICE 1EA	20505600000	1 muffin	612	324	54	36	6	0	105	210	66	0	6	36	0	0	60	3
IND WHITE COCNUT CAKE SLICE 1EA	20506000000	4 oz.	267	159	38	18	4	0	55	788	13	0	14	8	100	0	0	1
ISABELLA CAKE 4X8 1EA	20985100000	4 oz.	235	146	44	16	5	0	28	551	17	2	11	2	162	1	65	1

Bakery Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
ITALIAN BRD-EVERTHING	20982800000	2 ounces	155	14	0	2	0	0	0	398	30	1	5	1	0	0	7	2
ITALIAN BRD-POPPY	20980900000	2 ounces	153	13	0	1	0	0	0	367	30	1	5	1	0	0	16	2
ITALIAN BRD-SEASME	20302100000	2 ounces	154	12	0	1	0	0	0	365	30	2	5	1	1	0	0	2
ITALIAN BREAD-PLAIN	20988400000	2 ounces	152	9	0	1	0	0	0	367	31	1	5	1	0	0	0	2
ITALIAN CAKE SLICES 1EA	20650400000	1 wing	117	70	16	8	2	0	24	344	6	0	6	3	44	0	0	0
IW BAGEL CINNAMON RAISIN 1EA	20050200000	1 cupcake	97	42	15	5	2	0	8	63	13	0	1	10	0	0	7	0
IW BAR ALMOND RASPBERRY	20676700000	1 bar	713	283	159	31	18	1	94	69	97	2	11	38	758	2	59	4
IW BAR CHOCOLATE CRUMB	20677100000	1 bar	567	304	143	34	16	0	0	298	64	4	2	46	0	0	0	1
IW BAR CRANBERRY APPLE	20676800000	1 bar	403	110	65	12	7	0	30	149	68	1	5	33	351	0	20	2
IW BAR RASPBERRY OATMEAL	20676500000	1 bar	659	207	122	23	14	1	56	212	103	2	10	40	655	2	35	4
IW BAR SWEET LEMON	20676300000	1 bar	399	146	87	16	10	0	47	121	58	1	5	22	447	0	12	2
IW BROWNIE BLONDIE	20478500000	1 brownie	483	202	78	22	9	0	78	288	65	0	5	42	414	0	111	2
IW BROWNIE CARAMEL	20052800000	1 brownie	832	298	167	33	19	1	77	227	124	5	9	83	631	0	67	6
IW BROWNIE CARAMEL PECAN	20052300000	1 brownie	885	447	151	50	17	1	75	185	98	4	12	55	641	0	80	7
IW BROWNIE CHOC DECADENCE	20052200000	1 brownie	673	243	135	27	15	1	76	198	99	4	8	60	624	0	63	6
IW BROWNIE COOKIES N CREME	20052400000	1 brownie	358	141	88	16	10	0	36	101	50	2	4	30	284	0	27	3
IW BROWNIE CREAM CHEESE	20478600000	1 brownie	713	286	153	32	17	0	71	188	99	4	8	67	627	0	53	5
IW BROWNIE FROSTED CHOCOLATE	20271100000	1 brownie	840	315	181	35	20	1	82	195	121	6	10	77	701	0	65	7
IW BROWNIE FRSTED CHOC PECAN	20271200000	1 brownie	997	493	179	55	20	1	74	177	114	5	12	71	634	0	81	7
IW BROWNIE GERMAN JACKSON	20067600000	1 brownie	921	397	238	44	26	0	73	299	121	5	9	76	599	0	61	6
IW BROWNIE HEAVENLY HASH	20052600000	1 brownie	819	404	134	45	15	0	67	152	93	4	11	51	567	0	70	6
IW BROWNIE M&M	20052500000	1 brownie	940	357	207	40	23	1	84	208	135	6	11	89	744	0	89	7
IW BROWNIE PEANUT BUTTER	20053200000	1 brownie	913	395	178	44	20	1	81	315	113	8	17	65	699	0	73	7
IW BROWNIE PECAN CHOC	20053400000	1 brownie	751	349	142	39	16	1	75	163	90	4	10	50	639	0	68	6
IW BROWNIE SLTD CRML	20420700000	1 brownie	792	291	179	32	20	1	81	612	115	5	10	73	668	0	85	6
IW BROWNIE TEXAS	20053500000	1 brownie	729	329	145	37	16	1	77	220	92	5	8	65	636	0	85	5
IW BROWNIE TURTLE	20052700000	1 brownie	814	341	144	38	16	1	76	222	108	4	10	66	627	0	75	6
JALAPENO CHEDDAR CHIABATA BRD 1EA	20936400000	1 roll	513	148	70	16	8	0	0	1132	84	1	7	40	0	0	319	3
JALAPENO CHEESE BREAD	20044600000	2 oz.	121	23	11	3	1	0	9	281	20	1	5	0	68	9	50	1
JEWISH SEEDED RYE	20481800000	2 oz.	134	14	0	2	0	0	0	270	25	2	5	1	0	0	60	1
LADY FINGER DESSERT W/FRUIT	20629700000	1	142	39	30	4	3	0	22	155	25	0	1	19	10	7	37	0
LADY FINGERS EA	20643200000	4 ladyfingers	98	14	0	2	0	0	65	250	19	0	2	10	0	0	40	1
LEMON BURST 12CT 12EA	20952700000	1 piece	706	371	152	41	17	0	59	621	76	2	8	56	15	0	96	2
LG HALF BANANA NUT LOAF	20080500000	2 oz.	221	124	24	14	3	0	43	263	22	0	2	11	51	0	45	1
LG HALF BUTTER PECAN LOAF	20363700000	2 oz.	216	110	22	12	2	0	40	189	25	0	1	13	51	0	13	1
LG HALF CARAMEL LOAF	20533100000	2 oz.	218	104	25	12	3	0	38	188	27	0	1	17	48	0	14	1
LG HALF CRANBERRY LOAF	20080900000	2 oz.	185	95	19	11	2	0	37	229	21	1	2	10	45	2	37	1
LG HALF LEMON BLUEBERRY LOAF	20633100000	2 oz.	182	95	19	11	2	0	38	232	20	1	2	11	44	0	37	1
LG HALF LEMON PECAN LOAF	20080600000	2 oz.	219	122	23	14	3	0	43	264	22	0	2	11	51	0	44	1
LG HALF POUND CAKE	20080700000	2 oz.	215	116	24	13	3	0	46	281	23	0	2	12	54	0	45	1
LG HALF PUMPKIN	20081000000	2 oz.	168	52	22	6	2	0	43	268	26	1	3	15	801	0	56	1
LG SLCD BANANA NUT LOAF WHL	20081200000	2 oz.	221	124	24	14	3	0	43	263	22	0	2	11	51	0	45	1
LG SLICED BUTTER PECAN LOAF	20415400000	2 oz.	216	110	22	12	2	0	40	189	25	0	1	13	51	0	13	1
LG SLICED CARAMEL LOAF	20533200000	2 oz.	218	104	25	12	3	0	38	188	27	0	1	17	48	0	14	1
LG SLICED LEMON BLUEBERRY LOAF	20633200000	2 oz.	182	95	19	11	2	0	38	232	20	1	2	11	44	0	37	1
LG SLICED POUND CAKE WHL	20081400000	2 oz.	215	116	24	13	3	0	46	281	23	0	2	12	54	0	45	1
LG WHL BANANA NUT LOAF	20079900000	2 oz.	221	124	24	14	3	0	43	263	22	0	2	11	51	0	45	1
LG WHL BUTTER PECAN LOAF	20084500000	2 oz.	216	110	22	12	2	0	40	189	25	0	1	13	51	0	13	1
LG WHL CARAMEL LOAF	20533000000	2 oz.	218	104	25	12	3	0	38	188	27	0	1	17	48	0	14	1
LG WHL LEMON BLUEBERRY LOAF	20633000000	2 oz.	182	95	19	11	2	0	38	232	20	1	2	11	44	0	37	1
LG WHL LEMON PECAN LOAF	20080000000	2 oz.	219	122	23	14	3	0	43	264	22	0	2	11	51	0	44	1
LG WHL POUND CAKE	20080100000	2 oz.	215	116	24	13	3	0	46	281	23	0	2	12	54	0	45	1
LWR 10 TORTILLA WHITE	20677600000	1 tortilla	244	113	45	13	5	0	9	170	31	0	2	25	0	0	9	0
LWR 20 TORTILLA WHITE	20677500000	1 tortilla	244	113	45	13	5	0	9	170	31	0	2	25	0	0	9	0
MACARON PARISIEN TRAY	20610500000	1 macaron	68	21	10	2	1	0	3	29	10	0	2	0	0	0	0	0
MACAROON MADNESS BARS 12CT 12EA	20953900000	1 potato	354	162	81	18	9	0	40	480	39	3	9	5	400	18	150	1
MADELINE CAKE 4X4 1EA	20913700000	4 oz.	177	130	67	14	7	0	36	159	2	1	10	1	887	7	186	0

Bakery Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
MADLINE CAKE 4X8 1EA	20991900000	4 oz.	250	155	25	17	3	0	12	641	21	2	4	6	0	0	0	2
MARBLE RYE BREAD	20728700000	1 sliced	134	14	0	2	0	0	0	270	25	2	5	1	0	0	80	1
MEXICAN FLAG COCONUT 1EA	20963100000	1 meal	561	274	48	30	5	0	94	2121	35	4	37	8	823	17	81	2
MEXICAN PASTRY	922	1 concha	272	63	28	7	3	0	15	278	45	2	8	12	154	0	31	2
MEXICAN PASTRY	20982700000	1 concha	272	63	28	7	3	0	15	278	45	2	8	12	154	0	31	2
MEXICAN PASTRY TRAY 28CT	20114000000	1 piece	70	23	10	3	1	0	3	55	10	0	1	4	28	0	6	1
MINI BAKLAVA CLASSIC 12PK 12EA	20941900000	2 oz.	199	80	36	9	4	1	13	198	26	0	4	12	0	0	18	1
MINI CHOC HAZLENUIT	20914000000	1	201	117	41	13	5	1	45	90	18	1	3	11	100	0	40	1
MINI CREAM HORN 1EA	20961300000	1 piece	501	229	74	25	8	0	26	361	64	0	4	48	54	0	33	1
MINI ESPRESSO VINO	20312700000	1 piece	225	117	54	13	6	0	45	170	24	1	3	16	200	1	40	0
MINI RASPBRY BAVARIAN	20915000000	1 piece	214	90	41	10	5	0	25	140	29	1	2	21	200	2	20	0
MOM HEART COOKIE	20202800000	1 salad	408	227	91	25	10	0	235	1310	16	3	30	5	1721	20	253	2
MOMS CHOC CAKE SQUARE	20038800000	1 piece	493	213	117	24	13	1	75	126	65	2	5	43	641	0	40	3
MOMS CHOCOLATE CAKE	20958800000	1 piece	345	145	81	16	9	0	54	99	47	1	3	30	446	0	29	2
MOMS COFFEE CAKE	20411000000	1 piece	383	164	54	18	6	0	60	302	52	1	2	39	222	0	66	1
MOMS STRAWBERRY CAKE	20943700000	1 piece	301	109	38	12	4	0	60	218	46	0	2	37	151	7	32	1
MOMS STRW CAKE SQUARE	20298500000	1 piece	438	156	56	17	6	0	83	296	68	1	2	55	230	9	43	1
MONKEY BREAD 400Z	20914000000	1	201	117	41	13	5	1	45	90	18	1	3	11	100	0	40	1
MONTEREY SOURDOUGH	20282300000	2 oz	137	0	0	0	0	0	0	295	30	1	4	0	0	0	0	2
MOUSSE TART FLUTED 8X3	20772400000	1 piece	111	42	28	5	3	0	2	43	16	3	1	12	53	12	36	0
MS 4 MUFFINS CINN CHIP	20340600000	1 muffin	581	269	96	30	11	0	87	403	75	0	3	51	110	0	69	2
MS 4 MUFFINS BANANA NUT	20190200000	1 muffin	592	332	59	37	7	0	96	450	60	0	5	31	120	0	45	2
MS 4 MUFFINS BLUE	20189600000	1 muffin	462	221	49	25	5	0	88	423	57	1	3	31	110	1	27	2
MS 4 MUFFINS BUTTER PECAN	20633800000	1 muffins	459	231	45	26	5	0	82	384	54	0	3	30	103	0	28	2
MS 4 MUFFINS CAPPUCCINO	20635000000	1 muffin	583	283	69	31	8	0	102	502	72	0	3	44	128	0	34	2
MS 4 MUFFINS CHOC CHIP	20189700000	1 muffin	587	287	89	32	10	0	90	411	71	2	4	44	123	0	35	2
MS 4 MUFFINS CRANBERRY	20189800000	1 muffin	452	207	44	23	5	0	83	392	58	1	3	30	107	5	28	2
MS 4 MUFFINS LEMON BLUEBERRY	20633700000	1 muffin	449	212	45	24	5	0	87	408	57	1	2	32	108	1	26	2
MS 4 MUFFINS LEMON POPPYSEED	20190400000	1 muffin	531	258	53	29	6	0	103	483	65	0	3	36	129	0	55	2
MS 4 MUFFINS OLD FASH PECAN	20190600000	1 muffin	516	278	73	31	8	0	101	438	56	0	4	31	270	0	62	2
MS 4 MUFFINS RAISIN BRAN	20610300000	1 muffin	467	166	27	18	3	0	35	469	68	6	7	28	45	0	35	4
MS 4 MUFFINS STRAWBERRY	20635200000	1 muffin	472	217	46	24	5	0	89	432	61	0	3	36	111	7	29	2
MS 4 MUFFINS WHT CHOC APRICOT	20190100000	1 muffin	522	229	63	25	7	0	81	383	69	2	4	46	109	0	45	2
MSCB ARONIA BERRYCOOKIE LB	20483200000	1 cookie	244	81	9	9	1	0	0	85	31	3	10	11	298	6	80	1
MSCB BERRY OAT COOKIE LB	20483000000	1 cookie	214	63	18	7	2	0	5	75	35	3	3	19	99	0	20	1
MSCB BERRY QUINOA COOKIE LB	20483100000	1 cookie	255	82	21	9	2	0	6	86	40	3	3	23	114	0	23	1
MSCB CHOCO CHUNK PECAN LB	20529900000	1 cookie	297	154	77	17	9	0	14	150	33	0	3	19	143	0	29	1
MSCB CHOCOLATE COOKIE LB	20677200000	1 cookie	198	88	47	10	5	0	9	95	26	1	2	14	14	0	14	1
MSCB COCONUT PECAN CKIE LB	20529800000	1 cookie	165	91	44	10	5	0	10	144	17	1	1	9	169	0	7	1
MSCB COOKIE BAR COOKIE LB	20677300000	1 cookie	198	88	47	10	5	0	9	95	26	1	2	14	14	0	14	1
MSCB CREAM CHS JELLY CKIE LB	20482500000	1 cookie	134	71	44	8	5	0	20	64	15	0	1	10	198	1	0	0
MSCB DULCE DE LECHE CKIE LB	20482900000	1 cookie	131	63	41	7	5	0	20	65	16	0	1	8	200	0	0	0
MSCB FUDGE MACAROON CKIE LB	20484500000	1 cookie	182	60	38	7	4	0	21	133	28	2	3	1686	124	0	19	1
MSCB LEMON MINI SHD COOKIE LB	20483300000	1 cookie	68	32	18	4	2	0	10	35	8	0	1	3	101	0	0	0
MSCB MACADAMIA WH CKIE LB	20613600000	1cookie	148	80	31	9	3	0	0	10	16	0	1	13	0	0	79	0
MSCB MILK CHOC WALNUT CKIE LB	20532200000	1 cookie	262	135	54	15	6	0	30	135	28	0	4	18	199	0	20	1
MSCB OATMEAL R CR CKIE LB	20613200000	1cookie	123	46	27	5	3	0	15	101	18	1	1	12	203	0	20	0
MSCB PEANUT BTR JELLY CKIE LB	20677400000	1 cookie	150	71	40	8	4	0	10	64	18	0	2	13	99	1	40	0
MSCB SOUTHR PECAN CKIE LB	20613900000	1cookie	204	108	45	12	5	0	25	22	21	0	3	11	200	0	0	1
MSCB VANILLA MINI SHD COOKIE LB	20483400000	1 cookie	68	32	23	4	3	0	10	46	8	0	1	3	101	0	0	0
MUNCHY MEDLEY	20484900000	1/2 cup	136	36	27	4	3	0	0	200	23	0	2	8	200	1	20	2
NANAIMO BAR PARTY TRAY 32EA	20954900000	2 oz.	209	80	32	9	4	1	4	189	28	0	4	11	0	0	18	1
NANAIMO BAR VARIETY PAK 12EA	20954500000	1 piece	324	137	67	15	7	0	8	317	44	0	3	30	11	0	26	2
NAPOLEANS LOVE 1EA	20510300000	1 piece	216	108	27	12	3	0	20	160	25	0	2	18	200	0	20	0
NAPOLEON MOUSSE DESSERT	20629100000	1	583	230	174	26	19	0	0	484	82	3	7	52	491	12	83	2
NEO TUSCAN BOULE	20609800000	2 oz.	331	205	64	23	7	0	7	100	23	3	9	19	0	2	57	1
NSA 12 MINI MFFNS BLUE	20674000000	1 muffin	165	41	9	5	1	0	15	210	28	2	3	14	0	0	40	1

Bakery Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
NSA PIE APPLE	20689800000	1 slice	163	60	30	7	3	0	8	167	24	2	2	3	83	1	17	1
NSA PIE CHERRY	20647200000	1 slice	160	60	30	7	3	0	8	133	23	2	3	5	250	1	17	1
OK STATE FOOTBALL RICE CRISPY	20061000000	1/2 Salad	355	119	12	13	1	0	0	557	55	5	4	37	772	38	91	17
ORANGE KIST CREMESICLE 1/2 1EA	20942100000	1 roll	112	17	2	2	0	0	0	194	21	0	3	3	0	5	7	1
ORANGE SCONE 1EA	20940200000	1 cookie	87	31	19	3	2	0	4	29	13	0	1	8	5	0	14	0
ORANGEKIST CRM CAKE FULL 1EA	20942200000	1 piece	524	220	72	24	8	0	17	576	71	0	5	50	20	0	50	3
ORANGKIST CAKE 1/6 SHEET 1EA	20926500000	3 oz.	109	35	12	4	1	0	0	105	17	0	1	10	0	0	26	0
ORGANIC COUNTRY ITALIAN	20512400000	2 oz	132	0	0	0	0	0	0	310	28	1	5	0	0	0	0	0
PAN DE CAPIROTADA	20628600000	2 ounces	152	27	7	3	1	1	0	182	28	1	4	2	50	0	10	2
PARFAIT CUP LEMON 1EA	20963700000	6 pieces	146	54	45	6	5	0	0	150	21	0	2	12	0	0	40	1
PARFAIT CUP STRAWBERRY 1EA	20952900000	1 potato	318	126	54	14	6	0	30	330	41	4	7	4	749	18	80	2
PARISIAN BREAD 1EA	20938000000	5.0 ounces	356	152	50	17	6	0	44	877	34	1	17	8	243	3	145	2
PEANUTS ICE CREAM CAKE	20373600000	1 cookie	79	29	14	3	2	0	6	40	11	0	1	6	8	0	5	0
PKG BROWNIE CHOC PLAIN	20952300000	1 piece	179	44	8	5	1	0	0	152	31	1	2	19	0	0	6	2
PKG BROWNIE CREAM CHEESE	20957600000	1 piece	230	71	19	8	2	0	1	163	37	1	2	25	14	0	7	2
PKG BROWNIE FROSTED CHOC	20482200000	1 piece	241	67	21	7	2	0	0	156	41	1	2	28	1	0	8	2
PKG BROWNIE FROSTED PECAN	20482400000	1 piece	297	114	26	13	3	0	0	158	43	1	3	29	1	0	13	2
PKG BROWNIE GERMAN CHOC	20957700000	1 piece	278	97	41	11	5	0	0	200	43	1	3	27	1	0	8	2
POUND CAKE TRAY LARGE 30CT	20480600000	1 slice	108	55	11	6	1	0	20	91	12	0	1	6	24	0	7	1
POWDER SUGAR CAKE DONUT 1EA	20933500000	1 cookie	75	38	21	4	2	0	0	14	8	0	1	6	0	0	0	0
PRETZEL PEPPERMINT	20493500000	5 pieces	133	45	45	5	5	0	0	130	21	0	1	13	0	0	20	1
PRETZEL STICK	20506300000	1 roll	148	0	0	0	0	0	0	380	32	2	5	1	0	0	0	0
PRETZELS 8OZ	20963700000	6 pieces	146	54	45	6	5	0	0	150	21	0	2	12	0	0	40	1
PUDDING CUP CHOCOLATE 1EA	20977800000	1 piece	321	113	50	13	6	1	8	266	49	1	3	38	10	0	27	2
PUMPERNICKEL BREAD	20978500000	2 oz.	131	12	4	1	0	0	0	386	25	1	5	0	0	0	68	1
RAISIN BREAD 1EA	20991300000	1 cronut	332	124	52	14	6	2	0	273	48	0	4	26	1	0	20	0
RASPBERRY CROISSANT 1EA	20506900000	1 piece	310	178	104	20	12	0	58	231	28	0	5	20	165	0	66	1
RASPBERRY CROISSANTS 1EA	20943700000	1 piece	301	109	38	12	4	0	60	218	46	0	2	37	151	7	32	1
RASPBERRY ERUPTION 1EA	20665800000	1 piece	75	20	5	2	1	1	0	55	13	1	1	10	0	0	0	0
RED VELVET CAKE SLICES 1EA	20650300000	1/2 muffin	297	144	40	16	4	0	37	266	35	2	3	21	2	0	31	2
RISE & SHINE TRAY 29CT	20919400000	1 piece	92	41	12	5	1	0	10	106	12	0	1	6	48	0	7	3
ROASTED GARLIC BREAD	20358800000	2 ounces	115	5	1	1	0	0	0	266	23	1	4	0	1	7	17	0
ROLL BAY CITY	20479200000	1 roll	189	5	0	1	0	0	0	197	39	1	7	0	20	1	11	2
ROLL CIABATTA	20050600000	1 roll	230	11	1	1	0	0	0	254	47	1	8	0	46	0	13	3
ROLL GOOD N GRAINY	20050800000	1 roll	259	24	1	3	0	0	0	268	50	5	9	2	4	1	18	3
ROLL PETIT PAIN WHITE	20479300000	1 roll	218	6	0	1	0	0	0	257	46	1	7	0	26	0	12	3
ROLLS ARTISAN	20934200000	1 roll	232	11	1	1	0	0	0	251	47	2	8	1	46	1	14	3
ROSEMARY OLIVE OIL	20310700000	2 oz	142	18	0	2	0	0	0	280	26	1	5	1	0	0	0	2
ROYAL COOKIE BUTTER CAKE	20961300000	1 piece	501	229	74	25	8	0	26	361	64	0	4	48	54	0	33	1
RUSTICA	20454300000	2 ounces	154	4	0	0	0	0	0	180	32	1	5	0	12	0	9	2
SAMITA DE ANISE 1EA	20916700000	4 oz.	151	60	11	7	1	0	4	706	20	3	3	3	0	0	7	1
SCONE	20663100000	1 scone	436	181	81	20	9	0	38	733	57	2	7	23	452	1	50	3
SCONES	978	1 scone	436	181	81	20	9	0	38	733	57	2	7	23	452	1	50	3
SCONES BLUEBERRY	20673800000	1 scone	77	30	14	3	2	0	8	77	11	0	1	5	33	0	0	0
SCONES CARAMEL TOFFEE	20673500000	1 scone	95	35	16	4	2	0	9	103	13	0	1	6	35	0	7	1
SCONES ORANGE CRANBERRY	20673700000	1 scone	85	30	14	3	2	0	8	83	12	0	1	6	33	0	7	0
SCONES VANILLA BEAN	20673600000	1 scone	60	24	10	3	1	0	8	45	8	0	1	4	0	0	0	0
SEA SALT BARK 10 OZ	20646200000	1 piece	216	108	99	12	11	0	0	440	25	2	2	16	0	0	0	2
SEMITA LARGE	20611100000	1 slice	176	52	17	6	2	0	12	162	27	1	4	7	9	0	20	2
SEMITA LARGE	20611100000	1 slice	176	52	17	6	2	0	12	162	27	1	4	7	9	0	20	2
SEVEN GRAIN BREAD 1EA	20935100000	4 oz.	65	15	2	2	0	0	20	341	8	1	5	3	415	9	10	1
SF ALMND POPPY CRM CK 1EA	20983000000	1 bagel	288	18	0	2	0	0	0	458	60	2	8	6	0	0	0	4
SF ALMOND P/SEED LOAF 1EA	20983400000	1 bagel	175	29	14	3	2	0	9	293	29	0	7	0	119	10	61	2
SF BUTTER LOAF CAKE 1EA	20983300000	1 bagel	339	55	31	6	3	0	17	682	58	0	13	2	0	12	136	4
SLCED CAKE ROLL TRAY PUMP 14CT	20693700000	1 slice	249	72	36	8	4	0	68	171	41	0	3	24	1138	0	46	1
SLCED CAKE ROLL TRAY VRTY 12CT	20693800000	1 slice	308	72	33	8	4	0	62	156	55	2	4	36	0	0	36	2
SLICE ALMOND CREAM CAKE	20689900000	1 slice	517	270	149	30	17	0	68	421	56	0	6	41	751	0	60	1

Bakery Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
SLICE CHEESECAKE CRML APPLE	2097900000	1 piece	211	99	27	11	3	0	20	160	26	1	2	18	100	0	20	1
SLICE CHEESECAKE PLAIN	2005710000	1 piece	216	108	27	12	3	0	20	160	25	0	2	18	200	0	20	0
SLICE CHEESECK OREO	2097940000	1 piece	226	90	36	10	4	0	15	260	32	1	2	20	100	0	20	1
SLICE CHEESECK STRAW	2005730000	1 piece	216	108	27	12	3	0	20	160	25	0	2	18	100	0	20	0
SLICE CHSECAKE CARAMEL APPLE 1EA	2097730000	1/4 pizza	353	153	75	17	8	0	42	847	33	1	17	2	525	1	364	0
SLICE COLOSSAL CHEESECAKE	2062960000	1 piece	919	557	325	62	36	2	251	568	76	3	14	61	1138	27	136	2
SLICE FLOURLESS CHOC CAKE	2048280000	1 piece	305	195	113	22	13	0	71	104	24	2	3	19	417	0	33	2
SLICE HEDGEHOG CAKERIE 1EA	2095790000	1 cookie	136	55	25	6	3	1	11	131	19	0	1	11	81	0	5	1
SLICE OREO COOKIE BASH	2048270000	1 piece	619	382	204	42	23	0	99	286	52	3	7	36	987	0	99	3
SLICE SNICKER'S BAR	2048260000	1 piece	620	372	186	41	21	0	93	392	54	2	8	33	826	0	124	3
SLICE STRAWBERRY LA BOMBA 1EA	2093320000	1/2 Salad	310	169	77	19	9	0	233	827	7	2	28	4	1525	16	255	2
SLICED MARDI GRAS KING CK	2066880000	1 slice	314	29	7	3	1	1	0	380	65	2	6	35	0	0	221	1
SM SLICED BANANA NUT LOAF	2095040000	1 oz.	108	56	11	6	1	0	20	94	12	0	1	6	25	0	7	0
SM SLICED BUTTER PECAN LOAF	2030290000	1 oz.	106	54	11	6	1	0	20	93	12	0	1	6	25	0	7	0
SM SLICED CARAMEL LOAF	2053210000	1 oz.	107	51	12	6	1	0	19	92	13	0	1	8	24	0	7	0
SM SLICED CINNAMON APPLE	2095890000	1 oz.	96	45	9	5	1	0	18	88	12	0	1	7	24	0	6	0
SM SLICED CRANBERRY ORANGE	2095950000	1 oz.	90	43	9	5	1	0	17	81	11	0	1	6	22	1	6	0
SM SLICED LEMON BLUEBERRY LOAF	2063340000	2 oz.	182	95	19	11	2	0	37	232	20	1	2	11	44	0	37	1
SM SLICED LEMON PECAN	2011740000	1 oz.	107	60	12	7	1	0	21	130	11	0	1	6	25	0	21	0
SM SLICED PLAIN POUND	2095750000	1 oz.	105	52	11	6	1	0	21	99	13	0	1	7	27	0	6	0
SM SLICED PUMPKIN	2095990000	1oz.	80	42	13	5	1	0	30	58	9	0	1	5	406	0	13	1
SM WHL BANANA NUT LOAF	2095600000	1 oz.	108	56	11	6	1	0	20	94	12	0	1	6	25	0	7	0
SM WHL POUND CAKE	2092190000	1 oz.	105	52	11	6	1	0	21	99	13	0	1	7	27	0	6	0
SM WHOLE BUTTER PECAN LOAF	2030300000	1 oz.	106	54	11	6	1	0	20	93	12	0	1	6	25	0	7	0
SM WHOLE CARAMEL LOAF	2053330000	1 oz.	107	51	12	6	1	0	19	92	13	0	1	8	24	0	7	0
SM WHOLE LEMON BLUEBERRY LOAF	2063330000	2 oz.	182	95	19	11	2	0	37	232	20	1	2	11	44	0	37	1
SMALL CUPCAKE	2053520000	1 cupcake	255	114	36	13	4	0	10	207	33	0	2	26	12	0	12	2
SNOWFLAKE COOKIE	2098250000	1 bagel	145	5	0	1	0	0	0	230	30	1	5	3	0	0	100	1
SOUR CREAM CAKE DONUT 1EA	2091200000	1 cookie	55	30	15	3	2	0	3	20	6	0	1	2	4	0	2	0
SOUROUGH BREAD	2091280000	2 ounces	156	14	0	2	0	0	0	316	30	1	6	1	0	0	41	2
SPINACH FETA	2042050000	2 ounces	150	16	5	2	1	0	2	221	28	1	6	0	195	1	19	2
STACK CHOC PEANUTBUTTER	2041690000	1 stack	761	441	220	49	24	0	99	245	70	4	10	51	707	1	94	3
STACKED CAKE SPECIAL ORDER	2006320000	1 piece	48	27	26	3	3	0	0	8	5	0	0	4	0	0	0	0
STRAWBERRY CAKERY SLICE 1EA	2094950000	1 cookie	141	68	24	8	3	2	11	134	17	1	1	10	108	0	0	1
STRAWBERRY CHOC DIP	2096100000	1 strawberry	127	73	43	8	5	0	0	17	13	1	1	11	2	17	12	1
STRUDEL STICK	24923	1 stick	228	93	42	10	5	0	0	194	31	1	3	11	0	1	8	2
STRUDEL STICK	2096690000	1 stick	228	93	42	10	5	0	0	194	31	1	3	11	0	1	8	2
STWBRY CRM CHS CRM CK	2092210000	1 slice	198	82	18	9	2	0	33	162	28	0	1	17	41	0	79	1
SUGAR COVERED CAKE DONUT 1EA	2093340000	1 tortilla	165	40	20	4	2	0	0	419	27	1	4	0	0	0	71	2
SWEDISH LACE CAKE	2092320000	1 slice	291	141	27	16	3	0	32	175	35	1	2	26	40	0	23	1
SWEET HEART CAKE DL 1EA	2041120000	1 slice	126	14	0	2	0	0	0	250	22	3	6	3	0	0	60	1
SWISS MUESLI	2048150000	2 oz.	145	23	0	3	0	0	0	204	25	3	5	4	0	4	20	1
SWT MD COOKIE CARROT	2004640000	1 square	574	353	208	39	23	2	161	322	47	0	8	38	503	6	60	1
SWT P'S CRM CHS MINI DANISH	2084490000	1 salad	363	201	86	22	10	0	240	1078	10	3	31	6	2017	24	255	2
SWT P'S CRM CHS MINI DANISH	2084490000	1 salad	363	201	86	22	10	0	240	1078	10	3	31	6	2017	24	255	2
SWT P'S FRT TRIO DANISH	2087230000	1 salad	478	166	90	18	10	0	554	10354	46	4	32	16	7805	161	480	30
SWT P'S FRT TRIO DANISH	2087230000	1 salad	478	166	90	18	10	0	554	10354	46	4	32	16	7805	161	480	30
TART FRESH FRUIT 4.5	2066700000	1 tart	478	108	80	12	9	0	10	276	85	3	8	41	304	48	150	0
TART FRESH FRUIT 9"	2095090000	1 slice	235	86	47	10	5	0	21	162	35	2	3	19	143	24	70	0
TART FRESH FRUIT MINI	2066690000	1 tart	83	28	19	3	2	0	2	47	13	0	1	10	45	6	27	0
TAYLOR-MADE CINNAMON ROLL	28352	1 roll	342	105	45	12	5	1	6	445	53	2	6	25	202	0	40	1
TAYLOR-MADE CINNAMON ROLL	2048000000	1 roll	342	105	45	12	5	1	6	445	53	2	6	25	202	0	40	1
TELERA ROLL	1451	1 telera	394	117	32	13	4	0	5	381	60	2	9	5	0	0	20	4
TEST RETAIL	2051910000	1 slice	2216	1108	623	123	69	0	308	2308	231	15	46	46	4617	18	0	28
TEXAS BROWNIE TRAY 20 CT	2007610000	1 piece	206	93	41	10	5	0	22	62	26	1	2	18	180	0	24	1
TEXAS BROWNIE TRAY 32 CT	2007620000	1 piece	206	93	41	10	5	0	22	62	26	1	2	18	180	0	24	1
TEXAS SIZED CHOC CHUNK COOKIE	2053180000	1 cookie	911	365	199	41	22	0	65	451	126	8	10	85	500	0	69	7

Bakery Cont.

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TEXAS SIZED CINNAMON ROLL	20532000000	1 roll	857	417	137	46	15	0	24	653	100	4	10	51	162	0	5	0
THUMBPRINT COOKIE DECO	28434	1 piece	187	103	46	11	5	0	7	59	20	0	1	11	8	0	4	0
THUMBPRINT COOKIE-PLAIN ICED	376	1 cookie	137	64	33	7	4	0	7	50	17	0	1	8	8	0	3	0
THUMBPRINT TRAY 30CT	20772500000	1 cookie	138	65	33	7	4	0	7	50	17	0	1	8	8	0	3	0
TIRAMISU 4"	20987700000	1 pastry	362	234	117	26	13	0	95	160	26	1	6	19	750	0	80	3
TOSTADAS-MEXICAN PASTRY 1EA	20995400000	1 piece	531	255	164	28	18	0	111	283	61	2	8	36	3544	0	121	3
TRES LECHE DESSERT CARMEL	20967300000	1 piece	558	223	184	25	20	0	160	348	76	0	8	56	320	0	160	1
TRES LECHE DESSERT COOKIE	20967400000	1 piece	674	267	220	30	24	0	160	429	91	0	11	66	320	0	160	1
TRES LECHES DESSERT PLAIN/VALUE	20523000000	1 piece	336	126	100	14	11	0	101	236	47	0	5	33	199	0	103	1
TURNOVER	20520700000	1 turnover	326	144	63	16	7	0	0	245	41	1	4	15	0	1	0	3
TURNOVER	24894	1 turnover	326	144	63	16	7	0	0	245	41	1	4	15	0	1	0	3
TURTLE MOLTEN BUNDT	20403800000	1 piece	535	279	144	31	16	0	48	416	58	3	6	37	214	0	64	4
TWIRL ROLL	2649	1 swirl	509	166	81	18	9	0	0	1032	79	3	6	38	6	1	316	3
TWIRL ROLL	20281700000	1 roll	508	165	81	18	9	0	0	1031	79	3	6	38	6	1	316	3
TX SIZE BROWNIE CARMEL	20282600000	1 brownie	893	322	181	36	20	2	84	243	133	5	10	87	695	0	73	7
TX SIZE BROWNIE CARMEL PECAN	20342600000	1 brownie	884	447	151	50	17	1	75	184	98	4	12	55	640	0	80	7
TX SIZE BROWNIE CHOC DECADENCE	20282700000	1 brownie	329	120	67	13	7	0	38	96	48	2	4	29	285	0	31	3
TX SIZE BROWNIE COOKIES-N-CREME	20282800000	1 brownie	811	316	195	35	22	1	81	228	113	5	10	67	699	0	61	7
TX SIZE BROWNIE CREME CHEESE	20282900000	1 piece	355	142	76	16	8	0	35	94	49	2	4	33	312	0	26	2
TX SIZE BROWNIE FROSTED CHOCOLATE	20342400000	1 brownie	839	314	181	35	20	1	81	194	121	6	10	77	700	0	65	7
TX SIZE BROWNIE FRST PECAN	20421600000	1 brownie	945	409	189	45	21	1	81	194	123	6	11	77	698	0	75	8
TX SIZE BROWNIE GERMAN JACKSON	20283000000	1 brownie	919	396	237	44	26	0	73	299	121	5	9	76	597	0	61	6
TX SIZE BROWNIE HEAVENLY HASH	20283100000	1 brownie	899	441	149	49	17	1	74	169	103	4	12	57	634	0	78	7
TX SIZE BROWNIE M&M	20342500000	1 brownie	939	356	207	40	23	1	84	208	135	6	11	89	743	0	89	7
TX SIZE BROWNIE PEANUT BUTTER	20283200000	1 brownie	912	395	178	44	20	1	81	315	113	8	17	65	698	0	73	7
TX SIZE BROWNIE PECAN CHOCOLATE	20283300000	1 brownie	749	349	142	39	16	1	75	163	90	4	10	49	639	0	68	6
TX SIZE BROWNIE TURTLE	20283400000	1 brownie	812	340	144	38	16	1	75	222	108	4	10	66	625	0	75	6
TX BROWNIE BLOCK SLTD CRML	20420800000	1 brownie	790	291	179	32	20	1	86	612	115	5	10	72	671	0	85	6
TX SIZE BAR ALMOND RASBRY	20477900000	1 piece	600	235	131	26	15	1	84	57	82	2	9	30	673	2	42	3
TX SIZE BAR CHOCO CRUMB	20478200000	1 piece	567	304	143	34	16	0	0	298	64	4	2	46	0	0	0	1
TX SIZE BAR CRANBRY APPLE	20478000000	1 piece	429	117	69	13	8	0	32	159	73	1	5	36	374	0	21	2
TX SIZE BROWNIE BLONDIE	20282500000	1 brownie	480	201	77	22	9	0	78	286	65	0	5	42	413	0	110	2
TX SIZE RASPBERRY OATMEAL	20676600000	1 bar	577	181	107	20	12	0	49	186	90	1	9	35	574	2	30	4
TX SIZE SWEET LEMON	20676400000	1 bar	398	146	87	16	10	0	47	120	58	1	5	22	446	0	12	2
UNICORN GIANT	20632100000	1 cupcake	646	311	109	35	12	0	38	464	78	1	5	70	47	0	37	1
VALENTINE FANTASY CAKE 1EA	20985300000	4 oz.	208	142	37	16	4	0	25	447	13	1	3	1	166	15	17	1
VIENNA FRUIT N BREAD 1EA	20511900000	1 tart	100	37	15	4	2	0	0	22	15	0	1	7	0	0	7	0
WARM TEXAS SIZED CHOC CHUNK COOKIE	20531700000	1 cookie	911	365	199	41	22	0	65	451	126	8	10	85	500	0	69	7
WARM TEXAS SIZED CINN ROLL	20531900000	1 roll	857	417	137	46	15	0	24	653	100	4	10	51	162	0	5	0
WHEAT LOAF	20948900000	2 oz.	131	17	5	2	1	0	0	250	24	2	5	2	0	0	6	1
WHITE CHEESE LOAF	20732600000	1 sliced	173	41	15	5	2	0	10	274	25	1	8	5	0	0	17	0
WHITE LOAF	20973600000	2 oz.	138	18	5	2	1	0	0	290	26	1	4	3	0	0	5	1
WHT CHOC APRICOT	20067400000	2 ounces	179	33	11	4	1	0	1	114	32	1	5	5	4	0	16	2
YUMMY CHOW 9OZ	20927700000	1 oz.	126	29	25	3	3	0	0	103	23	0	1	15	19	2	0	3

Nutritional Information



Deli/Food Service

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
1 FT HAM & TURKEY SUB	20985000000	1/4 Sub	301	75	26	8	3	0	29	1121	32	1	25	3	623	6	145	2
1 FT HAM SUB	20504200000	1/4 Sub	314	86	30	10	3	0	48	1106	33	1	24	4	627	6	146	2
1 FT ITALIAN SUB	20128900000	1/4 Sub	434	208	80	23	9	0	66	1431	31	1	25	3	622	6	145	3
1 FT ROAST BEEF SUB	61682	4 oz.	328	108	36	12	4	0	13	926	29	1	26	1	524	6	119	3
1 FT TURKEY SUB	20504100000	1/4 Sub	293	65	23	7	3	0	10	1167	32	1	26	1	627	6	146	2
16" 1 TOPPING PIZZA 1EA	20830300000		3	1	1	0	0	0	0	6	0	0	0	0	3	0	2	0
16" 2 TOPPING PIZZA 1EA	20824800000		2	1	0	0	0	0	0	6	0	0	0	0	2	0	2	0
16" 3 TOPPING PIZZA 1EA	20824900000		3	1	0	0	0	0	0	7	0	0	0	0	2	0	2	0
16" BBQ CHK PIZZA	20491600000	1/8 pizza	522	208	103	23	11	0	57	1215	53	2	25	4	1390	2	396	1
16" CHEESE PIZZA 1EA	20824700000	1/8 Pizza	439	172	81	19	9	0	43	788	46	2	21	2	612	1	391	1
16" COMBO PIZZA 1EA	20837400000	1/8 pizza	560	277	103	31	11	0	62	1233	46	3	25	3	633	11	322	1
16" GRN CHILE CHICKEN PIZZA	20492000000	1/8 pizza	496	219	96	24	11	0	49	1050	47	2	22	3	397	4	321	1
16" MARGERITA PIZZA	20491400000	1/8 pizza	241	69	34	8	4	0	19	673	33	2	10	3	943	11	104	1
16" MEDITERRANEAN VEGGIE PIZZA	20491800000	1/8 pizza	472	198	73	22	8	0	33	1025	49	3	20	4	1211	31	315	1
16" PORTABELLA PIZZA	20492100000	1/8 pizza	472	201	84	22	9	0	43	753	47	2	21	3	574	35	343	1
1FT ROAST BEEF SUB	20509800000	1/4 Sub	327	86	30	10	3	0	48	1076	35	1	26	3	627	6	146	4
3 PEPPER QUESO LB	20468400000	2 oz.	123	82	46	9	5	0	30	425	2	0	8	2	385	6	0	0
3 PK TENDER BUFFALO	61616	3 tenders	457	169	27	19	3	0	60	2368	47	3	27	0	0	0	599	0
3 PK TENDERS GARLIC PARMESAN	61607	3 tenders	510	216	37	24	4	0	60	2020	47	3	27	0	0	0	599	0
3 PK TENDERS MEMPHIS BBQ	61604	3 tenders	488	135	27	15	3	0	60	1883	61	4	28	4	101	1	620	0
3 PK TENDERS PLAIN	61603	3 tenders	419	135	27	15	3	0	60	1498	45	3	27	0	0	0	599	0
3 PK TENDERS SRIRACHA	61605	3 tenders	465	135	27	15	3	0	60	1512	56	3	27	9	0	0	599	0
3 PK TENDERS SWEET K BBQ	61606	3 tenders	499	135	27	15	3	0	60	1884	63	3	27	16	0	0	599	0
3CT BF TAMALES HOT	20281100000	2 tamales	174	90	23	10	3	0	20	350	13	0	8	0	400	0	6	1
3CT PORK TAMALES HOT	20281000000	2 tamales	151	63	14	7	2	0	20	350	13	1	9	7	400	0	100	1
3CT QUESO TAMALES HOT	20281200000	2 tamales	210	126	54	14	6	0	26	268	13	1	8	4	200	2	200	1
4OZ GRAVY	20657400000	4 oz.	107	61	20	7	2	3	0	590	11	0	0	2	0	0	0	1
8PC FRIED CHICKEN 1EA	20814200000	6 oz.	475	302	55	34	6	0	80	1173	21	1	22	0	124	2	24	2
8PC TENDER BAKE CHICKEN	20473800000	6 oz.	295	187	51	21	6	0	103	1404	0	0	26	0	138	0	24	1
8PC TENDER BAKE CHKN-COLD	20186100000	6.25 oz.	308	194	53	22	6	0	107	1464	0	0	27	0	144	0	26	1
8PC TENDER BAKE DINNER	20475000000		2	1	0	0	0	0	7	0	0	0	0	0	2	0	0	0
8PC WHT CHICKEN FRIED CHICKEN 1EA	20847600000		3	2	0	0	0	0	7	0	0	0	0	0	1	0	0	0
ABS BUFF CHK/CHED/BCN WRAP	20961800000	1 package	705	384	209	43	23	0	140	2220	42	1	40	1	1997	1	508	2
ABS FULLY COOKED PORK RIBS 1EA	20657900000	1/4 rack	389	249	88	28	10	0	106	720	2	0	33	1	14	0	100	2
ADOBO PANINI 1EA	20061700000	1/2 panini	298	211	83	23	9	0	58	827	4	2	18	1	1139	5	259	1
ALB ALL AMERICAN SUB	20505900000	1/4 Sub	477	108	47	12	5	0	53	1416	62	2	31	3	1726	4	194	4
ALB BANANA PUDDING SC	20926500000	3 oz.	109	35	12	4	1	0	0	105	17	0	1	10	0	0	26	0
ALB BUFFALO CHK PASTA SALAD SC	20961400000	4 oz.	249	163	41	18	5	0	23	646	14	1	7	1	227	1	45	1
ALB BUFFALO CHK SANDWICH	20504000000	1 Sandwich	538	183	64	20	7	0	90	1165	53	4	39	0	1354	6	249	4
ALB CHEDDAR PASTA SALAD SC	20688400000	4 oz.	229	108	32	12	4	0	20	241	27	1	3	0	753	21	80	1
ALB CHICKEN SALAD CROISSANT SAND	20534600000																	
ALB CHICKEN TENDERS BY LB	20442300000	1 tender	253	134	21	15	2	0	24	571	15	0	14	0	97	0	0	0
ALB CREAMY SPINACH DIP	20645300000	2 oz.	221	153	43	17	5	0	28	236	6	0	11	4	378	5	38	0
ALB ELBOW MACARONI SALAD SC	20991900000	4 oz.	250	155	25	17	3	0	12	641	21	2	4	6	0	0	0	2
ALB FRIED CHICKEN BREAST	20641700000	1 breast	547	346	65	38	7	0	97	2244	24	0	26	0	182	32	7	2
ALB FRIED CHICKEN LEG	20641500000	1 Leg	182	115	22	13	2	0	32	749	8	0	9	0	61	11	2	1
ALB FRIED CHICKEN THIGH	20641600000	1 thigh	314	214	37	24	4	0	49	1123	12	0	13	0	91	16	3	1
ALB FRUIT/NUT CHK SALAD SC	20508900000	4 oz.	244	131	20	15	2	0	51	245	8	1	17	5	91	2	30	1
ALB FULL RACK RIBS HOT	65477301418	1/3 Rack	580	382	135	42	15	0	162	1064	0	0	49	0	0	0	147	3

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
ALB GOURMET EGG SALAD SC	20926800000	4 oz.	238	194	41	22	5	0	369	442	6	0	10	2	113	0	23	1
ALB GREEK VEGETABLE SALAD SC	20959700000	4 oz.	90	60	11	7	1	0	3	273	5	1	2	3	956	41	31	1
ALB GRILLED CHKN CEASAR EA	20933100000	1 salad	489	265	84	29	9	0	87	1422	18	3	37	3	6467	26	492	2
ALB ITALIAN SUB	20508800000	1/4 Sandwich	696	301	133	33	15	0	84	2486	65	4	33	4	1777	7	245	4
ALB ITALIAN WRAP	20956100000	1 package	715	381	216	42	24	0	141	2051	40	1	42	2	1997	1	508	3
ALB KRAB SALAD SC	20932600000	4 oz.	249	194	31	22	3	0	23	828	10	0	6	5	227	1	23	0
ALB KRAB SALAD SNACK PACK	20939800000	1 Container	762	462	194	51	22	0	155	1284	45	1	32	18	929	3	740	1
ALB LOADED BKD POT SALAD SC	20985100000	4 oz.	235	146	44	16	5	0	28	551	17	2	11	2	162	1	65	1
ALB MOZZ & TOM SALAD SC	20913700000	4 oz.	177	130	67	14	7	0	36	159	2	1	10	1	887	7	186	0
ALB MUSTARD POTATO SALAD SC	20916700000	4 oz.	151	60	11	7	1	0	4	706	20	3	3	3	0	0	7	1
ALB POTATO SALAD SC	20301100000	4 oz.	186	87	15	10	2	0	12	502	22	2	2	5	0	0	6	1
ALB RED SKN POTATO SALAD SC	20985300000	4 oz.	208	142	37	16	4	0	25	447	13	1	3	1	166	15	17	1
ALB RICE PUDDING SC	20666500000	3 oz.	240	51	34	6	4	0	28	132	43	0	4	1	189	0	38	0
ALB RST BF/HRSRSH CHED WRAP	20956300000	1 package	636	306	205	34	23	0	136	1588	41	2	41	3	2199	1	205	5
ALB SEAFOOD SLD W/SHRIMP SC	20958500000	4 oz.	238	153	20	17	2	0	68	601	12	0	9	3	0	0	113	0
ALB SMK HAM & TRKY SANDWICH	20503800000	1 Sandwich	547	178	54	20	6	0	91	1207	52	4	39	1	1354	6	249	5
ALB SMOKEHOUSE BEANS SC	20962500000	4 oz.	196	5	0	1	0	0	0	476	42	7	6	27	227	1	68	2
ALB SOUTHRN FRD COBB SALAD EA	20665400000	1/2 Salad	337	191	81	21	9	0	222	901	12	2	25	4	1558	16	250	2
ALB TUNA SALAD SC	20922200000	3 oz.	203	137	23	15	3	0	25	496	6	0	9	3	0	0	0	1
ALB TURKEY SANDWICH	20980600000	1 Sandwich	526	166	55	18	6	0	81	816	53	4	37	2	1354	6	249	5
ALB TURKEY/SMK GOUDA WRAP	20302700000	1 Package	593	265	164	29	18	0	122	1904	44	2	38	6	2049	1	408	4
ALB ZESTY ROTINI SALAD SC	20929400000	4 oz.	138	66	11	7	1	0	0	527	15	2	3	2	0	0	20	2
ALBQ CHICKEN SALAD SC	20467100000	4 oz.	237	177	34	20	4	0	52	378	2	0	13	0	189	3	48	0
ALFREDO SAUCE BY LB	20415200000	2 oz.	132	107	37	12	4	0	16	287	4	0	2	2	91	0	68	0
ALL AMERICAN BOARD	20382900000	1/6 tray	441	270	158	30	18	0	84	691	18	1	25	6	1019	0	567	2
AMBROSIA 1LB	20107800000	4 oz.	123	36	17	4	2	0	0	18	21	1	1	27	117	1	1	0
AMBROSIA SALAD	20744600000	4 oz.	262	124	35	14	4	0	0	20	32	2	2	15	192	17	13	1
AMER CHEESE SMALL ADDON	61700	1 SLICE	132	102	68	11	8	0	28	643	2	0	8	0	0	0	189	0
ANCHO CHICKEN RICE BOWL	20074100000	1 bowl	491	130	41	14	5	0	55	2234	68	5	23	7	1055	37	139	4
APPL WALDORF SALAD SC	20921800000	2 oz.	73	41	9	5	1	0	3	45	8	1	1	6	50	3	10	0
APPLE COBBLER 1LB	20825700000	4 oz.	272	109	44	12	5	0	0	297	39	0	2	23	0	3	22	1
APPLE DMPNG W/ORNG GLZ	20836700000	4 oz.	320	147	65	16	7	0	0	294	42	1	1	33	507	6	3	0
APPLE RAISIN SLAW	25958	2 oz.	60	10	4	1	0	0	3	90	12	1	1	9	188	6	19	0
APRCT WLNUT CHKN CROISSANT	26243	1 sandwich	336	213	57	24	6	0	33	270	20	1	11	6	253	2	20	2
APRICOT CHICKEN MEAL COLD	20481100000	1 meal	458	89	8	10	1	0	60	2082	65	6	27	36	1021	7	63	3
APRICOT GLAZED CHICKEN	20074400000	1 breast	316	40	1	4	0	0	67	1259	44	3	25	38	42	0	38	1
APRICOT PECAN SPREAD 1LB	20125800000	2 oz.	205	155	65	17	7	0	34	100	9	1	3	7	349	0	21	0
APRICOT WALNUT BRIE	20361500000	4 oz.	365	215	101	24	11	0	35	491	23	2	14	20	482	0	367	1
APRICOT WLNUT CHICKEN SALAD 1LB	20895500000	3 oz.	285	210	31	23	3	0	34	178	7	1	12	4	75	1	30	1
ARTICHOKE & PALM SALAD	25959	2 oz.	43	22	2	2	0	0	0	288	4	1	1	1	300	28	18	3
ARTICHOKE CHKN TEA SNWCH	26255	1 sandwich	141	80	10	9	1	0	8	186	11	1	4	1	47	11	15	1
ARTICHOKE MUSHROOM BRUSCHEETA 1LB	20109500000	3 oz.	96	58	6	6	1	0	0	124	7	2	2	1	429	33	20	6
ASADERO SHREDDED AMIGOS	20968000000	2 oz.	211	146	91	16	10	0	51	324	2	0	14	0	608	0	405	0
ASIAN GARLIC BROCCOLINI	20391600000	4 oz.	98	42	6	5	1	0	0	205	11	4	3	2	311	89	37	1
ASIAN NDLE CABG SALAD SC	20451300000	4 oz.	195	82	10	9	1	0	0	352	23	3	6	8	851	14	45	1
ASIAN TOFU SALAD 1LB	3582	2 oz.	60	30	5	3	1	0	0	49	3	0	5	1	148	13	36	1
ASPARAGUS TOMATO SALAD 1LB	3580	2 oz.	29	14	2	2	0	0	0	109	3	1	1	2	355	4	10	1
ASRTD COLD FRIED CHICKEN	20368600000	4 oz.	316	201	37	22	4	0	53	779	14	0	15	0	82	2	16	1
ASSTD COLD TNRD BAKED CHICKEN	20624000000	8 oz.	394	249	68	28	8	0	137	1874	0	0	34	0	185	1	33	1
AUTUMN ROASTED VEGETABLES 1LB	20126400000	4 oz.	75	8	1	1	0	0	0	6	15	1	2	2	6301	18	30	1
AVOCADO & RSTD JALAPENO DIP	20046900000	2 oz.	81	54	8	6	1	0	4	276	5	2	2	2	120	6	17	0
BABY BEET & CITRUS SALAD	25960	2 oz.	47	20	2	2	0	0	0	113	6	1	0	5	119	12	9	0
BACON CHEESE EGG CROISNT 1EA	20846800000	1 croissant	801	517	247	57	27	0	290	1809	39	2	32	6	1280	3	159	5
BACON EGG AND CHEESE BISCUIT	21044100000	1 BISCUIT	525	245	89	27	10	6	207	1483	37	1	34	3	212	0	121	3
BACON EGG AND CHEESE BURRITO	21043600000	1 BURRITO	694	420	187	47	21	0	362	1901	33	1	36	0	620	0	262	3
BACON EGG CHS BISCUIT 1EA	20885200000	1 sandwich	651	310	115	34	13	7	258	1774	44	1	41	4	563	0	149	3
BACON FRENCH ONION DIP	20412000000	2 oz.	154	136	40	15	4	0	24	237	2	0	2	1	166	1	31	0

Deli/Food Service Cont.

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BACON PIZZA SLICE	61674	1 SLICE	348	196	91	22	10	0	105	861	19	1	19	0	294	3	225	2
BACON STRIP SMALL ADDON	61703	1 STRIP	299	238	102	26	11	0	57	983	0	0	15	0	0	0	0	0
BACON/EGG/CHEESE BURRITO	20877100000	1 burrito	694	420	187	47	21	0	362	1901	33	1	36	0	620	0	262	3
BACON/EGG/POTATO/CHEESE BURRITO	20043800000	1 burrito	629	321	142	36	16	0	425	1501	45	2	32	0	726	0	282	4
BACON/POTATO/CHEESE BURRITO	20043700000	8 oz.	758	444	214	49	24	0	118	1864	43	2	35	0	608	0	405	2
BAJA TURKEY PANINI 1EA	20061400000	1 panini	689	426	184	47	20	0	136	2605	11	5	55	6	1342	30	495	4
BAKE AT HOME BEFF PIZZA 1EA	20840900000	2 slices	602	249	116	28	13	0	59	1447	58	4	30	8	806	3	471	2
BAKE AT HOME COMBO PIZZA 1EA	20840700000	2 slices	739	388	149	43	17	0	94	1599	55	4	33	7	1081	21	458	2
BAKE AT HOME PEPP PIZZA 1EA	20840600000	2 slices	622	291	132	32	15	0	70	1386	55	3	28	7	897	4	457	1
BAKED BLUE CHEESE GRITS 1LB	20446600000	4 oz.	166	91	49	10	5	0	75	378	13	1	6	1	386	15	54	1
BAKED BRIE 1EA*D*	20308700000	1 slice	492	182	68	20	8	0	17	337	74	2	3	57	0	0	34	2
BAKED CHICKEN MEAL-COLD	20728000000	1 meal	857	508	130	56	14	0	211	3822	31	4	52	9	546	17	135	3
BAKED MAC/BLEU CHEESE 1LB	20524700000	3 oz.	211	127	80	14	9	0	52	648	12	0	10	2	700	1	219	1
BAKED POTATO 1EA	20812200000	1 potato	935	540	274	60	30	0	139	1358	64	5	35	6	2779	25	500	3
BAKED POTATO CASSEROLE	20497000000	4 oz.	293	203	66	23	7	0	44	453	14	1	9	1	408	1	138	1
BAKED POTATO SALAD 1LB	20611900000	4 oz.	284	197	60	22	7	0	39	438	14	1	7	1	361	1	98	1
BAKED ZITI 1LB	20422400000	8 oz.	342	166	81	18	9	0	35	861	29	4	15	8	3571	23	360	1
BANANA PUDDING	21045400000	4.5 oz	246	96	50	11	6	0	2	186	35	0	2	22	0	0	40	0
BANANA PUDDING 1EA	20630700000	4 oz.	388	133	40	15	4	0	5	353	60	0	4	35	0	0	80	1
BANANA PUDDING 1LB	3637	2 oz.	83	26	8	3	1	0	1	70	13	0	1	8	5	1	17	0
BANANA PUDDING LARGE	61679	4 oz.	746	275	127	31	14	0	5	616	111	0	7	69	0	0	141	1
BARBACOA BURRITO COLD	20360000000	1/2 burrito	431	262	93	29	10	0	63	867	22	4	20	1	381	14	134	2
BARBACOA COLD 1LB	20059900000	4 oz.	300	224	89	25	10	0	79	234	1	0	18	0	1	1	26	0
BARBACOA LB 1LB	20822800000	4 oz.	301	225	90	25	10	0	80	235	1	0	18	0	1	1	26	0
BARBERS CHED 1833 VINTAGE	20475200000	1 oz.	118	91	55	10	6	0	28	190	49	2	7	0	304	0	203	0
BAR-B-QUE SPUDS 1EA	20859200000	1 potato	887	388	165	43	18	0	105	1331	92	7	33	15	966	27	463	4
BARLEY & CORN SALAD	25961	2 oz.	52	17	2	2	0	0	0	58	7	2	1	1	273	2	16	0
BASIL TOMATO BISQUE-SP	65477301022	8 oz	256	175	50	19	6	0	32	759	18	2	3	14	278	2	19	1
BATTERED POTATO WEDGES 1LB	20838000000	4 oz.	276	181	29	20	3	0	0	508	21	2	2	0	0	6	0	1
BB BURRITO	20456500000	2 oz.	156	23	0	3	0	0	0	161	27	2	6	3	0	2	0	1
BB BURRITO BOWL	20456600000	2 oz.	161	32	0	4	0	0	0	171	25	2	7	1	0	2	0	1
BBQ BEEF PETITE SNWDCH	26247	1 sandwich	354	175	93	19	10	0	34	1025	34	2	10	4	737	15	131	3
BBQ CHK FLATBREAD PIZZA	20491500000	1/4 pizza	346	168	97	19	11	0	48	978	26	1	19	3	1249	2	407	2
BBQ COCKTAIL MEATBALLS 1LB	20463500000	3 oz.	226	100	37	11	4	0	29	693	22	2	9	6	182	2	48	1
BBQ RIBLET PARTY PACK	20094200000	4 oz.	299	172	64	19	7	0	84	596	7	0	24	2	47	1	9	1
BBQ SAUCE PINT 1LB	20601700000	2 oz.	134	0	0	0	0	0	0	747	31	2	2	8	197	2	39	1
BBQ SUPER SPUDS-DBL 1EA	20005300000	1 potato	1636	693	316	77	35	0	210	2603	171	12	65	22	1866	46	894	8
BBQ SWEET SPUD	20397000000	1 potato	954	391	165	43	18	0	105	1549	108	8	33	13	966	26	557	6
BBQ SWEET SUPER SPUD	20410800000	2 oz.	144	9	2	1	0	0	0	295	29	1	5	1	0	1	0	3
BCN,TOM & WHT CHED PANINI	20101900000	1 sandwich	887	498	172	55	19	0	101	1255	63	5	35	10	1179	16	361	4
BEAN AND CHEESE BURRITO	20691200000	1 burrito	719	309	156	34	17	0	78	1762	71	4	32	0	882	3	554	5
BEANS SIDE 4oz AMIGOS	20663700000	4 oz.	140	116	6	13	1	0	0	722	0	5	6	0	0	0	48	1
BEEF & CHEDDAR SNWDCH	20997500000	1 sandwich	498	142	52	16	6	0	68	1664	56	3	34	9	2699	10	225	4
BEEF & HORSERADISH SNWDCH	20997100000	1 sandwich	508	126	59	14	7	0	104	1093	53	3	43	1	1127	108	162	5
BEEF BITE & CHEESE PACK	20395200000	2 oz.	204	156	89	17	10	0	49	462	0	0	12	0	429	0	286	0
BEEF CHILI CHEESE ENCH 1EA	20820400000	3 enchiladas	431	190	86	21	10	0	47	970	41	5	18	3	1458	2	286	3
BEEF CHIMICHANGAS 1EA	20631600000	1 each	438	164	47	18	5	0	30	1168	50	2	18	0	198	12	149	4
BEEF ENCHILADA PACK	20061500000	1 package	769	267	113	30	13	0	74	2409	91	8	34	1	607	10	402	7
BEEF FAJITA LARGE ADDON	61704	4 oz.	230	146	61	16	7	1	47	581	4	0	18	1	0	0	0	2
BEEF FAJITA SMALL ADDON	61705	2 oz.	115	73	30	8	3	0	24	290	2	0	9	1	0	0	0	1
BEEF FAJITA WRAPS 1EA	20613300000	1/2 Burrito	283	179	80	20	9	0	58	980	5	1	21	2	794	29	232	2
BEEF FAJITAS 1LB	20822900000	4 oz.	155	92	28	10	3	0	49	394	2	1	14	1	139	30	8	2
BEEF OR CHICKEN QUESADILLA	20213900000	1 wedge	467	353	112	39	12	0	64	1115	6	1	22	3	1414	28	252	2
BEEF TACO SOUP	25996	8 oz	250	135	51	15	6	0	52	898	13	3	15	2	310	7	38	2
BEEF TAMALES DZ-COLD	20181900000	2 tamales	348	180	45	20	5	0	40	700	26	0	16	0	800	0	12	3
BEEF TAMALES 6PK HOT	20388500000	2 Tamales	348	180	45	20	5	0	40	700	26	0	16	0	800	0	12	3
BEEF TAMALES DZ/HOT	20388700000	2 tamales	348	180	45	20	5	0	40	700	26	0	16	0	800	0	12	3

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
BEER BATTERED DIPPERS	26235	1 dipper	179	30	5	3	1	0	61	730	23	2	14	0	722	0	20	2
BIG BEN SANDWICH	20503900000	1 Sandwich	530	166	64	18	7	0	86	714	50	4	41	0	1354	6	47	6
BISCUIT & GRAVY 1EA	20064600000	1 biscuit	435	169	47	19	5	9	0	1430	45	1	21	5	1	0	20	3
BISCUIT 1EA	20585900000	1 biscuit	378	145	36	16	4	8	0	1205	49	1	9	5	0	0	20	2
BISCUIT SAUSAGE PLATE 1EA	20585300000	1 plate	1211	612	186	68	21	19	81	3578	91	2	59	11	5	1	40	7
BISCUIT W/SAUSAGE GRAVY 1EA	20813400000	1 biscuit	528	267	81	30	9	8	35	1561	40	1	26	5	2	0	17	3
BKD RIGATONI W/SSG & SPINACH	20744000000	8 oz.	232	112	33	12	4	0	18	749	22	4	8	9	4707	27	115	2
BLACK FOREST HAM RASPBERRY BRIE EN CROUTE	20361800000	3 oz.	239	147	81	16	9	2	37	484	12	1	10	1	299	0	176	0
BLACKBERRY COBBLER 1LB	20825800000	4 oz.	272	109	44	12	5	0	0	275	39	3	2	22	110	1	22	1
BLCK BEAN TAMALES-COLD 1EA	20132100000	2 tamales	258	90	18	10	2	0	0	880	34	6	8	14	200	86	200	2
BLEU CHEESE & BACON DIP 1LB	20442500000	2 oz.	207	175	88	19	10	0	52	388	2	0	7	1	475	2	67	0
BLEU CHEESE WALNUT CHEESE BALL	20361200000	2 oz.	224	185	95	21	11	0	48	349	1	0	8	0	519	0	150	0
BLEU CHEESE WALNUT CRAISIN CHEESE BALL	20361300000	2 oz.	231	175	90	19	10	0	45	329	4	0	10	0	490	0	142	0
BLK BEAN GUACAMOLE BURGER	20467600000	1 burger	494	268	77	30	9	0	29	1143	41	11	15	4	408	8	273	3
BLOCK OF FOI GRAS 5,10Z	20454300000	2 oz.	154	4	0	0	0	0	0	180	32	1	5	0	12	0	9	2
BLT W/CHEDDAR SANDWICH 1EA	20428400000	1 sandwich	1107	666	239	74	27	0	139	2174	65	8	46	19	2349	13	574	3
BLUE CHEESE BOARD	20391800000	1/4 tray	162	65	6	7	1	0	0	33	23	0	2	15	19	3	13	1
BONE IN BBQ WINGS COLD	20970100000	4 oz.	271	159	38	18	4	0	55	518	14	0	14	9	199	0	0	1
BONE IN BUFFALO	20364900000	1 wing	114	74	16	8	2	0	26	292	3	0	7	0	87	0	0	0
BONE IN BUFFALO WINGS COLD	20969800000	4 oz.	278	182	42	20	5	0	91	556	9	1	15	0	11	0	5	0
BONE IN HONEY BBQ	20364800000	1 wing	119	70	16	8	2	0	24	227	6	0	6	4	87	0	0	0
BONE IN HOT N SPICY 1LB	20305500000	1 wing	105	60	16	7	2	0	43	238	4	1	7	0	0	0	0	0
BONE IN INFERNO WINGS COLD	20638300000	4 oz.	306	228	48	25	5	0	92	561	6	0	14	0	0	0	0	0
BONE IN INFERNO WINGS HOT	20638400000	1 wing	115	86	18	10	2	0	34	210	2	0	5	0	0	0	0	0
BONE IN TERIYAKI WINGS COLD	20638100000	4 oz.	289	185	40	21	4	0	53	764	13	0	14	8	97	0	0	1
BONE IN TERIYAKI WINGS HOT	20638200000	4 oz.	289	185	40	21	4	0	53	764	13	0	14	8	97	0	0	1
BONE IN WINGS HOT & SPICY COLD	20605100000	4 oz.	228	124	34	14	4	0	99	550	9	2	17	0	0	0	0	0
BONE IN WINGS HOT & SPICY HOT	20305500000	1 wing	105	60	16	7	2	0	43	238	4	1	7	0	0	0	0	0
BONELESS BBQ WINGS COLD	20602000000	3 pcs.	323	203	31	23	3	0	29	1016	20	1	10	1	10	0	5	0
BONELESS BUFFALO WINGS COLD	20601400000	3 oz.	263	176	28	20	3	0	24	770	11	0	11	0	8	0	4	0
BONELESS WINGS BBQ HOT	20414700000	1 wing	90	48	8	5	1	0	10	352	7	0	3	0	0	0	0	0
BONELESS WINGS BUFFALO HOT	20612000000	1 wing	96	57	10	6	1	0	10	345	5	0	5	0	0	0	0	0
BOW TIE & GRILLED CHICKEN SALAD	25963	2 oz.	120	75	10	8	1	0	9	316	7	1	4	1	339	8	13	0
BRAISED CABBAGE	20340000000	4 oz.	70	63	21	7	2	0	0	450	1	2	1	3	292	30	33	0
BRAISED COLLARD GREENS 1LB	3802	4 oz.	61	20	0	2	0	0	6	624	6	2	5	0	3969	17	113	1
BRAZILIAN STEAK W/CHIMICHURRI	20417000000	6 oz.	371	211	54	23	6	0	61	460	4	1	36	1	111	5	30	3
BREADED CHICKEN GIZZARDS LB 1LB	20819300000	4 oz.	343	223	32	25	4	0	140	533	17	1	13	0	90	1	18	2
BREADED CHICKEN LIVERS LB 1LB	20819200000	1/4 lb.	347	231	36	26	4	0	203	533	17	1	12	0	6328	11	18	6
BREAKFAST PIZZA BACON LARGE	61485	1 pizza	2576	1570	768	174	85	0	1130	5995	96	4	156	1	3679	15	2609	10
BREAKFAST PIZZA SAUSAGE LARGE	61484	1 pizza	2321	1367	655	152	73	0	1098	4748	96	4	143	1	3681	16	2609	11
BREAKFAST QUESADILLA 1EA	20900300000	1 quesadilla	496	333	156	37	17	0	569	908	6	0	35	0	1379	0	645	2
BRIE EN CROUTE	20362200000	3 oz.	270	164	80	18	9	2	30	353	18	1	9	5	294	0	177	0
BRIE SMKD CHEDDAR BOARD	20499800000	1/4 board	427	244	120	27	13	0	76	453	31	1	16	27	1037	1	384	0
BRISKET BURRITO	21043800000	1 burrito	580	287	132	32	15	0	250	1299	46	2	27	0	648	0	242	4
BRISKET BURRITO	20688700000	1 burrito	580	287	132	32	15	0	250	1299	46	2	27	0	648	0	242	4
BRISKET CHILE	25997	8 oz	273	183	73	20	8	0	54	1039	10	1	13	3	517	3	30	2
BRISKET ENCHILADA W/JALPNO CRM	20271000000	1 enchilada	214	130	64	14	7	0	38	466	12	1	9	0	317	2	124	1
BRISKET LARGE ADDON	61707	4 oz.	298	228	96	25	11	0	73	654	1	0	16	0	267	0	0	1
BRISKET SMALL ADDON	61708	2 oz.	149	114	48	13	5	0	37	327	1	0	8	0	133	0	0	1
BRKfst BACON EGG CHS BURRITO	20690500000	1 burrito	395	126	45	14	5	0	236	1052	46	1	21	8	401	15	60	1
BROCCOLI CASHEW SALAD	25964	2 oz.	232	149	25	17	3	0	7	133	18	1	3	15	1	12	17	1
BROCCOLI CHEESE SOUP 1LB	3599	8 oz.	272	184	102	20	11	0	45	953	11	0	7	5	1135	34	182	0
BROCCOLI CRAISIN SALAD 1LB	20431700000	2 oz.	230	195	29	22	3	0	14	179	5	0	4	1	88	17	14	1
BROCCOLI CRNCH SALAD	20963400000	4 oz.	218	117	23	13	3	0	10	301	21	2	4	15	1505	48	40	1
BROCCOLI RICE CASSEROLE 1LB	20613100000	4 oz.	187	101	53	11	6	0	33	532	13	1	8	2	373	8	152	0
BROCCOLI/CAULFLOWER/SALAD	6007	2 oz.	67	47	8	5	1	0	2	125	4	1	1	2	132	23	12	0
BROCCOLI/CAULFLWR SALAD 1LB	3613	1/2 Cup	92	64	10	7	1	0	3	186	5	1	2	2	265	47	23	1

Deli/Food Service Cont.

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BROWN RICE & ORANGE SALAD	25965	2 oz.	93	12	1	1	0	0	0	28	15	1	5	2	159	14	10	0
BROWN RICE W/MUSHROOMS 1LB	20018400000	4 oz.	129	34	5	4	1	0	0	609	21	1	3	0	148	1	2	0
BROWN SGR BACON RAW	20206900000	1 oz.	143	102	44	11	5	0	24	422	4	0	6	4	0	0	4	0
BROWN SUGAR PEPPER BACON 1LB	3518	1 slice	72	51	22	6	2	0	12	211	2	0	3	2	0	0	2	0
BRUSSEL SPROUTS W/PECANS	20368700000	4 oz.	178	130	16	14	2	0	0	124	6	5	6	0	721	60	280	1
BUNUELOS 7CT	20126900000	1 each	138	28	14	3	2	0	0	280	25	0	3	8	1	0	40	1
BUNUELOS CHIPS	20128600000	2.5 oz.	254	41	16	5	2	0	0	369	50	1	3	28	1	0	0	1
BURRITOS 2PK 1LB	20632800000	1 burrito	353	159	72	18	8	0	20	686	40	3	9	0	746	5	60	4
BUTTER CREAM CORN 1LB	20613000000	4 oz.	255	174	97	19	11	0	35	361	18	1	2	5	941	4	2	0
BUTTERED PASTA	20499100000	4 oz.	266	86	14	10	2	0	0	127	38	2	7	1	91	0	1	2
BUTTERMILK ENCRUSTED CKN BRST	20699800000	1 breast	208	75	13	8	1	0	47	578	16	0	17	1	19	0	21	1
BUTTERMILK PANCAKE	20053800000	1 pancake	126	8	0	1	0	0	0	408	28	1	0	2	0	0	57	2
BUTTERMILK PECAN CHICKEN 1LB	20390500000	8 oz.	341	102	15	11	2	0	90	308	19	1	40	6	126	2	150	2
BUTTERMILK PECAN DIPPERS	26233	1 dipper	290	87	10	10	1	0	30	599	32	3	19	7	89	1	201	3
BUTTERNUT SQUASH BISQUE	25999	8 oz	132	76	36	8	4	0	22	268	13	0	1	3	11560	17	45	1
BUTTERY BUFFALO WINGS COLD	20745500000	4 oz.	247	154	36	17	4	0	61	676	8	0	15	1	202	0	0	1
CAESAR PENNE SALAD	20079600000	4 oz.	4155	2776	572	308	64	0	454	12337	200	18	145	18	18143	327	1814	13
CAESAR SALAD FAMILY 1EA	20455700000	1/6 salad	234	167	40	19	4	0	21	577	10	2	7	1	5537	23	187	1
CAESAR SALAD LG 1EA	20592600000	1/4 salad	229	156	43	17	5	0	22	643	10	1	8	1	2683	11	223	1
CAESAR SALAD MED 1EA	20865400000	1 salad	471	324	71	36	8	0	37	1217	24	3	12	2	6203	25	295	2
CAESAR SALAD SM 1EA	20864700000	1 salad	263	185	52	21	6	0	27	731	9	1	10	1	3235	13	268	1
CAESAR SALAD W/CHICKEN LG 1EA	20592700000	1/4 salad	195	125	23	14	3	0	25	426	9	1	9	1	2532	11	75	1
CAESAR SALAD W/CHICKEN MED 1EA	20592400000	1 salad	504	293	93	33	10	0	88	1527	20	3	33	3	6656	27	500	2
CAESAR SALAD W/CHICKEN SM 1EA	20864900000	1 salad	344	223	61	25	7	0	59	975	11	1	20	1	3330	14	279	1
CAFE BREVE 12OZ	20416300000	1	184	39	24	4	3	0	16	449	28	0	8	16	134	2	299	0
CAJUN PORKCHOP 1EA	20464000000	1 chop	590	15	0	2	0	0	0	4868	127	4	17	1	105	6	141	8
CAJUN SALMON	20969100000	6 oz.	305	178	34	20	4	0	94	306	0	0	32	0	433	7	21	1
CALDO BY THE BUCKET-COLD	20377700000	8 oz.	94	34	10	4	1	0	33	365	5	1	10	2	321	14	23	1
CALDO DE RES MEX STEW 16OZ 1EA	20118900000	16 oz.	187	69	20	8	2	0	66	729	10	2	19	4	642	29	45	3
CALZONES 1EA	20847300000	1/2 Calzone	921	452	158	50	18	0	101	2146	73	4	44	5	1195	6	445	5
CAPRESE PANINI 1EA	20061600000	1/2 panini	333	151	64	17	7	0	32	504	29	4	16	3	792	30	346	1
CAPRESE SALAD	20323800000	1 salad	442	265	132	29	15	0	74	320	27	4	18	3	8468	77	411	3
CAPRESE STACK	20343400000	1 stack	402	283	128	31	14	0	67	74	14	1	16	3	2117	90	347	1
CARNE ADOVADA	20772900000	4 oz.	202	54	18	6	2	0	95	75	0	0	0	0	5	0	14	1
CARNE GUISADA BURRITO COLD	20360100000	1/2 burrito	387	168	54	19	6	0	57	1092	24	4	30	3	842	19	119	4
CARNE GUISADA LARGE ADDON	61709	4 oz.	229	72	27	8	3	0	70	602	4	1	35	2	753	9	2	4
CARNE GUISADA LB	20458500000	4 oz.	229	72	27	8	3	0	70	602	4	1	35	2	753	9	2	4
CARNE GUISADA LB 1LB	20822500000	4 oz.	229	72	27	8	3	0	70	602	4	1	35	2	753	9	2	4
CARNE GUISADA SMALL ADDON	61710	2 oz.	114	36	14	4	2	0	35	301	2	1	18	1	376	5	1	2
CARNITA BURRITO COLD	20360200000	1/2 burrito	364	182	58	20	6	0	64	1033	22	4	23	1	321	10	142	3
CARNITAS	20822700000	8 oz.	334	161	55	18	6	0	151	832	0	0	43	0	23	3	57	3
CARNITAS & SALSA VERDE 1LB	20059800000	4 oz.	138	59	19	7	2	0	41	1212	7	1	13	2	629	15	11	1
CARNITAS EN VERDE BURRITO COLD	20360300000	1/2 burrito	332	160	50	18	6	0	39	1468	26	4	17	3	767	23	125	2
CARROT & RAISIN SALAD	20695300000	3 oz.	124	73	10	8	1	0	7	200	12	1	1	9	998	4	15	0
CARROT CAKE 1EA	20826500000	1 slice	744	432	171	48	19	0	80	440	71	2	7	53	1500	2	40	2
CARROT PINEAPPLE SLAW	25966	2 oz.	79	34	0	4	0	0	0	14	11	2	1	6	179	4	6	0
CARROT SOUFFLE	20108900000	4 oz.	233	84	12	9	1	2	60	253	32	3	5	20	9971	2	133	1
CATALINA VEGGIES 16OZ	20487600000	4 oz.	36	9	2	1	0	0	0	229	6	2	1	2	120	20	23	1
CAVER HAM	20441100000	4 oz.	170	73	24	8	3	0	68	1134	5	0	19	5	0	0	0	0
CEVICHE 1LB	20128500000	3 oz.	37	10	2	1	0	0	27	184	3	0	4	1	312	7	7	1
CHARRA BEANS 1LB	20054800000	4 oz.	97	6	1	1	0	0	0	49	17	4	6	1	100	4	38	1
CHEDDAR BACON BURGER 1EA	20632500000	1 burger	1135	705	273	78	30	0	222	1714	52	2	56	15	1612	5	380	5
CHEDDAR BOARD	20743600000	1/4 board	416	306	208	34	23	0	110	1099	1	0	27	0	1215	0	607	0
CHEDDAR POTATO CAKES 1EA	20446100000	1 cake	205	62	32	7	4	0	57	753	27	2	9	0	331	7	142	1
CHEESE CALZONE 1EA	20514100000	1/2 Calzone	328	144	72	16	8	0	35	570	30	1	16	1	400	4	300	1
CHEESE ONLY QUESADILLA	61646	1 Quesadilla	637	370	203	41	23	0	122	1231	34	1	33	0	1215	0	810	2
CHEESE PIZZA SLICE	61676	1 Slice	296	138	73	15	8	0	35	670	23	1	17	1	532	5	359	2

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
CHEESE SLICE 1EA	20584600000	1 slice	3	3	2	0	0	0	1	11	0	0	0	0	14	0	4	0
CHEESECAKE 2 SLICES	20389700000	1 slice	533	329	193	37	21	2	179	390	41	1	10	33	796	0	87	1
CHEESECAKE W/CHERRY TOPPING	21045700000	1 SLICE	619	330	193	37	21	2	179	420	63	1	10	51	1078	1	102	1
CHEESECAKE W/CHRY TPPNG 1EA	20817100000	1 slice	618	330	193	37	21	2	178	419	63	1	10	51	1076	1	102	1
CHEESY CHICKEN BACON PASTA	20659500000	12 oz.	474	243	105	27	12	0	113	1438	23	2	35	2	562	3	31	1
CHEESY HASH BROWN CASSEROLE 1LB	20623100000	4 oz.	231	153	81	17	9	1	37	575	12	1	8	2	660	3	196	0
CHEF SALAD	21044900000	1/2 Salad	182	96	52	11	6	0	50	548	7	2	15	3	1171	11	233	1
CHEF SALAD MED 1EA	20839100000	1/2 salad	146	76	42	8	5	0	32	330	7	2	10	3	1185	10	207	1
CHERRY CHEESECAKE CUP	20270900000	1/2 parfait	303	120	67	13	7	0	37	217	41	0	5	30	560	3	81	0
CHERRY CHIFFON DESSERT 1LB	3638	2 oz.	161	73	52	8	6	0	3	30	21	0	1	19	90	2	25	0
CHERRY COBBLER 1LB	20655600000	4 oz.	268	109	44	12	5	0	0	286	38	2	2	22	330	0	22	1
CHICARONES EN SALSA CASERA 1LB	20037600000	4 oz.	256	133	44	15	5	0	39	2793	5	0	25	2	665	5	12	0
CHICHARRON GRUESO (HOT)	20326500000	2 oz.	303	169	57	19	6	0	52	1291	0	0	33	0	22	0	16	0
CHICHARRONES	20059200000	2 oz.	303	169	57	19	6	0	52	1291	0	0	33	0	22	0	16	0
CHICKEN & BROCCOLI CASSEROLE	20460100000	8 oz.	276	111	51	12	6	2	70	961	17	1	24	2	591	10	218	1
CHICKEN & CHEESE CRISPITO	21047400000	1 CRISPITO	187	63	22	7	2	0	15	279	22	1	9	4	0	0	80	1
CHICKEN & CHEESE CRISPITO 1EA	20815000000	1 crispito	256	149	30	17	3	0	13	241	19	1	8	3	0	0	69	1
CHICKEN ARTICHOKE SALAD 1LB	20803900000	3 oz.	262	218	29	24	3	0	23	263	4	1	7	1	142	24	21	1
CHICKEN BROCCOLI CASSEROLE-HOT	20426000000	8 oz.	276	111	50	12	6	2	69	960	17	1	24	2	591	10	218	1
CHICKEN BROCCOLI QUICHE 1EA	20610100000	1/6 quiche	287	153	78	17	9	1	236	620	44	0	20	8	641	22	301	1
CHICKEN CAESAR FAMILY 1EA	20455800000	1/6 salad	228	129	34	14	4	0	41	624	10	2	15	2	5588	23	166	1
CHICKEN ENCHILADA PACK	20060600000	1 container	697	209	80	23	9	0	61	2302	86	9	36	2	535	10	362	7
CHICKEN FAJITA LARGE ADDON	61712	4 oz.	176	85	24	9	3	0	108	446	3	1	22	0	0	0	0	1
CHICKEN FAJITA SMALL ADDON	61711	2 oz.	88	43	12	5	1	0	54	223	1	1	11	0	0	0	0	1
CHICKEN FAJITA SPUDS 1EA	20859300000	1 potato	599	209	103	23	11	0	98	657	64	6	33	5	1078	109	425	3
CHICKEN FAJITA SWEET SPUD	20397200000	1 potato	666	212	103	24	11	0	98	875	81	7	33	3	1078	108	518	5
CHICKEN FRIED STEAK	137	1 steak	461	173	73	19	8	0	86	1215	37	1	34	0	0	0	20	5
CHICKEN FRIED STK ALA CARTE 1EA	20812400000	1 steak	505	217	78	24	9	0	86	1214	37	1	34	0	0	0	20	5
CHICKEN NOODLE SOUP	26021	8 oz	128	53	13	6	1	0	32	702	11	1	7	2	2556	1	28	1
CHICKEN PARMESAN	20387500000	1 Breast	490	259	116	29	13	0	95	1358	21	2	36	5	4802	22	564	2
CHICKEN PARMESAN	20460400000	1 breast	506	263	114	29	13	0	100	1489	23	1	38	6	2202	14	534	2
CHICKEN PARMESAN MEAL-COLD	20728100000	1 meal	789	354	127	39	14	0	94	1746	66	5	43	10	3751	23	522	4
CHICKEN SAL SNACK PACK	20916800000	1 Container	876	574	187	64	21	0	144	1012	38	1	39	15	997	4	642	2
CHICKEN SALAD & CHEDDAR PACK	20612900000	1 package	852	544	188	60	21	0	121	1223	43	1	35	18	1042	4	649	1
CHICKEN SALAD ON CROISSANT 1EA	20856900000	1 sandwich	696	435	128	48	14	1	79	653	42	3	24	9	2423	17	46	5
CHICKEN SALAD ON WHEAT	21046100000	1 Sandwich	605	293	40	33	4	0	57	806	49	7	29	8	1549	11	146	3
CHICKEN SALAD PACK	20731400000	4.5 oz.	395	274	39	30	4	0	57	361	13	0	17	1	68	1	15	1
CHICKEN SALAD SANDWICH	21046000000	1 Sandwich	656	315	41	35	5	0	59	896	59	3	26	5	1113	4	110	3
CHICKEN SALAD SANDWICH (ONLY)	20203800000	1 sandwich	630	296	40	33	4	0	57	849	54	8	30	10	1756	14	158	3
CHICKEN SALAD SANDWICH 1,07VK	20430300000	1 sandwich	644	305	40	34	4	0	57	869	59	3	26	7	1549	11	112	3
CHICKEN SALAD SNACK PACK	21045000000	1 Container	877	574	187	64	21	0	144	1012	38	1	39	15	997	4	642	2
CHICKEN SALAD SNACKER	20625400000	1 sandwich	318	206	56	23	6	0	39	304	17	0	11	4	761	3	10	2
CHICKEN SALAD TOMATO 1EA	20841700000	1 salad	570	399	60	44	7	1	84	383	17	4	28	10	3957	48	62	2
CHICKEN SLIDERS W/MED DRINK	20467800000	4 sandwiches	858	359	147	40	16	0	173	1627	79	5	46	27	389	8	204	4
CHICKEN SPAGHETTI	20499400000	12 oz.	588	275	84	31	9	0	139	1846	37	4	41	8	996	16	266	1
CHICKEN SPAGHETTI 1LB	20463900000	8 oz.	393	184	56	20	6	0	93	1233	25	3	27	5	665	11	177	1
CHICKEN SPAGHETTI ALA CARTE 16OZ	20100800000	8 oz.	393	184	56	20	6	0	93	1233	25	3	27	5	665	11	177	1
CHICKEN SPINACH QSDLLA PK	20075300000	1/4 Quesadilla	404	305	97	34	11	0	56	965	6	1	19	3	1223	25	218	1
CHICKEN TENDER BASKET	20386400000	1 piece	97	50	9	6	1	1	10	345	7	0	5	0	1	1	1	1
CHICKEN TENDER LB 1LB	20635300000	1 Tender	143	44	5	5	1	0	38	663	8	0	17	0	3	0	2	1
CHICKEN TENDERS 1LB	20735000000	1 Tender	143	44	5	5	1	0	38	663	8	0	17	0	3	0	2	1
CHICKEN WALDORF SALAD	25967	2.5 oz.	136	82	11	9	1	0	16	241	8	1	5	5	53	1	19	0
CHILE & QUESO PORK TNDRLN	20121500000	6 oz.	453	301	137	33	15	0	114	1129	8	1	29	5	260	9	22	1
CHILE CON QUESO 1LB	20442600000	2 oz.	156	118	77	13	9	0	37	484	2	0	8	1	254	1	22	0
CHILI CHEESE DOG 1EA	20628300000	6 oz.	391	186	77	21	9	0	59	643	31	3	20	5	397	6	321	2
CHILI CHEESE ENCH 1EA	20820300000	4 oz	223	113	50	13	6	0	32	364	16	3	12	2	438	4	154	2
CHILI CHSE BURRITOS 1EA	20812100000	8.5 oz.	562	289	138	32	15	0	69	1051	45	4	24	2	1051	12	292	5

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CHIMICHURI	25957	2 oz.	97	85	12	9	1	0	0	228	3	0	0	1	379	7	13	0
CHIMICHURI PORK SKEWER	20074300000	1 skewer	141	85	12	9	1	0	33	453	2	0	12	1	195	5	20	1
CHIPOTLE BBQ MEATBALLS 1LB	20463400000	3 oz.	221	107	39	12	4	0	31	657	19	2	10	5	278	2	45	1
CHIPOTLE CHK PINWHEEL	26251	1 pinwheel	66	31	5	3	1	0	8	177	5	1	4	1	738	2	5	0
CHIPOTLE CILANTRO MOZZ	20270500000	2 oz.	136	98	65	11	7	0	36	123	0	0	9	0	429	0	182	0
CHIPS SIDE 4oz AMIGOS	20664000000	1/2 bag	179	68	6	8	1	0	0	265	25	2	2	1	3	0	35	1
CHK BRUSCHETTA SNDWCH W/MED DRNK	20467400000	1 sandwich	695	322	122	36	14	0	115	1724	55	2	38	4	1182	92	158	4
CHK FAJITA BURRITO COLD	20360500000	1/2 burrito	324	164	49	18	5	0	50	995	23	4	17	2	467	32	128	2
CHK TOM TAMALES DZ HOT 1EA	20122100000	2 tamales	284	108	18	12	2	0	40	660	26	4	18	14	600	2	200	2
CHK TOMTILLO TAMALES-COLD DZN	20374800000	2 tamales	284	108	18	12	2	0	40	660	26	4	18	14	600	2	200	2
CHKN & BACON PINWHEEL	26252	1 pinwheel	97	58	20	6	2	0	23	271	4	2	6	0	120	0	7	1
CHKN FAJITA SUPER SPUD-DBL 1EA	20005400000	1 potato	1197	419	207	47	23	0	196	1315	128	12	67	10	2157	219	850	6
CHKN SALAD FINGER SNDWCH	26241	1 wedge	117	68	10	8	1	0	14	134	7	0	5	1	17	0	14	1
CHKN SALAD ON WHEAT 1EA	20742100000	1 sandwich	605	293	40	33	4	0	57	806	49	7	29	8	1549	11	146	3
CHKN SLALD MINI CROISSANT	26267	1 sandwich	323	206	56	23	6	0	39	305	18	0	12	4	998	7	13	2
CHKN TOMATILLO TAMALES 6PK HOT 6CT	20072300000	2 Tamales	284	108	18	12	2	0	40	660	26	4	18	14	600	2	200	2
CHOCOLATE MOUSSE CAKE 1EA	20440100000	1 slice	796	415	273	46	30	1	89	345	88	3	7	67	523	0	133	4
CHOCOLATE PUDDING	21045300000	4 oz	178	64	40	7	4	0	0	93	29	0	0	22	0	0	46	1
CHOCOLATE PUDDING 1EA	20626400000	4 oz.	357	128	80	14	9	0	0	187	57	1	0	45	0	0	92	1
CHOPPED BBQ BEEF 1LB	20813700000	4 oz.	288	165	70	18	8	0	53	878	18	1	13	4	300	1	21	1
CHOPPED BEEF COLD 1LB	20631200000	4 oz.	254	132	51	15	6	0	45	497	14	2	17	9	0	0	0	0
CHOPPED BRISKET 1LB	20076400000	1/3 lb.	358	184	78	20	9	0	59	1188	29	2	15	7	389	2	35	2
CHOPPED BRISKET SANDWICH PACK 1EA	20611200000	3 oz.	256	182	62	20	7	3	25	436	11	1	8	1	416	12	173	1
CHS TAMALE 6PK-COLD	20271700000	1 tamale	210	126	54	14	6	0	26	268	13	1	8	4	200	2	200	1
CHS TAMALE 6PK-HOT	20271800000	1 Tamale	210	126	54	14	6	0	26	268	13	1	8	4	200	2	200	1
CHS TAMALE DZ--COLD	20271900000	1 Tamale	210	126	54	14	6	0	26	268	13	1	8	4	200	2	200	1
CHS TAMALE DZ-HOT	20272000000	1 Tamale	210	126	54	14	6	0	26	268	13	1	8	4	200	2	200	1
CHSCAKE 2 SLCS W/TOPPING 1EA	20816300000	1 slice	618	330	193	37	21	2	178	419	63	1	10	51	1076	1	102	1
CILANTRO-LME CORN ON THE COB	20343700000	1 ear	558	306	101	34	11	0	0	473	55	7	8	9	1416	16	3	7
CILLINGINI TOMATO SALAD	25968	2 oz.	64	44	1	5	0	0	12	151	2	0	3	1	528	6	101	0
CLASSIC CHICKEN SALAD	21044200000	4 OZ	682	530	79	59	9	1	114	599	5	0	33	2	136	2	30	1
CLASSIC CHICKEN SALAD 1LB	20626000000	4 oz.	341	265	39	29	4	0	57	299	2	0	17	1	68	1	15	1
CLASSIC CHICKEN SALAD 1LB	20626000000	4 oz.	341	265	39	29	4	0	57	299	2	0	17	1	68	1	15	1
CLASSIC SUB HALF 1EA	20307700000	1 sandwich	596	96	34	11	4	0	76	1987	87	3	38	7	691	1	130	6
CLASSIC SUB SANDWICH WHOLE 1EA	20307200000	1/2 sandwich	604	108	43	12	5	0	48	1989	85	2	39	7	720	1	171	5
CLASSIC TUNA SALAD	20961900000	3 oz.	103	38	4	4	0	0	29	645	4	0	13	2	32	0	3	0
CLSC LITE CHK SALAD	20394800000	3 oz.	120	64	8	7	1	0	39	283	2	0	12	0	24	1	11	0
Club Sandwich Snack Square	20454800000	2 sandwiches	10	4	1	0	0	0	2	33	1	0	1	0	46	0	4	0
COC A LA CARTE EGG BEATERS	20195500000	5 oz.	80	11	2	1	0	0	0	289	2	0	15	2	9	0	0	0
COC A LA CARTE FRUIT	20195800000	5.34	66	3	0	0	0	0	0	12	15	2	1	12	1142	50	18	0
COC A LA CARTE HASH BRWN CASS	20195600000	5.34 oz.	309	205	108	23	12	2	50	771	16	1	10	3	884	3	262	0
COC A LA CARTE REFRD BEANS	20195700000	4 oz.	209	52	10	6	1	0	2	732	30	4	9	0	179	4	67	3
COC A LA CARTE SAUSAGE BALLS	20195900000	2 oz.	178	135	51	15	6	0	40	391	2	0	9	0	103	0	31	1
COC AMERICAN CHEESE BOARD	20198900000	3.81 oz.	260	190	91	21	10	0	44	411	4	2	13	1	534	9	282	0
COC ANCHO CORN CAKES 1EA	20086600000	1 each	358	195	89	22	10	0	92	586	32	4	9	4	1422	18	67	2
COC ANTIPASTO SKEWERS 1EA	20087200000	1 Skewer	280	195	97	22	11	0	67	869	5	1	17	1	1590	7	25	1
COC AVOCADO/TOM BOX LUNCH	20188300000	1 sandwich	692	374	91	42	10	0	32	322	64	14	16	6	5627	42	88	4
COC BACON (12) 1EA	20085900000	2 slices	79	63	27	7	3	0	15	260	0	0	4	0	0	0	0	0
COC BAKED POTATO BAR	20199500000	18.25 oz.	798	413	194	46	22	0	103	1074	69	4	28	4	1318	20	329	2
COC BAKED POTATO BAR W/ BRSKT	20199600000	20.25 oz.	933	482	223	54	25	0	126	1520	79	5	33	6	1465	21	342	3
COC BAKED POTATO BAR W/ TENDERS	20199700000	12 oz.	519	259	117	29	13	0	73	849	43	3	22	2	782	12	196	2
COC BBQ BUFFET	20200600000	29 oz.	1248	659	211	73	23	0	218	4196	102	11	45	45	1913	51	188	6
COC BISCUITS 1EA	20086000000	1 biscuit	378	145	36	16	4	8	0	1205	49	1	9	5	0	0	20	2
COC BKFST BCN/GRN CHILI PZZA 1EA	20835600000	1 slice	406	149	58	17	6	0	97	861	46	2	18	2	279	3	159	1
COC BRKFST POTATOES (12) 1EA	20086100000	4 oz.	107	4	1	0	0	0	0	175	23	3	3	0	207	6	3	1
COC BRKFST SAUSAGE (12) 1EA	20085800000	1 patty	342	273	91	30	10	0	81	719	0	0	17	0	101	0	0	1
COC BRKFST SAUSAGE/PICO PIZZA 1EA	20835800000	1 slice	425	159	56	18	6	0	105	809	48	2	19	2	362	8	160	2

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COC BRKFST SPANISH OMELET PIZZA 1EA	20085600000	1 slice	435	159	73	18	8	0	103	783	48	3	21	4	789	17	358	1
COC BUILD YOUR OWN SAND 12-15	20930900000	10.92 oz.	292	93	38	10	4	0	49	1296	30	2	20	7	4318	12	197	2
COC BUILD YOUR OWN SAND 20-25	20930800000	9.53 oz.	255	84	34	9	4	0	44	1120	25	1	18	5	3887	11	179	2
COC BUILD YOUR OWN SAND 30-35	20973300000	9.54 oz.	251	80	32	9	4	0	42	1162	26	1	17	6	3705	11	172	2
COC CAESAR SALAD 1EA	20436700000	4 oz.	286	215	49	24	5	0	26	715	10	1	8	1	3365	14	199	1
COC CHARCUTERIE PLATTER	20198000000	3.37	185	110	43	12	5	0	37	852	9	0	10	0	17	0	17	1
COC CHEESE BALL PLTR SVS 12	20198700000	4.06 oz.	296	135	54	15	6	0	32	455	31	2	9	4	1864	5	167	1
COC CHEESE BALL PLTR SVS 6	20198600000	4.06 oz.	296	135	54	15	6	0	32	455	31	2	9	4	1864	5	167	1
COC CHICKEN TENDER MEAL	20200300000	25 oz.	591	227	54	25	6	2	82	2808	56	5	35	6	543	31	95	4
COC CHIPOTLE BBQ MEATBALLS	20284300000	2 meatballs	237	116	42	13	5	0	34	695	20	2	11	5	399	2	49	1
COC CHKN SALD LTCE WRP PLTR	20197400000	6 oz.	332	224	30	25	3	0	45	320	13	1	14	10	95	5	25	1
COC CHLLD & GRLLD SHRIMP COCKTAIL	20197700000	4 oz.	651	520	70	58	8	0	0	5019	31	0	1	0	0	0	196	7
COC CITRUS CHILE TURKEY MTBALLS	20196100000	2 meatballs	237	138	25	15	3	0	36	1451	13	0	12	6	215	7	13	1
COC CKN CAPRESE BOX LUNCH 1EA	20438300000	1 sandwich	689	343	168	38	19	0	100	671	54	4	33	6	3294	24	532	4
COC CLSC CHK SALAD BOX LUNCH	20188500000	1 sandwich	607	293	40	33	4	0	57	810	49	7	29	9	2640	13	151	3
COC COCONUT SHRIMP	20204500000	3.34 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
COC CRAB SPNCH STFD MSRMS 12EA	20583100000	1 mushrrom	52	23	11	3	1	0	16	171	2	1	5	1	693	3	108	0
COC CROSTINI PLATTER	20197200000	1.13 oz.	84	52	14	6	2	0	4	162	6	0	2	0	171	1	35	0
COC DEVILED EGGS 1EA	20086900000	1 deviled egg	87	69	18	8	2	0	117	140	1	0	4	0	191	0	24	0
COC ENCHILADA MEAL	20200400000	24.34 oz.	1179	550	267	61	30	0	158	2675	108	12	49	5	1579	22	598	7
COC EUROPEAN CHEESE BOARD	20199000000	3.81 oz.	77	46	26	5	3	0	14	115	3	0	5	2	15	2	2	0
COC FAJITA BAR	20199300000	20.95 oz.	557	283	164	31	18	0	106	883	40	8	28	6	1663	32	596	3
COC FAMOUS TRKY CLUB BOX LUNCH	20188600000	16.5 oz.	855	373	176	41	20	0	126	1479	88	5	34	45	2942	35	318	3
COC FRIED COBB SALAD 1EA	20121600000	7 oz.	381	267	80	30	9	0	140	1360	8	2	20	5	1083	12	199	2
COC FRIED OR BAKED CHKN MEAL	20200200000	30.50 oz.	15795	9314	1914	1035	213	28	2141	48129	1026	75	594	80	9514	413	1683	74
COC FRT & CHS PLTR 12-15	20198100000	4.43	279	190	125	21	14	0	65	397	7	1	16	5	1976	11	502	0
COC FRT & CHSE PLTR 20-25	20198200000	3.84	250	171	113	19	13	0	58	359	6	1	14	4	1715	9	453	0
COC FRT & CHSE PLTR 30-35	20198300000	3.71	239	163	107	18	12	0	55	340	6	1	14	4	1500	9	430	0
COC FRUIT SKEWERS	20197500000	1 skewer	58	3	0	0	0	0	0	10	13	2	1	10	996	59	17	0
COC GLAZED CKTL SNDWCHS	20196700000	1 sandwich	323	173	88	19	10	0	37	482	24	1	14	10	658	0	157	0
COC GREEK SALAD 1EA	20121800000	4.5 oz.	149	110	24	12	3	0	5	690	7	2	2	4	3422	24	34	1
COC GRILLED COBB SALAD 1EA	20121700000	7 oz.	383	272	82	30	9	0	144	1320	7	2	21	5	1098	12	201	1
COC GRN CHILE TRKY SLIDER	20196500000	1 slider	319	165	46	18	5	0	49	786	23	2	16	4	193	5	146	2
COC HAM SWISS BOX LUNCH 1EA	20438500000	1 sandwich	853	457	181	51	20	1	95	1375	62	4	37	753	1715	28	323	12
COC HOUSE TURKEY PLTR 16-24	20198500000	16.84 oz.	1123	225	46	25	5	0	57	2124	172	19	52	21	203	1	18	11
COC HOUSE TURKEY PLTR 8-12	20198400000	17 oz.	1123	225	46	25	5	0	57	2124	172	19	52	21	203	1	18	11
COC ITALIAN FAM BUFFET	20200700000	25.54 oz.	1105	463	174	51	19	0	71	2376	117	13	43	15	8552	67	526	12
COC ITALIAN FAM BUFFET CHK ALFREDO	20200800000	25.54 oz.	1262	798	266	89	30	1	162	2837	71	8	45	17	4012	38	535	8
COC ITALIAN TURKEY MEATBALLS	20196000000	2 meatballs	193	96	28	11	3	0	36	544	12	2	12	6	2483	15	39	2
COC JALAPENO POPPERS	20197100000	1 popper	131	106	55	12	6	0	31	249	2	1	5	1	415	12	3	0
COC KIDS CHSBRGR SLIDERS	20201800000	1 slider	315	165	67	18	7	0	59	693	20	1	18	4	274	1	84	2
COC LATIN SHRIMP COCKTAIL	20197800000	6.67 oz.	133	72	6	8	1	0	0	1364	13	0	3	5	234	24	0	0
COC MAC 7 CHS CASSEROLE	20201900000	6 oz.	385	215	127	24	14	0	74	955	27	1	15	4	1393	0	373	1
COC MASCARPONE STRAWBERRIES	20197900000	1 berry	129	82	53	9	6	0	24	31	11	1	1	7	277	33	23	0
COC MASHED POTATO BAR	20199800000	13.92 oz.	803	532	229	59	25	0	117	1990	44	3	24	4	1454	14	383	1
COC MASHED POTATO BAR W/BRSKT	20199900000	15.92 oz.	937	601	258	67	29	0	139	2436	55	4	29	7	1600	15	396	1
COC MASHED POTATO BAR W/TEDERS	20200100000	15.92 oz.	10555	6672	2785	741	309	0	1649	28175	579	36	392	52	17461	175	4609	13
COC MEATBALLS 1EA	20086500000	1 meatball	250	165	67	18	7	0	37	746	9	2	12	5	2284	14	143	1
COC MEX STACK TACO BAR	20199400000	17.34 oz.	479	263	168	29	19	0	88	1121	32	6	22	6	1359	26	159	2
COC MS CHOP SALAD	20201100000	6 oz.	326	255	61	28	7	0	16	787	12	4	6	4	3560	18	37	1
COC MS MIGAS	20195400000	7 oz.	289	179	58	20	6	0	380	674	11	1	17	0	892	10	199	2
COC MS SAUSAGE BALLS	20196600000	1 ball	178	135	51	15	6	0	40	391	2	0	9	0	103	0	31	1
COC PECAN PIE COBLER	20201400000	5.72 oz.	707	220	52	24	6	0	244	258	113	1	9	57	0	0	29	1
COC PROSCUITTO WRAPPED ASPARAGUS	20197600000	1 spear	30	13	4	1	0	0	12	271	0	1	4	1	260	2	0	1
COC RASPBERRY BRIE CUPS	20196800000	1 ea.	56	26	11	3	1	0	4	67	5	0	2	3	52	0	42	0
COC RST BF CHDR BOX LUNCH 1EA	20438600000	1 sandwich	673	340	97	38	11	0	103	1309	49	4	34	6	3428	30	194	5
COC SAUSAGE STUFF MUSHROOMS 1EA	20086400000	1 mushroom	135	95	36	11	4	0	26	457	2	1	8	1	78	6	53	0

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
COC SCRAMBLED EGGS (12) 1EA	20085700000	5 oz.	180	104	32	12	4	0	485	414	3	0	16	0	559	0	105	2
COC SHRIMP & CRAB PUFFS	20196900000	1 ea.	114	66	22	7	2	0	16	254	9	0	3	2	103	0	42	0
COC SMKD GOUDA BF SLIDERS	20196300000	1 slider	385	228	73	25	8	0	57	675	22	2	17	5	117	2	88	2
COC SPINACH SALAD 1EA	20121900000	4.5 oz.	271	170	54	19	6	0	106	1035	11	1	14	10	2956	12	96	2
COC STUFFED BRIE PLTR	20199100000	1.84 oz.	95	34	18	4	2	1	8	196	12	0	4	0	72	2	46	0
COC STWBRY FIELDS SALAD	20511800000	5 oz.	234	157	25	17	3	0	6	415	14	3	5	9	189	60	43	9
COC SWT CHILE MTBALLS	20196200000	2 meatballs	308	115	42	13	5	0	34	616	36	1	12	30	356	2	28	1
COC TAMALE BUFFET	20201000000	19.67 oz.	841	241	51	27	6	0	72	2014	106	12	44	29	1711	12	445	7
COC TEA SANDWICHES 16-24	20938000000	5.0 oz.	356	152	50	17	6	0	44	877	34	1	17	8	243	3	145	2
COC TENDER MELT SLIDERS	20196400000	1 slider	305	138	53	15	6	0	59	709	24	1	18	7	209	0	136	1
COC TEQUILA BBQ SHRIMP 1EA	20086800000	1 shrimp	212	123	51	14	6	0	88	651	8	2	14	3	371	20	28	1
COC TOSS SALAD	20201200000	6 oz.	319	233	56	26	6	0	33	599	12	3	9	4	3581	18	96	1
COC TOSSED SALAD 1EA	20121300000	4 oz.	192	162	27	18	3	0	12	208	6	1	2	3	625	7	48	1
COC TUNA SANDWICH BOX LUNCH	20188400000	1 sandwich	431	112	6	12	1	0	39	920	53	4	27	3	60	13	44	7
COC TURKEY HAVARTI BOX LUNCH 1EA	20438400000	1 sandwich	601	196	25	22	3	0	49	7580	69	4	31	3	606	38	33	11
COC WHOLE FRUIT COBBLER 12-14 1EA	20104900000	8 oz.	506	225	92	25	10	0	0	567	66	5	5	34	680	82	45	2
COCONUT CHICKEN 1LB	20594700000	8 oz.	503	217	9	24	1	0	73	661	39	5	33	0	47	2	21	2
COCONUT DIPPERS	26234	1 dipper	427	206	1	23	0	0	28	764	40	6	15	0	2	1	10	1
COLBY JACK CUBED	20699200000	1 oz.	111	82	46	9	5	0	30	172	1	0	7	0	304	0	203	0
COLD BBQ SANDWICH 1EA	20433700000	1 sandwich	427	132	42	15	5	0	31	720	55	3	19	12	0	0	90	3
COLD BRISKETO BRSKT PICO POTATO	20691100000	1 burrito	599	283	123	31	14	0	82	1159	53	2	26	0	588	7	195	5
COLE SLAW 1LB	20610000000	4 oz.	108	49	9	5	1	0	2	160	14	2	1	11	830	33	44	0
COLE SLAW 1LB	20610000000	4 oz.	108	49	9	5	1	0	2	160	14	2	1	11	830	33	44	0
COLLARD GREENS 4OZ	20488200000	4 oz.	61	20	0	2	0	0	6	624	6	2	5	0	3969	17	113	1
CORN SOUFFLE	20622400000	4 oz.	260	84	30	9	3	0	67	267	37	1	7	20	133	3	133	1
CORNBREAD MUFFIN 2OZ	20846500000	1 muffin	204	90	17	10	2	0	37	374	25	1	4	5	125	0	50	1
COUNTRY FRIED SWEET SPUD	20397100000	1 potato	732	255	116	28	13	3	81	1546	90	5	29	2	609	16	500	6
COUNTRY SPUDS 1EA	20859100000	1 potato	665	252	116	28	13	3	81	1329	73	4	30	4	609	18	406	4
COUNTRY SUPER SPUDS-DBL 1EA	20005200000	1 potato	1276	473	221	53	25	5	162	2362	141	8	60	7	1218	36	812	7
COWBOY BEANS 1LB	20448300000	4 oz.	163	43	17	5	2	0	12	784	23	3	7	15	185	0	29	1
COWBOY QSDLLA PK	20075200000	1/4 Quesadilla	501	302	161	34	18	0	97	1137	29	1	21	3	1005	8	308	2
COWBOY QUESADILLA	20497800000	1/2 Quesadilla	485	293	156	33	17	0	94	1102	28	1	20	3	974	8	298	1
CRAB & SPINACH STUFFED MUSHRMS 1EA	20391100000	2 Mushrooms	127	55	28	6	3	0	38	422	6	2	12	2	1708	8	265	1
CRAB CAKE 1EA	20447000000	1 cake	188	49	12	5	1	0	75	447	21	2	13	2	580	17	150	3
CRAB CAKES 1EA	20390200000	1 muffin	587	298	56	33	6	0	74	471	66	0	7	35	0	4	64	3
CRACKED WHEAT SALAD	25969	2 oz.	35	9	1	1	0	0	0	84	6	1	1	1	406	17	11	0
CRANBERRY AMBROSIA DELIGHT	20396600000	1 shape	580	43	19	5	2	0	0	339	132	0	2	93	835	13	19	0
CRANBERRY RELISH 1LB	20884900000	3 oz.	94	23	0	3	0	0	0	0	17	3	1	14	170	13	0	0
CRANBERRY RELISH 1LB	20624400000	2 oz.	63	15	0	2	0	0	0	0	11	2	1	10	113	9	0	0
CRANBERRY WALNUT CHICKEN SALAD	20619800000	3 oz.	373	212	29	24	3	0	23	178	24	1	17	9	48	2	15	1
CRANBERRY WALNUT SALAD 1EA	20610200000	1/2 Salad	323	153	60	17	7	0	24	413	21	3	21	0	365	36	166	14
CREAM OF JALAPENO	28443	8 oz.	371	281	177	31	20	0	88	811	13	1	10	3	1267	20	59	0
CREAM PIZZA SAUCE 1LB	3509	2 oz.	133	108	36	12	4	0	15	265	4	0	2	2	124	7	71	0
CREAMY CHICKEN GREEN CHILE SOUP	26022	8 oz	225	127	87	14	10	0	31	1144	17	0	8	3	346	12	200	0
CREAMY JALAPENO CHICKEN ENCHILADAS	20498000000	8 oz.	379	183	104	20	12	0	86	815	22	1	27	0	596	6	254	1
CRM SPINACH W/ARTICHOKES 1LB	20623500000	4 oz.	116	68	29	8	3	0	12	448	7	1	5	2	1392	21	139	1
CROISSANT SANDWICH SNACK SQUARE	20455600000	2 sandwiches	462	222	113	25	13	0	72	1124	36	1	24	8	4336	14	100	5
CROISSANT SNACKER TRAY	20626500000	1 sandwich	208	96	49	11	5	0	25	558	17	0	11	4	828	2	28	2
CRUNCHY CHINESE SALAD	20079700000	4 oz.	164	67	13	7	1	0	13	345	19	2	6	7	1127	2	36	1
CS GREEN BEANS 16OZ	20486400000	4 oz.	73	35	15	4	2	0	9	529	6	2	3	2	83	4	34	1
CS GREEN BEANS 4OZ	20486200000	4 oz.	73	35	15	4	2	0	9	529	6	2	3	2	83	4	34	1
CUBED CHEESE ANTIPASTO PARTY PACK	20731300000	2.5 oz.	244	181	84	20	9	0	53	619	4	1	13	1	405	0	270	0
CUBED CHEESE PARTY PACK	20731200000	2.6 oz.	292	213	118	24	13	0	79	454	3	0	18	0	790	0	527	0
CUBED CHEESE SNACK PACK	20729900000	3.5 oz.	393	287	159	32	18	0	106	613	4	0	25	0	1063	0	709	0
CUCMBER TEA SNADWICH	26260	1 sandwich	111	65	36	7	4	0	20	176	9	1	3	1	236	1	19	1
CYPRSS HOMBOLT FOG GRAND 1LB	20341100000	2 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
DELI CALIFORNIA CLUB 1EA	20295900000	1 Sandwich	990	477	145	53	16	0	64	2758	75	6	53	13	2339	17	320	4

Deli/Food Service Cont.

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DELI CLASSIC CLUB SANDWICH 16OZ	20424200000	1 Sandwich	852	345	126	38	14	0	108	2675	74	4	53	14	4314	19	326	4
DELI HAMBURGER/CHEESEBURGER 1EA	20426100000	1 burger	641	336	110	37	12	0	110	1107	41	3	34	8	3738	18	112	5
DELI HEART SMART CHICKEN SNDWICH 1EA	20424300000	1 Sandwich	600	224	100	25	11	0	98	1026	52	4	42	2	1432	8	396	4
DELI TOASTED CHICKEN SALAD 1EA	20424400000	1 Sandwich	667	332	40	37	4	0	57	359	56	5	28	3	1784	19	70	5
DELI PHILLY CHEESE STEAK	20112400000	1 Sandwich	671	357	165	40	18	0	131	1032	39	3	39	6	1230	91	274	4
DELI RUBEN SANDWICH	20424900000	1 sandwich	390	171	91	19	10	0	51	1166	35	5	20	2	607	7	581	0
DELI STYLE CHILE LIME CHIPS	20060000000	2 oz.	180	68	6	8	1	0	0	266	26	2	2	1	3	0	35	1
DELI STYLE CHIPS	20314000000	2 oz	180	68	6	8	1	0	0	266	26	2	2	1	3	0	35	1
DELI STYLE CHIPS (SALT ONLY)	20699300000	2 oz.	179	67	6	7	1	0	0	771	25	2	2	1	0	0	32	1
DELI STYLE CHIPS/MEDIUM	20915200000	2 oz.	200	94	9	10	1	0	0	208	24	2	2	1	2	0	32	1
DESSERT CHEESEBALL	20612800000	2 oz.	96	56	36	6	4	0	13	40	9	0	1	7	152	0	30	0
DEVILED EGG POTATO SALAD	20301500000	3 oz.	142	71	16	8	2	0	49	389	14	1	4	5	122	0	0	1
DEVILED EGG SALAD LB	20132400000	2.5 oz.	150	113	32	13	4	0	232	301	2	0	7	0	370	0	48	1
DEVILED EGG SALAD LB	20132400000	2.5 oz.	150	113	32	13	4	0	232	301	2	0	7	0	370	0	48	1
DEVILED EGG SALAD SANDWICH	20290400000	1/2 Sandwich	281	122	25	14	3	0	182	269	28	3	12	1	2141	11	70	3
DEVILED EGG TEA SNDWCH	26259	1 sandwich	99	49	13	5	1	0	90	232	8	1	4	1	144	0	29	1
DEVILED EGGS 1EA	20614900000	2 pieces	223	175	46	19	5	0	299	356	3	0	9	0	486	0	61	1
DIJON GRNBN SALAD 1LB	3617	2 oz.	48	20	2	2	0	0	0	127	6	1	1	2	163	4	9	0
DUROS 1EA	20811900000	2 oz.	80	57	6	6	1	0	0	172	6	0	0	0	0	0	0	0
DUROS CINNAMON SUGAR 1EA	20072500000	2 oz.	104	47	5	5	1	0	0	143	14	0	0	9	1	0	0	0
DUROS CON CHILE 1EA	20072400000	2 oz.	80	57	6	6	1	0	0	210	6	0	0	0	0	0	0	0
DW BUFFALO CHICKEN PINWHEEL	20602400000	1 package	1143	718	227	80	25	0	190	2929	52	2	63	6	2302	5	374	12
DW BUFFALO CHICKEN WRAP W/BLU CHS	20599100000	1 Sandwich	699	391	127	43	14	0	95	1770	48	2	35	4	2201	5	222	12
DW CLUB PINWHEEL W/BY SWISS	20602600000	1 Sandwich	1181	695	205	77	23	0	200	2942	54	3	72	8	3732	8	464	12
DW CLUB WRAP W/BABY SWISS	20599200000	1 Sandwich	1030	659	196	73	22	0	139	2086	51	3	49	5	3732	8	464	12
DW COLORADO RIVER SANDWICH	20599900000	1 Sandwich	611	202	88	22	10	0	99	1158	54	4	46	4	2682	10	438	4
DW HAM SLIDER	20599300000	1 package	609	205	108	23	12	0	136	1714	58	4	41	22	2433	3	344	1
DW LITTLE ITALY SANDWICH	20599600000	1 Sandwich	605	178	124	20	14	0	100	1822	48	2	45	5	2747	10	566	4
DW LONDON BRIDGE SANDWICH	20599700000	1 Sandwich	621	185	124	21	14	0	119	1419	50	1	46	7	2682	8	549	5
DW ROAST BEEF PINWHEEL	20602300000	1 package	872	538	125	60	14	0	84	1611	52	2	35	8	2325	16	95	14
DW ROAST BEEF SLIDERS	20599400000	1 package	589	178	108	20	12	0	136	1188	56	4	45	20	2433	3	344	2
DW ROAST BEEF WRAP W/PPR JK	20603600000	1 Sandwich	795	467	187	52	21	0	119	1823	52	2	47	6	2788	16	459	14
DW SUIT & THAI SANDWICH	20602100000	1 Sandwich	619	204	97	23	11	0	119	1845	60	3	44	5	3336	21	476	4
DW THE NATURAL SANDWICH	20599800000	1 Sandwich	580	226	88	25	10	0	104	1158	48	5	41	0	2990	12	358	6
DW THE PHOENIX SANDWICH	20601100000	1 Sandwich	626	229	88	25	10	0	119	1426	52	5	35	4	2552	12	455	6
DW TURKEY SLIDERS	20599500000	1 package	447	151	90	17	10	0	75	742	56	4	19	20	2433	3	344	0
EDAMAME NOODLE SALAD	25970	2 oz.	84	23	2	3	0	0	0	76	10	2	5	2	207	8	48	2
EDAMAME SALAD	25971	2 oz.	70	29	3	3	0	0	0	182	6	1	4	1	273	11	49	1
EDDYS SAUSAGE KOLACHE	20194600000	1 kolache	322	154	45	17	5	0	35	723	31	1	11	8	1004	0	60	3
EGG SALAD CROISSANT SANDWICH	20534500000	1 sandwich	270	170	57	19	6	0	194	381	19	0	9	4	2359	6	22	2
EGGPLANT PARMESAN TORTA 8OZ	20973000000	1 slice	402	234	126	26	14	0	35	859	30	5	12	5	1499	15	250	2
EGGPLANT ROLLANTINI 1EA	20972800000	1 Rollantini	313	152	67	17	7	0	37	412	23	1	17	2	423	0	370	1
ELEPHANT EARS	20303500000	2oz	303	169	57	19	6	0	52	1291	0	0	33	0	22	0	16	0
ELLSWORTH CHEDDAR CURD	20535400000	1 oz.	110	81	45	9	5	0	30	180	0	0	7	0	300	0	200	0
ENGLISH CHEESE BOARD	20743800000	1/6 tray	326	202	112	22	12	0	62	807	14	1	18	1	405	1	356	1
ENSALADA DE NOPALITOS	20179000000	4 oz.	20	0	0	0	0	0	0	1590	4	1	1	0	1155	10	46	0
FAJITAS DE POLLO CHICKEN 1LB	20037100000	4 oz.	127	66	19	7	2	0	58	444	2	1	13	1	141	30	16	1
FAM CHICKEN BACON PASTA	20658900000	8 oz.	316	162	70	18	8	0	75	959	15	1	23	1	374	2	21	1
FAMILY BREAKFAST CASSEROLE	20658600000	8 oz.	446	297	117	33	13	0	233	940	13	1	24	1	670	1	363	2
FAMILY CHILI MAC	20658800000	8 oz.	445	247	138	27	15	0	83	1094	29	2	20	5	1357	5	389	2
FAMILY CHK ENCHILADA CASSEROLE	20658700000	6 oz.	349	209	115	23	13	0	106	772	8	1	27	3	882	8	425	0
FAMILY SPAGHETTI & MEATBALLS	20743100000	12 oz.	576	210	77	23	9	0	42	975	68	6	24	7	3235	20	135	4
FARFALLE ALLA CARBONARA CON PO 1EA	20392600000	1 order	1259	643	226	71	25	1	144	2169	106	8	48	10	607	9	440	5
FARMHOUSE CLUB	21046300000	1 Sandwich	717	331	126	37	14	0	118	2412	59	3	46	8	1680	10	247	3
FARMHOUSE CLUB SANDWICH	20607000000	1 sandwich	723	306	132	34	15	0	95	2372	58	3	47	8	1832	9	291	3
FAST BAKE BBQ CHICKEN	20769200000	1 pizza	1501	689	392	77	44	0	194	4022	122	7	81	10	4890	24	1586	8
FAST BAKE CREATE YOUR OWN	20770600000	1 pizza	1311	641	342	71	38	0	182	2797	94	5	75	4	2531	18	1640	7

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
FAST BAKE MARGHERITA	20749900000	1 pizza	901	333	189	37	21	0	97	3557	97	7	47	5	2618	37	750	8
FAST BAKE MEDTRN VEG	20770200000	1 pizza	1407	722	298	80	33	0	131	3672	104	9	67	11	4812	136	1279	8
FAST BAKE MKT VEGGIE	20755800000	1 pizza	1158	508	256	56	28	0	121	2494	101	7	63	10	5594	45	1285	8
FAST BAKE PEPPERONI	20755600000	1 pizza	1329	669	329	74	37	0	170	3366	94	5	72	4	2118	21	1235	7
FAST BAKE PORTBL GOAT CH	20770300000	1 pizza	1548	808	374	90	42	0	189	2866	107	7	79	6	2521	168	1528	9
FAST BAKE PRIMO	20764500000	1 pizza	1387	698	340	78	38	0	196	3804	97	6	76	5	2233	43	1248	8
FINGERLING POTATOES 1LB	20594100000	4 oz.	117	39	6	4	1	0	0	378	17	2	2	1	136	21	16	1
FIRE JACK CHEESE 1LB	20625600000	1 oz.	101	73	46	8	5	0	30	172	0	0	7	0	304	0	203	0
FLAME ROASTED CORN PEPPER 1LB	20831200000	4 oz.	116	36	0	4	0	0	0	199	17	5	3	11	997	16	0	1
FOUR CHEESE HERB FLAT'ZA	20977300000	1/4 pizza	353	153	75	17	8	0	42	847	33	1	17	2	525	1	364	0
FRENCH BREAD LOAF	20411300000	1 oz.	87	11	2	1	0	0	0	164	16	0	2	0	0	0	10	1
FRENCH FRIES OR TATER TOTS LG 1EA	20630500000	1 order	330	84	24	9	3	0	0	800	56	5	5	0	0	6	0	2
FRENCH FRIES OR TATER TOTS SM 1EA	20633600000	1 portion	351	208	31	23	3	0	0	466	33	3	3	0	0	4	0	1
FRENCH STYLE BOARD	20383300000	1/6 tray	472	295	154	33	17	0	78	663	16	2	28	4	888	3	670	1
FRESH FRUIT CUP	20060800000	4 oz.	48	2	0	0	0	0	0	10	11	1	1	9	935	40	12	0
FRESH FRUIT W BERRIES	20867900000	1/2 Cup	49	2	0	0	0	0	0	9	11	2	1	9	852	38	13	0
FRESH MADE GUACAMOLE	20035600000	4 oz.	149	105	15	12	2	0	0	400	9	5	2	1	232	17	11	0
FRESH MADE GUACAMOLE 16OZ	20373000000	2 oz.	75	53	8	6	1	0	0	201	4	3	1	0	116	8	6	0
FRESH MADE GUACAMOLE 8OZ	20373100000	2 oz.	75	53	8	6	1	0	0	201	4	3	1	0	116	8	6	0
FRESH MIXED BERRIES 1RW	20090500000	4 oz.	52	4	0	0	0	0	0	1	12	4	1	6	73	39	21	1
FRESH TOMATO SALSA 1LB	20064800000	2 oz.	17	5	0	1	0	0	0	165	3	1	0	2	204	8	15	0
FRIED BURRITOS 1EA	20815900000	1 Burrito	309	136	64	15	7	0	18	611	35	3	8	0	664	4	53	3
FRIED CHICKEN 8PC COLD 1EA	20633500000	6 oz.	475	302	55	34	6	0	80	1173	21	1	22	0	124	2	24	2
FRIED CHICKEN BREAST 1EA	20814600000	1 Breast	551	341	64	38	7	0	97	1428	26	1	27	0	151	3	29	3
FRIED CHICKEN DRUMSTCKS 1EA	20814400000	1 Drumstick	184	114	21	13	2	0	32	476	9	0	9	0	50	1	10	1
FRIED CHICKEN THIGHS 1EA	20814500000	1 Thigh	317	211	36	23	4	0	49	715	13	0	13	0	75	1	14	1
FRIED CHICKEN WINGS 1EA	20814700000	1 Wing	115	76	13	8	1	0	18	259	5	0	5	0	27	1	5	0
FRIED CORNDOGS 1EA	20816000000	1 corndog	449	276	58	31	6	0	25	813	33	2	10	5	0	0	20	1
FRIED OKRA 16OZ	20489200000	3 oz.	143	82	9	9	1	0	0	348	13	2	2	2	89	3	36	1
FRIED ONION RINGS 1LB	20654600000	1 serving	64	64	7	7	1	0	0	0	0	0	0	0	0	0	0	0
FRIJOLES REFRIITOS 16OZ	20514800000	1 piece	77	64	3	7	0	0	0	395	0	3	3	0	0	0	26	0
FRIJOLES REFRIITOS 32OZ	20514900000	1 piece	77	64	3	7	0	0	0	395	0	3	3	0	0	0	26	0
FRIJOLES REFRIITOS COLD 1LB	20059500000	4 oz.	140	116	6	13	1	0	0	720	0	5	6	0	0	0	48	1
FROMAGER D'AFFINOIS CHS 1LB	20401400000	1 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FRUIT & CHEESE SNACK SQUARE	20466700000	5.5 oz.	326	200	125	22	14	0	72	427	13	1	19	10	884	16	562	0
FRUIT CUP LARGE 1EA	20085000000	4 oz.	40	1	0	0	0	0	0	6	9	1	1	7	1128	24	13	0
FRUIT CUP SMALL 1EA	20084900000	4 oz	36	1	0	0	0	0	0	5	8	1	1	6	1099	23	9	0
FRUIT DIP 1LB	20822300000	2 oz.	190	95	57	11	6	0	32	98	22	0	2	16	317	0	0	0
FRUIT IN A BAG 1EA	20324400000	4 oz	47	1	0	0	0	0	0	6	11	2	1	7	1105	29	12	0
FRUIT N CHEESE SNACKER	20625500000	4 oz.	226	141	90	16	10	0	50	256	9	1	13	6	1294	14	414	0
FRUIT SALAD MEDIUM 1EA	20124200000	4 oz.	54	2	0	0	0	0	0	10	13	2	1	11	970	27	12	0
FUD MUENSTER SHREDDED AMIGOS	20968700000	2 oz.	211	146	91	16	10	0	51	385	2	0	14	0	608	0	405	0
FUSSILLI PASTA SALAD	25972	2 oz.	43	14	3	2	0	0	1	61	6	0	1	0	99	4	2	0
GARBANZO SALAD 1LB	3569	2 oz.	50	16	2	2	0	0	1	245	7	3	2	1	153	7	18	0
GARLIC HERB SRDOUGH W/MARINARA	20405500000	1/2 cupcake	253	115	41	13	5	0	19	208	32	0	3	28	25	0	20	0
GARLIC PARMESAN STACKS	20127300000	8 oz.	409	236	151	26	17	0	79	674	31	2	12	1	1026	9	275	1
GARLIC ROASTED ASPARAGUS 1LB	3505	4 oz.	47	20	3	2	0	0	0	352	4	2	2	2	835	6	27	2
GARLIC ROSEMARY BEEF TENDERLOI 1LB	20446700000	6 oz.	437	291	107	32	12	0	133	284	3	1	32	0	1	0	39	3
GARLIC RSMARY PRIME RIB 1EA	20307000000	8 oz.	393	123	46	14	5	0	136	559	1	0	67	0	1	0	47	4
GARLIC RSTD ASPARAGUS	20375000000	4 oz.	53	26	4	3	0	0	0	383	4	2	2	2	820	6	26	2
GELATINA DE FRESA STRAWBERRY 8OZ	20039300000	8 oz	40	0	0	0	0	0	0	40	10	0	1	10	0	0	0	0
GELATINA DE LIMON LIME 8OZ	20039200000	8 oz	40	0	0	0	0	0	0	40	10	0	1	10	0	0	0	0
GELATINA DE NARANJA ORANGE 8OZ	20039400000	8 oz	40	0	0	0	0	0	0	40	10	0	1	10	0	0	0	0
GEMILLI PASTA SALAD	20516800000	4 oz.	243	112	33	12	4	0	13	322	26	1	7	5	353	3	12	0
GORGANZOLA VERDE DOLCE	20403000000	2 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GORGONZOLA VERDE DOLCE	20983600000	1 oz.	101	73	46	8	5	0	253	172	0	0	6	0	304	0	152	0
GOUDA TEA SNDWCH	26258	1 sandwich	233	155	45	17	5	0	23	456	13	1	7	2	323	5	64	1

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GRAB BAG DUROS	20381400000	2oz	80	57	6	6	1	0	0	172	6	0	0	0	0	0	0	0
GRAB N GO BRISKETO	20394500000	1 burrito	599	283	123	31	14	0	82	1159	53	2	26	0	588	7	195	5
GRAB N GO CHEESE TRAY	20395600000	3.5 oz.	333	234	130	26	14	0	87	501	6	0	20	3	878	1	579	0
GRAB N GO FRUIT TRAY	20395500000	4 oz.	75	15	9	2	1	0	5	23	15	1	1	12	899	32	11	0
GRAB N GO MAC/CHS -HOT	20399300000	4 oz.	230	120	72	13	8	0	40	623	20	1	8	3	890	0	178	1
GRAB N GO MASHED POTATOES-HOT	20399400000	4 oz.	153	73	22	8	2	0	8	557	19	2	2	2	81	7	32	0
GRAB N GO VEGETABLE TRAY	20395700000	3 oz.	74	51	9	6	1	0	4	239	5	1	1	2	418	27	27	0
GRANNYS CHKN N DMPLNCS 1LB	20581200000	12 oz.	349	138	42	15	5	9	63	1321	26	2	26	5	414	2	60	1
GRAPE CHICKEN SALAD	21044300000	4 oz	264	183	21	20	2	0	33	340	10	0	11	6	73	1	28	1
GRAPE CHICKEN SALAD 1LB	20867000000	3 oz.	198	137	16	15	2	0	25	255	8	0	8	5	54	1	21	0
GRAPE CHICKEN SALAD CROISSANT	20307800000	1 sandwich	604	350	109	39	12	0	56	689	47	2	17	13	1744	7	51	5
GRAPE CHICKEN SALAD CROISSANT	21045900000	1 Sandwich	837	485	151	54	17	1	77	955	65	3	23	18	2417	10	70	6
GRAPE CHICKEN SALAD CROISSANT SANDWICH	61651	1 Sandwich	604	350	109	39	12	0	56	689	47	2	17	13	1745	7	51	5
GRAPE CHKN SALAD FINGER SNWCH	26239	1 wedge	98	48	5	5	1	0	8	144	9	0	4	2	18	0	17	1
GRAVY 4OZ	20586000000	4 oz.	107	61	20	7	2	3	0	590	11	0	0	2	0	0	0	1
GREEK COUNTRY SALAD 1LB	3621	2 oz.	56	40	11	4	1	0	6	138	2	0	2	1	221	7	47	0
GREEK SALAD 1LB	20423100000	1/2 salad	139	64	37	7	4	0	15	1244	13	6	6	3	5511	55	82	2
GREEK STYLE WEDGE SALAD	25973	1 wedge	321	273	65	30	7	0	11	941	8	3	4	5	938	7	38	1
GREEN BEAN CASSEROLE	20496600000	4 oz.	138	89	53	10	6	0	26	337	10	1	2	2	415	5	19	1
GREEN BEANS 1LB	20869500000	4 oz.	34	0	0	0	0	0	0	362	7	2	1	2	406	19	45	1
GREEN BEANS AMANDINE	20497100000	4 oz.	131	73	10	8	1	0	0	256	13	3	2	8	240	9	54	1
GREEN CHILE & CHK QUESADILLA	20485600000	1 Quesadilla	458	167	87	19	10	0	77	1057	40	2	33	1	484	14	280	3
GREEN CHILE BACON MAC&CHS	20485400000	4 oz.	219	116	63	13	7	0	42	706	16	1	10	3	744	8	137	1
GREEN CHILE BURGER SLIDERS	20094300000	1 burger	277	127	54	14	6	0	21	566	19	1	18	3	272	2	177	2
GREEN CHILE CHICKEN SALAD	20362500000	4 oz.	225	147	38	16	4	0	37	513	6	1	13	1	263	31	110	0
GREEN CHILE CHICKEN STEW 16OZ	3517	8 oz.	93	21	6	2	1	0	19	707	10	1	7	2	256	19	23	1
GREEN CHILE CHKN QSDILLA PK	20075400000	1/4 Quesadilla	270	98	51	11	6	0	45	622	24	1	19	1	285	8	165	1
GREEN CHILE PESTO CHICKEN	20387700000	1 breast	730	460	152	51	17	0	119	1723	21	2	46	3	1881	20	923	3
GREEN CHILE PORK LB	20458400000	4 oz.	299	144	48	16	5	0	100	1134	7	1	32	0	133	20	27	1
GREEN CHILE PORT GRILLER	20516700000	1/2 Mushroom	201	165	97	18	11	0	56	278	2	1	7	1	594	5	103	0
GREEN CHILI CHEDDAR CHEESE BALL	20361100000	2 oz.	215	173	80	19	9	0	47	246	2	0	8	0	534	3	183	0
GREEN PEA SALAD 1LB	20857100000	3 oz.	205	147	36	16	4	0	51	363	8	2	7	2	359	6	75	1
GRILLED BBQ CHICKEN FLAT'ZA	20977400000	1/4 pizza	465	202	99	22	11	0	68	1122	40	2	26	4	544	7	468	0
GRILLED CHICKEN ALFREDO 1LB	20422600000	8 oz.	464	316	105	35	12	1	76	1015	19	2	18	6	284	1	186	1
GRILLED CHICKEN BREAST 1LB	20610400000	4 oz.	162	73	18	8	2	0	66	486	2	0	20	1	91	1	15	1
GRILLED CHICKEN BREAST 1LB	3594	8 oz.	324	146	36	16	4	0	132	972	4	0	41	2	182	2	30	1
GRILLED CHICKEN MEAL - COLD	20963000000	1 meal	541	245	71	27	8	0	123	2045	32	2	42	4	1341	48	59	2
GRILLED COBB SALAD	21044600000	1/2 Salad	311	188	91	21	10	0	223	804	6	2	24	2	1236	9	242	1
GRILLED COBB SALAD EA	20933200000	1/2 Salad	310	169	77	19	9	0	233	827	7	2	28	4	1525	16	255	2
GRILLED LEMON CHICKEN	20388000000	1 breast	134	19	4	2	0	0	77	848	5	0	24	3	2437	7	28	1
GRILLED LOBSTER CAKES	20964300000	1 cake	180	108	18	12	2	0	20	710	12	0	6	2	200	5	100	0
GRILLED PINEAPPLE W/SWT CHILE	20290800000	3 oz.	68	1	0	0	0	0	0	78	16	1	1	13	87	25	9	0
GRILLED PORK RIBS COLD 1LB	20037500000	4 oz.	307	210	79	23	9	0	77	554	7	1	17	3	86	1	41	0
GRILLED SALMON MEAL - COLD	20963100000	1 meal	561	274	48	30	5	0	94	2121	35	4	37	8	823	17	81	2
GRILLED VEGETABLES 1LB	20581400000	4 oz.	100	70	9	8	1	0	0	338	7	1	1	5	546	28	12	0
GRN CHILE CHKN FLATBREAD PIZZA	20491900000	1/4 pizza	344	195	95	22	11	0	48	908	19	1	17	2	420	4	336	1
GRN CHILE TURKEY SPAGHETTI	20385900000	12 oz.	737	472	270	52	30	0	181	320	43	4	23	6	2023	31	69	2
GRN CHILI CHICK ENCHILADAS 1LB	20445700000	8 oz.	283	132	46	15	5	0	64	756	23	3	21	4	452	11	189	0
GRN CHILI TURKEY BURGER	20467500000	1 burger	570	257	73	29	8	0	132	867	39	8	39	5	3952	22	190	5
GRUYERE, CAVE AGED PROMO	20728500000	1 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GUACAMOLE LARGE ADDON	61756	2 oz.	115	85	17	9	2	0	0	198	6	4	2	0	0	2	0	0
GUACAMOLE SMALL ADDON	61715	1 oz	58	43	9	5	1	0	0	99	3	2	1	0	0	1	0	0
HALF SUB SANDWICH	20821100000	1 sandwich	628	134	38	15	4	0	124	2563	70	2	54	10	1138	12	218	6
HAM & BRIE CROISSANT	26244	1 sandwich	261	129	67	14	7	0	28	769	17	0	16	3	308	1	79	3
HAM & CHDR ON WHEAT 1EA	20742000000	1 sandwich	470	109	44	12	5	0	80	1466	56	7	34	15	1202	2	265	3
HAM & CHEDDAR BRKFSST GRILLER 1EA	20132200000	1 sandwich	561	175	80	19	9	0	89	1887	60	3	37	2	516	28	351	5
HAM & CHEESE COMBO 1EA	20308600000	1	75	25	9	3	1	0	11	170	8	0	5	1	64	0	31	1

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HAM & CHEESE HERO 1EA	20307600000	1 sandwich	320	106	40	12	4	0	45	724	34	1	19	3	272	0	131	2
HAM & GOUDA PINWHEEL	26253	1 pinwheel	79	45	11	5	1	0	15	305	4	2	4	1	48	1	18	0
HAM & SMK GOUDA SANDWICH	20307400000	1 sandwich	493	215	54	24	6	0	61	1398	44	2	26	8	1313	11	131	2
HAM & SMKD CHEDDAR SNDWCH	20996800000	1 sandwich	680	340	134	38	15	0	112	2396	47	1	38	14	1111	14	150	2
HAM & SMOKED GOUDA	21045800000	1 Sandwich	656	306	81	34	9	0	91	1780	57	3	32	8	1761	15	175	3
HAM & SWISS PETITE SNWCH	26248	1 sandwich	211	66	34	7	4	0	30	685	20	1	17	3	146	0	149	2
HAM & TURKEY SUB 1 FT	21046700000	1/4 sandwich	289	83	26	9	3	0	48	1117	31	1	23	3	525	6	120	2
HAM FINGER SANDWICH	26238	1 wedge	173	53	26	6	3	0	38	740	15	0	15	3	194	0	68	1
HAM IT UP SANDWICH	20424700000	1 Sandwich	895	498	108	55	12	0	91	2483	58	2	42	5	607	80	304	4
HAM IT UP SANDWICH 1EA	20428500000	23.43 oz	635	320	89	36	10	0	70	1767	50	4	29	9	1875	36	248	3
HAM LARGE ADDONS	61255	2 SLICES	30	11	4	1	0	0	15	209	0	0	4	0	0	0	0	0
HAM MINI CROISSANT	26268	1 sandwich	214	87	41	10	5	0	35	621	19	0	14	6	964	6	5	2
HAM SALAD 1LB	3624	2 oz.	155	134	31	15	3	0	19	339	2	0	3	1	63	5	3	0
HAM SALAD CROISSANT SAND	20534700000	1 sandwich	260	134	48	15	5	0	28	612	24	0	8	8	2354	7	21	2
HAM SUB 1 FT	21046600000	1/4 sandwich	297	94	29	10	3	0	52	1022	31	1	21	3	525	6	120	2
HAM SWISS RASP TEA SANDWCH	26256	1 sandwich	120	27	11	3	1	0	20	419	14	1	10	5	73	0	99	1
HAM&RSTD PPR BREAKFAST PIZZA	20483900000	1 slice	458	165	73	18	8	0	130	973	48	2	25	3	725	9	320	1
HAM/ROTINI SALAD 1LB	3622	2 oz.	100	73	18	8	2	0	7	275	4	1	3	1	248	4	40	0
HAPPY SHRIMP COCKTAIL CUP 1EA	20037300000	9.92 oz.	119	20	3	2	0	0	83	1315	15	1	10	11	365	12	73	1
HARLECH CHED W/HRSERADISH	20706600000	1 oz.	106	77	39	9	4	0	17	192	1	0	6	1	253	0	172	0
HATCH CHILE CHEDDAR BURGER	20188800000	1 burger	927	576	218	64	24	0	191	1402	41	1	47	9	1611	5	368	5
HATCH CHILE GLZD CHICKEN	20812800000	8 oz.	401	257	73	29	8	0	131	1276	3	0	31	1	2335	1	27	2
HATCH CHILE TOMATILLO SALSA	20609900000	2 oz.	18	4	0	0	0	0	0	146	3	1	0	2	187	13	4	0
HATCH GREEN CHILE GUACAMOLE	20485300000	3 oz.	60	41	6	5	1	0	0	156	4	3	1	1	133	13	4	0
HATCH GRN CHILE & JACK MEATLOAF	20485500000	8 oz.	463	317	133	35	15	0	171	741	5	1	31	1	517	14	208	3
HAWAIIAN DELIGHT SC	20666800000	4 oz.	149	46	28	5	3	0	0	67	24	1	2	18	0	4	62	0
HENNINGS CHIPOLTE CHEDDAR	20215200000	2 oz.	221	164	109	18	12	0	61	344	0	0	14	0	608	0	405	0
HENNINGS GARLIC DILL CHED	20215300000	2 oz.	221	164	109	18	12	0	61	344	0	0	14	0	608	0	405	0
HENNINGS TOM/BASIL CHED	20215400000	2 oz.	221	164	109	18	12	0	61	344	0	0	14	0	608	0	405	0
HERB BUTTERMILK DRESSING 1LB	2194	1/4 C.	208	190	31	21	3	0	14	818	3	0	1	2	86	0	35	0
HERB GIBLET GRAVY 1LB	20623700000	2 oz.	36	17	4	2	0	0	5	238	4	0	1	0	0	0	0	0
HERBED BUTTERMILK DRESSING 1LB	3566	2oz.	268	247	41	27	5	0	18	297	3	0	2	2	96	0	49	0
HERBED GREEK YOGURT DIP	20938900000	2 oz.	55	21	3	2	0	0	4	216	4	0	5	2	68	1	60	0
HEY KID SANDWICH 1EA	20433100000	1 sandwich	475	161	79	18	9	0	36	1168	61	2	18	5	146	0	108	3
HNY & NUT CHK SAL CROIS SAND	20534800000	1 sandwich	273	139	47	15	5	0	36	282	20	1	12	6	2347	7	25	2
HOAGIE BUN	20129200000	1 Bun	179	27	0	3	0	0	0	309	32	1	6	3	0	0	60	2
HOLIDAY GRAPES	20499600000	2 oz.	126	68	29	8	3	0	15	46	13	0	2	12	174	2	16	0
HOLIDAY SNACK MIX	20746100000	3 oz.	368	88	37	10	4	0	3	404	65	3	5	33	300	4	66	7
HOMESTYLE MEATLOAF	20415000000	8 oz.	496	240	96	27	11	0	107	800	21	3	43	11	267	13	107	5
HONEY BACON GLZD CHICKEN	20386300000	1/4 Chicken	495	304	88	34	10	0	154	1655	9	0	36	6	2752	0	30	2
HONEY CKN & BACON SLIDERS	20395100000	1 sandwich	448	205	77	23	9	0	66	1140	41	2	19	12	253	1	157	1
HONEY CURED HAM 1LB	20601500000	3 oz.	93	21	7	2	1	0	46	608	6	0	12	6	0	0	0	1
HONEY GLAZED PECANS	20659700000	2 oz.	372	292	26	32	3	0	0	0	16	4	4	9	21	25	33	1
HONEY WINGS COLD	20638500000	4 oz.	345	218	56	24	6	0	124	970	11	0	20	1	113	0	23	1
HONEY WINGS HOT	20638600000	4 oz.	345	218	56	24	6	0	124	970	11	0	20	1	113	0	23	1
HORMEL LITE COOKED HAM P/S	20075600000	3 oz.	166	123	48	14	5	0	38	699	2	0	9	0	0	0	0	1
HOT BEEF BEAN BURRITO	20691000000	1 burrito	384	99	36	11	4	0	45	1894	45	7	26	2	0	1	80	5
HOT BUFFALO CHKN DIP	20388200000	3 oz.	212	161	70	18	8	0	56	436	1	0	12	0	434	0	89	0
HOT CHOPPED BRISKET SANDWICH 1EA	20858700000	1 Sandwich	539	255	96	28	11	0	73	1260	47	2	24	7	329	1	72	3
HOT HATCH CHILE DIP	20362600000	2 oz.	122	93	29	10	3	0	12	383	4	0	3	0	173	24	76	0
HOT POT ROAST 1EA	20603400000	7 oz.	252	144	48	16	5	0	62	564	13	2	16	2	621	16	20	3
HOT SLICED BRISKET SANDWICH 1EA	20858600000	1 Sandwich	511	255	96	28	11	0	73	1290	41	1	23	6	267	1	65	3
HOT WING SNACK SQUARE	20455000000	6.8 oz.	461	303	15	34	2	0	99	1498	10	1	29	1	1702	5	28	0
HOUSE SMOKED TURKEY 1LB	20065800000	6 oz.	232	73	18	8	2	0	74	910	14	0	26	13	0	3	28	2
HOUSE SMOKED TURKEY BREAST	20844700000	6 oz.	204	82	20	9	2	0	83	1023	2	0	29	2	0	0	32	2
HUMMUS 1LB	3565	2.5 oz.	116	68	8	8	1	0	2	348	8	3	4	1	32	3	27	1
HYE ROLLER SNACK SQUARE	20466000000	3 Rolls	152	62	35	7	4	0	24	425	14	1	9	2	619	16	88	1

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
IN HOUSE FRESH MOZZ	20193500000	2 oz.	165	126	81	14	9	0	50	25	0	0	10	0	598	0	199	0
IND BACON BREAK PIZZA	61338	4 oz.	332	203	99	23	11	0	146	774	12	1	20	0	475	2	337	1
IND SAUSAGE BREAK PIZZA	61337	4 oz.	299	176	84	20	9	0	142	613	12	1	18	0	475	2	337	1
INDIVIDUAL CHICKEN POT PIE	20498300000	1/2 Pie	548	299	73	33	8	13	33	708	45	2	17	5	195	5	57	2
INSALATA CAPRESE 1LB	20213700000	3 oz.	128	92	52	10	6	0	27	78	2	1	7	1	643	5	143	0
ITALIAN HERO 1EA	20307900000	1 sandwich	388	182	73	20	8	0	48	1085	33	1	19	3	125	97	182	2
ITALIAN MEAT TORTA 1EA	20125700000	1 slice	503	315	162	35	18	0	55	1039	30	2	17	3	2248	12	250	3
ITALIAN MEATLOAF 1LB	20871500000	4 oz.	259	168	71	19	8	0	77	498	7	1	16	2	327	5	47	1
ITALIAN PANINI W/OLV BREAD 1EA	20047700000	1/2 Sandwich	434	204	76	23	8	0	60	1326	34	3	23	4	450	65	228	3
ITALIAN PICNIC SANDWICH	20996600000	1 Sandwich	834	397	154	44	17	0	117	1916	69	2	40	6	1600	11	362	1
ITALIAN SAUSAGE & PEPPER FLATBREAD	20490200000	1/4 pizza	337	186	79	21	9	0	50	747	20	1	18	2	519	2	339	2
ITALIAN SAUSAGE & PEPPER PIZZA	20490100000	1/8 pizza	490	208	79	23	9	0	50	927	48	3	23	3	704	18	325	1
ITALIAN STYLE BOARD	20383200000	1/8 tray	371	246	134	27	15	0	81	778	8	1	22	2	464	0	385	1
ITALIAN SUB 1FT	21046400000	1/4 sandwich	401	191	63	21	7	0	63	1394	32	1	23	3	525	6	269	3
ITLN SSG PIZZA TOPPING	20591000000	2 oz.	192	144	36	16	4	0	40	330	3	1	9	0	0	1	40	1
JACKBY CHEESE 1LB	20629200000	1 oz.	106	82	55	9	6	0	30	162	0	0	6	0	405	0	203	0
JALAPENO CHED PECAN SPREAD	20495900000	2 oz.	177	138	60	15	7	0	39	278	3	0	7	1	362	0	193	0
JALAPENO CHEDDAR SAUSAGE WRAP	21047200000	1 Wrap	541	333	122	37	14	0	69	1810	33	1	18	0	249	3	0	2
JALAPENO CHEDDAR SAUSAGE WRAP 1EA	20415500000	1 wrap	577	332	111	37	12	0	69	1736	42	1	19	0	249	3	0	3
JALAPENO POPPER DIP	20658400000	4 oz.	324	263	158	29	18	0	97	727	2	0	12	1	929	1	190	0
JALAPENO POPPERS 1LB	20629500000	3 oz.	220	124	53	14	6	0	19	744	17	2	7	3	259	2	162	0
JALAPENO SAUSAGE KOLACHE	20194700000	1 kolache	283	163	63	18	7	0	40	692	30	1	0	7	1254	0	6	3
JAPANESE NOODLE SALAD	25975	2 oz.	112	58	8	6	1	0	0	98	11	3	2	1	433	11	6	1
JEWEL RSTD VEGGIES	20054000000	4 oz.	112	32	3	4	0	0	0	189	13	4	7	6	1097	34	178	2
JUST FOR KIDS FRUIT CUPS	20204000000	1 cup	99	4	1	0	0	0	0	18	23	3	2	18	1711	76	26	1
KALE & GOLDEN BEET SALAD	20861700000	1/2 Salad	362	138	38	15	4	0	9	1174	48	5	9	32	3402	46	136	2
KALE BEET SALAD SC	20695600000	4 oz.	242	92	26	10	3	0	6	782	32	3	6	22	2268	31	91	1
KALE CRANBERRY SALAD	20594500000	1 salad	702	277	22	31	2	0	0	943	76	7	30	35	1236	70	152	2
KERRYGOLD CHEDDAR AGED	20970500000	2 oz.	245	164	109	18	12	0	51	425	6	0	14	0	608	0	405	0
KERRYGOLD DUBLINER 1LB	20038400000	2 oz.	245	164	109	18	12	0	51	425	6	0	14	0	608	0	405	0
KEY LIME PIE	20623800000	1 slice	606	234	153	26	17	2	250	240	82	1	11	67	300	0	40	2
KEY LIME PIE 1EA	20623800000	1 slice	606	234	153	26	17	2	250	240	82	1	11	67	300	0	40	2
KIDS HAM & CHEESES SNDWCH	26266	1 wedge	74	26	13	3	1	0	17	324	6	1	6	1	101	0	94	0
KIDS PIMENTO CHEESE SNDWCH	26265	1 wedge	118	81	25	9	3	0	15	179	6	1	4	1	177	3	135	0
KIDS SNACK PACK	20074500000	1/2 package	271	80	40	9	4	0	9	243	44	2	4	27	62	1	39	1
KIDS TURKEY & CHEESE SNDWCH	26264	1 wedge	74	26	11	3	1	0	17	320	6	1	7	1	101	0	94	1
KING RNCH CASSEROLE 1LB	20868100000	8 oz.	260	98	44	11	5	0	49	1451	22	3	19	3	395	12	197	1
KRAB SALAD 1LB	20826200000	3 OZ.	180	115	23	13	3	0	16	394	11	0	6	3	304	1	55	0
KRAB SALAD 1LB	3625	2 oz.	120	76	15	8	2	0	11	257	7	0	4	2	201	1	33	0
KRAB SALAD SNACK PACK	20695800000	1 container	764	462	205	51	23	0	109	1208	47	1	30	18	1335	4	701	1
KRETSCHMAR BEEF BOLOGNA P/S	20076500000	3 oz.	9	7	3	1	0	0	2	32	0	0	0	0	0	0	0	0
KSAR NUT MIX	20976500000	1 oz.	146	92	15	10	2	0	0	103	8	3	5	4	24	0	27	7
LA CHONA CUERITOS PICADITOS	20745000000	2 oz	59	27	14	3	2	0	10	600	0	0	8	0	0	0	0	0
LA CHONA OAXACA	20194000000	2 oz.	166	109	73	12	8	0	20	547	2	0	12	0	1013	0	810	1
LA PATRONA SALSA FRESCA	20065000000	2 oz.	15	0	0	0	0	0	0	473	4	0	0	2	189	7	0	1
LARGE SPAGHETTI W/SAUCE 1EA	20876800000	1 order	1367	514	202	57	22	0	111	2450	152	13	61	15	6705	40	528	10
LASAGNA AL FORNO 1LB	20876600000	8 oz.	505	295	103	33	11	0	102	1162	28	4	25	7	2605	15	331	2
LATIN STYLE SHRIMP COCKTAIL	20289900000	4 oz.	102	50	5	6	1	0	56	803	6	1	7	2	121	11	17	0
LEAF LETTUCE LARGE ADDON	61719	2 oz	9	1	0	0	0	0	0	17	2	1	1	0	4198	5	21	0
LEAF LETTUCE SMALL ADDON	61718	1 oz	5	0	0	0	0	0	0	8	1	0	0	0	2099	3	11	0
LEMON BASIL SALMON	20906400000	6 oz.	300	167	33	19	4	0	94	1253	1	0	32	0	433	7	25	1
LEMON CAPELLINI	20441400000	4 oz.	235	131	15	15	2	0	4	664	21	2	5	1	243	10	32	1
LIT CHKN SALAD SNDWCH	26261	1 sandwich	427	114	11	13	1	0	53	889	50	7	29	8	2604	13	151	3
LITE CHKN SALAD TOMATO	26263	1 package	287	132	17	15	2	0	79	586	14	3	27	6	4036	35	56	1
LITTLE HAMMIES PACK	20094500000	1 sandwich	352	207	103	23	11	0	28	501	24	1	13	11	824	0	169	1
LOADED BAKED POTATO	65477301054	8 oz.	272	163	82	18	9	0	45	816	20	0	7	2	680	5	136	0
LOADED CAULIFLOWER	20381600000	4 oz.	232	189	61	21	7	0	34	331	6	1	6	2	339	31	112	0

Deli/Food Service Cont.

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LOADED MASHED POTATOES 1LB	20005700000	4 oz.	213	130	51	14	6	0	21	629	16	1	5	2	397	7	95	0
LW BANANA ROLLUPS	20377900000	1 rollup	541	203	26	23	3	0	0	339	73	17	12	27	62	33	47	1
LW CHICKEN SALAD & VEG SNACK PACK	20457500000	1 container	369	160	35	18	4	0	60	956	25	6	27	5	936	167	73	2
LW VEGGIE MIGAS	20378000000	4 oz.	99	40	6	4	1	0	2	237	9	2	6	4	462	8	29	0
MAC & BEEF GOULASH	20658500000	8 oz.	213	106	35	12	4	0	36	737	15	2	11	4	548	26	55	2
MAC & CHEESE 8 OZ	61685	4 oz.	463	241	145	27	16	0	80	1250	39	2	16	5	1786	0	357	2
MACARONI & CHEDDAR SC	20665200000	4 oz.	161	48	24	5	3	0	13	616	22	1	6	3	179	0	36	1
MACARONI & CHEESE 1LB	20869900000	4 oz.	230	120	72	13	8	0	40	623	20	1	8	3	890	0	178	1
MAGHERITA FLATBREAD	20391300000	1/4 pizza	213	95	48	11	5	0	24	874	20	1	10	2	679	5	200	2
MAHOGAN Y CHICKEN	20480800000	1 breast	363	87	5	10	1	0	53	999	49	3	20	36	33	0	10	1
MAHOGAN Y CHICKEN MEAL COLD	20481200000	1 meal	540	140	13	16	1	0	53	1962	75	6	25	38	1017	7	40	3
MANCHEGO BOARD	20743900000	3.5 oz.	375	253	126	28	14	0	56	563	20	3	16	6	293	1	594	1
MANGO RELISH	20343800000	2 oz.	57	0	0	0	0	0	0	172	14	0	0	9	233	11	0	0
MAPLE LEAF JACK HABANERO	20182500000	1 oz.	111	82	55	9	6	0	30	192	0	0	6	0	304	0	203	0
MARINATED SUMMER VEGGIE SALAD	25991	2 oz.	47	33	5	4	1	0	0	159	3	1	1	1	480	27	12	0
MARKET BLEND VEGGIES	20869000000	4 oz.	94	68	30	8	3	0	0	454	5	1	2	2	946	42	26	1
MARKET BURGER 1EA	20632300000	1 Burger	809	466	155	52	17	0	151	1319	48	2	38	11	1476	10	90	6
MARKET STREET CHEESE BALL 1EA	20440600000	3 oz.	327	239	121	27	13	0	71	441	11	0	11	6	764	0	243	0
MARKET VEGGIE PIZZA	20490300000	1/8 pizza	428	155	65	17	7	0	30	733	49	3	19	5	1851	11	322	1
MASHED POTATO 8 OZ	61686	4 oz.	154	73	22	8	2	0	8	559	19	2	2	2	81	7	32	0
MASHED POTATOES 4OZ	20487800000	4 oz.	154	73	22	8	2	0	8	559	19	2	2	2	81	7	32	0
MASHED POTATOES 8OZ	20487900000	4 oz.	154	73	22	8	2	0	8	559	19	2	2	2	81	7	32	0
MASHED POTATOES COLD 1LB	20326600000	4 oz	153	73	22	8	2	0	8	557	19	2	2	2	81	7	32	0
MEAT LOAF 1EA	20821600000	7 oz.	431	198	72	22	8	0	95	912	23	3	35	11	100	9	80	5
MEATBALL CALZONE 1EA	20514400000	1/2 Calzone	294	126	45	14	5	0	25	600	30	2	12	2	200	4	150	3
MEATBALL FLATBREAD	20490700000	1/4 pizza	318	172	84	19	9	0	46	768	19	1	18	1	532	1	345	2
MEATBALL LARGE ADD ON	61261	2 oz.	305	228	91	25	10	0	61	749	2	1	17	0	101	1	101	2
MEATBALL MELT PACK	20723200000	1 sandwich	269	131	65	15	7	0	46	508	22	2	13	8	514	2	33	1
MEATBALL PIZZA	20490600000	1/8 pizza	475	200	87	22	10	0	47	919	46	2	23	2	508	1	331	1
MEATBALL SMALL ADDON	61722	2 oz.	152	114	46	13	5	0	30	375	1	1	9	0	51	1	51	1
MEATLOAF MEAL-COLD	20727900000	1 meal	782	386	128	43	14	0	115	1616	53	7	46	20	589	29	193	6
MEDITERRANEAN BALSAMIC OLIVES 1LB	20341300000	2 oz.	96	83	15	9	2	0	1	709	2	1	1	1	93	0	42	1
MEDITERRANEAN CHICKEN SALAD 1LB	3568	2 oz.	71	43	6	5	1	0	15	225	2	0	5	1	387	13	11	0
MEDITERRANEAN FLATBREAD PIZZA	20491700000	1/4 pizza	322	176	73	20	8	0	33	890	21	2	15	3	1229	30	330	2
MEDITERRANEAN SALAD 1LB	3563	2 oz.	56	30	5	3	1	0	1	105	5	2	1	1	373	17	15	0
MEDIUM BURRITO TRIPAS 1EA	20655500000	2 oz	56	8	3	1	0	0	0	41	10	0	2	0	0	0	18	1
MENUDO 16OZ	20065700000	16 oz.	174	62	20	7	2	0	162	1266	9	3	19	1	581	2	108	2
MENUDO BY THE BUCKET	20418800000	8 oz.	87	31	10	3	1	0	81	633	5	2	9	0	291	1	54	1
MENUDO BY THE BUCKET-COLD	20377600000	8 oz.	87	31	10	3	1	0	81	633	5	2	9	0	291	1	54	1
MESQUITE SMK PORK SPARERIBS 1EA	65477300299	1/4 Rack	720	544	205	60	23	0	199	1063	0	0	44	2	118	1	85	0
MEXICAN BROWN RICE SALAD	25976	2 oz.	56	11	1	1	0	0	0	176	10	1	1	1	493	4	13	0
MEXICAN RICE LARGE ADDON	61723	1 oz	68	2	0	0	0	0	0	290	15	1	1	0	0	0	9	1
MEXICAN SHRIMP COCKTAIL	20996900000	4 oz.	46	8	1	1	0	0	42	467	4	1	5	2	415	22	22	0
MILD CHEDDAR CUBED	20698300000	2 oz.	229	164	91	18	10	0	61	365	2	0	14	0	608	0	405	0
MILD CHILI ROASTED TRKY	20467900000	3 oz.	99	40	10	4	1	0	41	583	1	0	14	1	0	0	15	1
MINI TURKEY MEATLOAF	20497400000	9 oz.	447	240	69	27	8	0	118	1058	18	2	33	7	2274	11	62	4
MIXED FRUIT	20444300000	8 oz	99	4	1	0	0	0	0	18	23	3	2	18	1711	76	26	1
MIXED FRUIT SALAD 1LB	3536	2 oz.	27	1	0	0	0	0	0	5	7	1	0	5	485	14	6	0
MIXED GREEK SALAD	25974	2 oz.	105	89	22	10	2	0	6	256	2	1	2	1	240	3	13	0
MKT STREET VEGETABLE SOUP	26023	8 oz	77	32	4	4	0	0	0	529	10	2	2	5	1327	42	44	1
MLTIGRN RSTD CHKN PANINI 1EA	20047800000	1/2 sandwich	403	203	78	23	9	0	63	517	27	2	22	1	548	41	269	3
MLTIGRN TRKY MUFFALETTA PANINI 1EA	20047900000	1/2 sandwich	360	172	51	19	6	0	42	663	27	2	20	0	356	4	263	2
MOHO ROJO PORK	20074200000	6 oz.	191	59	10	7	1	0	74	945	8	2	25	2	72	5	34	2
MOJO GLAZED WINGS COLD	20745600000	4 oz.	267	191	45	21	5	0	101	504	5	0	14	0	0	0	0	0
MONTEREY JACK CUBED	20699100000	1 oz.	111	82	46	9	5	0	30	172	1	0	7	0	304	0	203	0
MONTEREY CHICKEN SANDWICH	20772800000	1 Sandwich	797	383	155	43	17	0	157	1935	42	4	61	10	3288	42	294	3
MOROCCAN BULGAR WHEAT	25977	2 oz.	109	20	1	2	0	0	0	43	19	3	3	5	463	3	29	1

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MOZZ & PROSCIUITTO CHICKEN 1EA	20972900000	1 breast	528	204	58	23	6	0	162	1247	28	2	53	2	486	8	243	2
MOZZARELLA BROCHETTES	20774000000	1 Brochette	125	85	34	9	4	0	14	136	6	3	4	1	608	8	72	2
MOZZARELLA ROULADES	24770	2 oz.	100	69	29	8	3	0	20	195	2	1	5	0	492	20	165	0
MOZZARELLA ROULADES	20774100000	2 oz.	100	69	29	8	3	0	20	195	2	1	5	0	492	20	165	0
MRKT STRT PARTY MIX	20396400000	2	272	150	28	17	3	0	0	546	26	3	6	3	419	4	68	6
MS BACON EGG CHS BISCUIT 1EA	20072800000	1 biscuit	699	445	179	49	20	5	354	2183	30	1	34	3	575	0	135	2
MS BISC & SAUSAGE PLATE DBL	20188700000	1 biscuit	827	479	148	53	16	11	81	2514	61	1	26	7	101	0	20	4
MS BISC/SSGE PLATE SNGL	20204600000	1 biscuit	827	479	148	53	16	11	81	2514	61	1	26	7	101	0	20	4
MS BISCUIT & GRAVY	20204700000	1 biscuit	484	206	57	23	6	11	0	1795	61	1	9	7	0	0	20	3
MS CHEESE 16" PIZZA	20627600000	1	389	154	73	17	8	0	40	696	40	2	19	2	550	1	352	1
MS CHEESE FLATBREAD	20490900000	1/4 pizza	299	156	84	17	9	0	46	672	19	1	17	1	659	1	420	1
MS CHOP SALAD	20502400000	1 salad	746	545	159	61	18	0	64	1723	29	11	21	11	7552	40	370	2
MS CREOLE GUMBO	26025	8 oz	231	119	25	13	3	0	30	804	18	1	10	3	290	4	16	1
MS GRAB N GO CHEESE TRAY	20362900000	3 oz.	283	195	125	22	14	0	65	512	4	0	18	2	702	0	522	0
MS GRAB N GO FRUIT TRAY	20363100000	4 oz.	48	2	0	0	0	0	0	18	11	1	1	9	990	26	29	0
MS GRAB N GO SALAMI&CHEDDAR TRAY	20363000000	2 oz.	205	151	86	17	10	0	56	520	1	0	13	0	409	0	272	0
MS GRAB N GO VEGGIE TRAY	20363200000	3 oz.	31	8	1	1	0	0	0	44	4	2	2	2	463	26	18	0
MS GRILLED COB SALAD MED 1EA	20453800000	1 salad	615	333	154	37	17	0	469	1894	15	5	54	8	3063	32	502	4
MS HOLIDAY TURKEY BREAST 1LB	20624900000	6 oz.	207	84	21	9	2	0	83	1201	2	0	29	2	4	0	30	2
MS ITALIAN SAUS 16" PIZZA 1EA	20627700000	1/8 pizza	461	224	75	25	8	0	45	763	40	2	19	2	404	1	275	1
MS PEPPERONI 16" PIZZA 1EA	20627500000	1 slice	454	186	82	21	9	0	43	950	46	2	21	2	530	1	302	1
MS PRIMO 10" PIZZA 1EA	20581300000	1	483	282	131	31	15	0	77	1353	24	1	27	2	813	9	503	2
MS PRIMO 16" PIZZA 1EA	20627400000	1/8 Pizza	621	283	109	31	12	0	66	1507	55	3	30	4	652	10	360	2
MS SAUSAGE BALLS	20457300000	1 Ball	179	136	51	15	6	0	40	393	2	0	9	0	103	0	31	1
MS SAUSG EGG CHS BISCUIT 1EA	20072700000	1 sandwich	885	525	175	58	19	8	373	2364	52	1	38	5	678	0	144	4
MS SMOTHERED MEATBALLS	20498100000	4 oz.	217	147	59	16	7	0	35	640	6	2	11	3	1445	9	103	1
MS SPICY CRACKERS	20291100000	2 oz.	175	156	23	17	3	0	0	466	5	0	0	0	241	0	1	0
MS TUNA SALAD 1LB	20341500000	2 oz.	132	94	14	10	2	0	21	252	2	0	8	1	135	1	5	0
MS VEGETABLE RUSTICA 16" PIZZA 1EA	20595200000	1 slice	288	54	10	6	1	0	4	591	49	4	10	4	1675	32	61	2
MS VEGGIE FLATBREAD	20490400000	1/4 pizza	260	123	63	14	7	0	30	596	21	1	14	3	1424	8	332	2
MTO PEPPER JACK ADD ON	61294	1 SLICE	107	72	48	8	5	0	27	187	0	0	7	0	0	0	201	0
MULTIGRAIN HM/CHDR PANINI 1EA	20413600000	1/2 sandwich	902	362	154	40	17	0	147	1805	75	6	60	7	1095	12	588	6
MULTIGRAIN PANINI BRD LF	20284000000	1 Slice	145	31	0	3	0	0	0	25	24	2	5	0	0	2	20	2
MULTIGRN GRLLD VEGGIE PANINI 1EA	20414100000	1/2 sandwich	349	181	74	20	8	0	36	271	29	3	13	2	2072	50	288	3
MUSHROOM & ROASTED GARLIC FLAT'ZA	20977100000	1/4 pizza	449	235	84	26	9	0	38	908	35	2	19	2	574	3	413	1
MUSHROOMS LARGE ADDON	61724	1 oz	43	29	5	3	1	0	0	17	2	1	2	1	22	1	2	0
MUSHROOMS SMALL ADDON	61725	1 oz	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MUSTARD GLZD BRUSSEL SPROUTS W/BCN	20744400000	4 oz.	88	34	14	4	2	0	8	432	9	3	5	5	451	40	181	1
MUSTARD POTATO SALAD 1LB	20433200000	4oz	151	60	11	7	1	0	4	703	20	3	3	3	0	0	7	1
MUSTARD VINIAGRETTE POTATO SALAD	25978	2 oz.	95	62	5	7	1	0	0	89	7	1	1	0	198	11	8	0
MYZITHRA GREEK	20408300000	1 oz.	71	46	36	5	4	0	15	962	1	0	6	1	203	0	0	0
N.Y. DELI WRAP	20997400000	1 Wrap	465	218	104	24	12	0	79	1586	29	3	33	5	2275	2	269	3
NAVAJO CHICKEN WRAP 1EA	20061300000	1 wrap	569	243	52	27	6	0	49	1913	60	6	22	8	4065	22	148	3
NEW ENGLAND CLAM CHOWDER	26028	8 oz.	318	198	126	22	14	0	90	959	21	1	9	5	250	9	100	1
NEW YORK CHEESE CAKE	21045600000	1 SLICE	532	329	193	37	21	2	179	389	41	1	10	33	794	0	87	1
NEW YORK CHEESECAKE SLICED 1EA	20816700000	1 slice	533	329	193	37	21	2	179	390	41	1	10	33	796	0	87	1
NM GRILLED CHICKEN BREAST	20440400000	1 Breast	23	18	0	2	0	0	93	800	1	0	0	1	0	0	27	1
NUESKE CANADIAN BACON SLICED 1LB	20420600000	2 oz.	153	4	0	0	0	0	0	181	32	1	5	0	19	0	9	2
NUTELLA STRWBRY BAKED BRIE	20612100000	3 oz.	258	162	70	18	8	3	28	379	16	1	8	1	226	7	163	1
NUTELLA STRWBRY BRIE COLD	20611600000	3 oz.	217	149	89	17	10	0	30	427	6	1	11	1	406	12	306	0
NY DELI WRAP	21046900000	1 Wrap	546	303	126	34	14	0	104	2009	28	3	37	4	2015	2	513	3
OKRA/ TOMATOES 16OZ	20489600000	4 oz.	41	0	0	0	0	0	0	454	8	2	2	5	45	14	45	0
OKRA/TOMATOES 4OZ	20489400000	4 oz.	41	0	0	0	0	0	0	454	8	2	2	5	45	14	45	0
OLD FASH CORNBREAD DRESSING 1LB	20623000000	4 oz.	159	46	10	5	1	0	11	599	24	1	5	2	0	1	45	1
OLD FASHION HAM SALAD 1LB	20580700000	3 oz.	205	156	26	17	3	0	28	517	5	0	8	3	78	9	3	0
OLD FASHION POTATO SALAD 1LB	20004300000	4 oz.	202	131	22	15	2	0	55	500	15	2	3	1	101	0	11	1
OLIVES LARGE ADDON	61726	.5 oz	50	43	0	5	0	0	0	246	2	2	0	0	0	0	0	0

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
OLIVES SMALL ADDON	61727	.5 oz	25	21	0	2	0	0	0	123	1	1	0	0	0	0	0	0
ORANGE BNLS WINGS COLD	20672500000	4 oz.	423	309	36	34	4	0	19	667	19	0	9	6	0	1	13	0
ORANGE BONELESS WINGS HOT	20673000000	1 wing	89	45	6	5	1	0	7	257	7	0	3	2	0	0	5	0
ORANGE CRANBERRY CARROTS	20658100000	4 oz.	203	103	15	11	2	0	0	132	20	3	5	11	396	7	26	1
ORANGE SESAME KALE	25979	2 oz.	88	44	7	5	1	0	0	73	9	2	2	6	1	2	10	1
ORECCHIETTA CON POLLO 1EA	20392300000	1 order	888	333	64	37	7	0	53	1822	105	8	34	12	4969	32	126	5
ORECCHIETTE SPINACH SALAD 1LB	3562	2 oz.	126	85	20	9	2	0	11	339	7	2	3	0	2991	8	95	8
OREO COOKIES & CREME	21045500000	4 oz	113	60	60	7	7	0	0	19	11	0	0	9	0	0	0	0
ORIG SUPER SPUDS-DBL 1EA	20005000000	1 potato	1216	488	236	54	26	0	197	2123	117	9	65	9	2449	61	836	7
ORIGINAL SPUDS 1EA	20859000000	1 potato	887	567	264	63	29	0	87	1235	51	4	29	4	2856	27	367	3
ORIGINAL SWEET SUPER SPUD	20410700000	2 oz.	144	9	2	1	0	0	0	295	29	1	5	1	0	1	0	3
ORNG-BLUBRY PARFAIT	20060700000	1 Parfait	291	72	0	8	0	0	4	84	44	4	11	18	918	17	199	1
ORZO SALAD 1LB	3561	2 oz.	59	43	13	5	1	0	4	341	2	0	2	1	368	21	12	0
ORZO W/RICCOTTA & MINT	25992	3oz	160	65	8	7	1	0	0	2	20	1	3	2	215	4	16	1
PARMESAN CRISP	20510500000	1 crisp	64	41	23	5	3	0	13	141	0	0	6	0	129	0	225	0
PARMESAN ENCRUSTED KKN BRST	20699900000	1 breast	206	84	16	9	2	0	49	248	13	1	17	1	36	0	32	1
PEACH COBBLER 1LB	20634600000	4 oz.	259	109	44	12	5	0	0	275	35	2	2	20	330	40	22	1
PEANUT BUTTER CARAMEL CAKE	20480300000	1 slice	922	414	216	46	24	1	100	870	112	6	15	77	750	9	20	5
PEARL COUS COUS ITALIANO 1LB	3560	2 oz.	132	113	15	13	2	0	1	163	4	1	1	0	392	19	29	3
PECAN COBBLER	20368000000	4 oz	493	153	36	17	4	0	170	180	79	1	6	40	0	0	20	0
PECAN CRUSTED TROUT	20941300000	1 fillet	350	207	41	23	5	0	85	420	9	2	28	2	100	2	100	1
PECAN TROUT ALA CARTE 7OZ	20310000000	1 Fillet	350	207	41	23	5	0	85	420	9	2	28	2	0	0	0	0
PECORINO ROMANO 1/4 WHEEL 1LB	20408500000	2 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PENNE DOLCELATTE 1EA	20392500000	1 Order	1013	482	160	54	18	1	64	1616	105	10	27	8	4500	101	362	11
PEPPER & SSGE PORTOBELLO GRILLERS	20984700000	1/2 Mushroom	407	323	168	36	19	0	91	842	2	1	19	2	959	18	133	0
PEPPER JACK CUBED	20699000000	1 oz.	111	82	46	9	5	0	30	172	1	0	7	0	304	0	203	0
PEPPERED TURKEY W/JACK 1EA	20607800000	1 sandwich	554	178	56	20	6	0	79	1733	52	7	42	9	1982	14	336	4
PEPPERJACK LARGE ADDON	61728	1 SLICE	214	144	96	16	11	0	53	374	0	0	13	0	0	0	401	0
PEPPERONI & CHEESE PACK	20395300000	2.5 oz.	254	187	111	21	12	0	60	540	1	0	15	0	530	1	204	0
PEPPERONI & HERB FLAT'ZA	20977000000	1/4 pizza	394	185	88	21	10	0	46	1053	33	1	19	2	514	1	365	1
PEPPERONI CALZONE 1EA	20514300000	1/2 Calzone	364	180	72	20	8	0	40	810	30	1	16	1	200	12	80	3
PEPPERONI FLATBREAD	20490500000	1/4 pizza	303	163	81	18	9	0	43	814	19	1	16	1	555	1	319	1
PEPPERONI LARGE ADDON	61729	2 oz.	567	437	164	49	18	0	41	1580	4	0	24	0	0	0	0	0
PEPPERONI PIZZA SLICE	61675	1 SLICE	342	198	91	22	10	0	49	924	18	1	18	1	506	5	304	2
PEPPERONI PIZZA STICK	21047300000	1 STIX	224	72	0	8	0	0	20	470	30	2	8	3	300	0	140	2
PEPPERONI PIZZA STIX 1EA	20652500000	1 stick	347	195	13	22	1	0	20	470	30	2	8	3	300	0	140	2
PEPPERONI PIZZA STIX 2PK 1EA	20810700000	1 stick	227	75	0	8	0	0	20	468	30	2	8	3	299	0	139	2
PEPPERONI SMALL ADDON	61730	2 oz.	284	219	82	24	9	0	20	790	2	0	12	0	0	0	0	0
PESTO & SNDRD TOM MOZZ	20270600000	2 oz.	181	145	67	16	7	0	33	92	1	0	8	0	385	0	166	1
PESTO ARTICHOKE BAKED BRIE	20611200000	3 oz.	256	182	62	20	7	3	25	436	11	1	8	1	416	12	173	1
PESTO CHICKEN 1LB	20390800000	8 oz.	335	144	27	16	3	0	111	388	3	0	45	2	297	43	73	2
PHILLY CHEESE STEAK 1EA	20429000000	1 Sandwich	1181	637	290	71	32	0	215	1734	63	4	73	7	584	67	131	7
PHILLY STEAK SMALL ADDON	61731	2 oz.	136	91	36	10	4	0	38	35	0	0	11	0	0	0	0	1
PIAVE VECCHIO	20731500000	1 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PICA DE GALLO FRESH 1LB	20830100000	4 oz.	32	0	0	0	0	0	0	304	6	0	2	0	435	30	1	0
PICADILLA - COLD	20398500000	4 oz.	181	116	39	13	4	0	40	514	6	0	10	1	42	10	16	1
PICADILLA BURRITO COLD	20360600000	1/2 burrito	358	195	62	22	7	0	39	1039	25	4	15	2	406	20	128	2
PICADILLO 1LB	20059300000	4 oz.	181	116	39	13	4	0	40	514	6	0	10	1	42	10	16	1
PICNIC PASTA SALAD	20289400000	4 oz.	297	237	57	26	6	0	18	833	9	1	6	3	240	10	15	1
PICO DE GALLO	61303	1 oz	8	0	0	0	0	0	0	61	2	0	1	0	101	8	0	0
PICO DE GALLO LARGE ADDON	61732	1 oz	16	0	0	0	0	0	0	122	3	0	1	0	203	15	0	0
PIMENTO CHEESE	21044500000	4 oz	1008	845	268	94	30	1	159	1421	10	0	31	3	1894	36	854	1
PIMENTO CHEESE 1LB	20885100000	3 oz.	378	317	100	35	11	0	60	533	4	0	12	1	710	14	320	0
PIMENTO CHESSE SANDWICH ,67VK	20600400000	1 sandwich	723	420	122	47	14	0	73	1160	54	2	22	5	862	16	468	2
PINEAPPLE CHERRY FLUFF	20744700000	4 oz.	249	83	44	9	5	0	9	54	37	0	3	32	74	5	98	0
PINEAPPLE LARGE ADDON	61733	1 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PINEAPPLE SALSA	20887100000	2 oz.	48	0	0	0	0	0	0	114	11	0	0	7	116	16	5	0

Deli/Food Service Cont.

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PINEAPPLE SMALL ADDON	61734	1 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PINTO BEANS 1LB	3537	4 oz.	104	25	10	3	1	0	5	93	14	3	6	1	34	2	28	1
PINTO BEANS 4OZ	20487000000	4 oz.	104	25	10	3	1	0	5	93	14	3	6	1	34	2	28	1
PINWHEEL SNACKER TRAY	20625200000	2 pinwheels	184	93	53	10	6	0	35	557	10	1	13	1	969	2	71	1
PIZZA SAUCE BY LB	20415300000	2oz	36	13	0	1	0	0	0	247	5	1	1	3	713	3	0	0
POLLO ASADO VEGETABLES	20190700000	4 oz.	23	2	0	0	0	0	0	6	4	1	1	2	347	41	12	0
POLLO TORTELLINI SALAD 1LB	3559	2 oz.	105	51	15	6	2	0	16	294	8	0	6	1	298	11	50	1
POLLO TORTILLA SOUP 1LB	3602	8 oz.	134	80	19	9	2	0	27	717	6	0	7	2	475	0	34	1
POMODORO SAUCE 16OZ	3510	8 oz.	191	82	24	9	3	0	0	871	24	5	4	15	6350	38	73	1
PORK AU POIVRE	20497600000	1 pork chop	372	165	59	18	7	0	109	2439	9	1	43	3	28	5	23	2
PORK LOIN PER LB 1LB	20594000000	8 oz.	320	142	56	16	6	0	108	1793	3	0	42	0	26	3	10	1
PORK TAMALES 6PK HOT	20062500000	2 tamales	302	126	27	14	3	0	40	700	26	2	18	14	800	0	200	2
PORK TAMALES 6PK COLD 6CT	20072200000	2 tamales	302	126	27	14	3	0	40	700	26	2	18	14	800	0	200	2
PORK TAMALES/ DZN	20368100000	2 tamales	302	126	27	14	3	0	40	700	26	2	18	14	800	0	200	2
PORK TAMALES-COLD DZN	20374700000	2 tamales	302	126	27	14	3	0	40	700	26	2	18	14	800	0	200	2
PORTABELLA GOAT CHEESE FLATBREAD	20391400000	1/4 Pizza	323	179	84	20	9	0	43	624	20	1	16	2	599	35	358	2
POT ROAST W/VEGETABLES 1LB	20603500000	7 oz.	268	160	53	18	6	0	69	617	12	2	17	2	479	14	17	3
POTATO EGG AND CHEESE BURRITO	21043700000	1 BURRITO	526	245	124	27	14	0	244	1036	44	2	26	0	818	0	445	3
POTATO LARGE ADDON	61735	1 oz	51	0	0	0	0	0	0	13	11	1	1	0	0	0	0	1
POTATO SMALL ADDON \$	61306	1 oz	25	0	0	0	0	0	0	7	6	1	1	0	0	0	0	0
POTATO/EGG/CHEESE BURRITO	20877400000	1 burrito	526	245	124	27	14	0	244	1036	44	2	26	0	818	0	445	3
PRALINE CHEESECAKE SLICE	20219400000	1 slice	400	252	135	28	15	1	135	280	30	1	7	25	750	0	80	0
PRALINE SWEET POTATOES 1LB	20623300000	3 oz.	244	145	8	16	1	0	0	153	23	2	2	16	2975	34	2	1
PRES DOMESTIC DBL CREAM BRIE 1LB	20611500000	1 oz.	105	81	45	9	5	0	30	140	1	0	5	0	400	0	100	0
PRES DOMESTIC DBL CREAM BRIE 1LB	20611500000	1 oz.	105	81	45	9	5	0	30	140	1	0	5	0	400	0	100	0
PRIME RIB PER LB 1LB	20593900000	8 oz.	394	123	46	14	5	0	136	559	1	0	67	0	1	0	47	4
PRIME RIB SANDWICH 1EA	20858900000	1/2 sandwich	325	150	58	17	6	0	52	464	23	2	21	4	473	14	142	2
PRIME RIB SOUP	65477301036	8 oz.	232	127	76	14	8	0	70	611	11	1	15	4	429	2	94	1
PRIMO FLATBREAD	20490800000	1/4 pizza	302	194	97	22	11	0	57	942	9	1	18	2	653	8	359	1
PROTEIN SNACK PACK	20402000000	1 package	586	318	169	35	19	0	293	810	33	7	35	9	1973	38	631	3
PROTIEN SNACK PACK	21045200000	1 package	303	108	29	12	3	0	215	369	33	7	17	9	1196	38	113	3
PS BH COLBY JACK CHS	20626200000	1 oz.	106	82	55	9	6	0	25	182	0	0	6	0	506	36	0	0
PSPAGHETTI FOR KIDS 1EA	20392800000	1 order	299	50	12	6	1	0	0	435	53	5	9	7	3175	19	36	2
PULLED CHICKEN	20773900000	4 oz.	203	134	38	15	4	0	69	551	0	0	16	0	1188	0	10	1
PULLED PORK SLIDER PACK	20094100000	1 sandwich	319	134	47	15	5	0	56	548	32	2	15	8	298	9	18	1
PUMPKIN CHEESEBALL	20393500000	1/4 ball	229	155	88	17	10	0	48	207	13	0	6	7	1864	0	23	1
PUMPKIN CHEESECAKE CUP	20394900000	1/2 Cup	265	153	90	17	10	0	52	199	21	1	7	16	2178	0	88	1
PUMPKIN TAMALES 6CT COLD	20414000000	1 tamale	141	65	29	7	3	0	14	58	19	1	0	0	1797	0	32	1
PUMPKIN TAMALES 6CT HOT	20381900000	1 tamale	141	65	29	7	3	0	14	58	19	1	0	0	1797	0	32	1
PUMPKIN TAMALES DOZ COLD	20383000000	1 tamale	141	65	29	7	3	0	14	58	19	1	0	0	1797	0	32	1
PUMPKIN TAMALES DOZ HOT	20386200000	1 tamale	141	65	29	7	3	0	14	58	19	1	0	0	1797	0	32	1
QUESO & CHILE PORK MEAL-COLD	20727700000	1 meal	823	518	246	58	27	0	195	2215	27	2	49	10	1094	20	166	3
QUESO BLANCO DIP 16OZ	20039500000	4 oz.	142	94	59	10	7	0	39	747	6	0	6	1	259	43	134	0
QUESO QUESADILLA SHRED AMIGOS	20968100000	2 oz.	192	128	91	14	10	0	41	506	2	0	14	0	608	0	405	0
QUICHE BY THE SLICE 1EA	20443900000	1 slice	546	317	162	35	18	4	319	1567	74	2	25	14	575	4	361	1
QUICHE LORRAINE 1EA	20868800000	1/6 quiche	363	211	108	23	12	3	212	1043	49	1	17	9	383	2	240	1
QUINOA & GREENS SALAD	25980	2 oz.	70	29	2	3	0	0	0	113	8	1	2	0	897	20	39	1
RANCH TURKEY WRAP	21046800000	1 Wrap	532	288	105	32	12	0	80	2063	30	4	35	6	2487	10	107	2
RASPBERRY ITALIAN SODA 16 OZ	26153	1 drink	188	38	26	4	3	0	21	153	36	0	1	34	142	0	57	0
RASPBERRY ITALIAN SODA 24 OZ	26154	1 drink	250	51	34	6	4	0	28	227	48	0	2	46	189	0	76	0
RASPBERRY PRALINE BRIE	20361700000	3 oz.	255	161	79	18	9	0	28	393	14	1	10	12	377	3	288	0
RAY'S BISCUIT MEAT GRAVY	20626300000	4 oz.	141	47	16	5	2	0	0	156	23	0	1	16	0	0	52	0
RAY'S CHICKEN SALAD	20638900000	4 oz.	215	103	19	11	2	0	46	627	10	0	14	10	1	1	12	0
RAY'S CHICKEN SALAD SANDWICH	20729500000	1 sandwich	507	142	19	16	2	0	46	1195	65	2	23	14	1009	3	103	3
RAY'S CHICKEN SALAD SNACK PACK	20729600000	1 pack	750	412	167	46	19	0	133	1340	45	1	37	24	929	3	638	1
RAY'S HOT SALSA	20639200000	3 oz.	24	1	0	0	0	0	0	317	5	1	1	2	310	7	29	1
RAY'S MED SALSA	20639100000	3 oz.	24	0	0	0	0	0	0	323	5	1	1	2	310	7	29	1

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
RAYS MILD SALSA	2063900000	3 oz.	24	0	0	0	0	0	0	326	5	1	1	2	306	7	29	1
RED APPLE CUBED CHEESE 1LB	2051110000	1 oz.	86	79	52	9	6	0	30	180	0	0	2	0	300	0	200	0
RED CHILE HONEY MUSTARD 1LB	3558	2 oz.	344	297	40	33	4	0	15	183	11	0	0	10	60	0	0	0
RED DRAGON W/MUSTARD SEED 1LB	2052240000	1 oz.	104	75	41	8	5	0	18	187	1	0	6	0	354	0	182	0
RED ONION SMALL ADDON	61737	.5 oz	5	0	0	0	0	0	0	1	1	0	0	1	0	1	3	0
RED PEPPER AIOLI 1LB	3519	1 T.	165	158	24	18	3	0	10	141	2	0	0	1	98	4	0	0
RED QUINOA SALAD	25951	2 oz.	132	54	7	6	1	0	0	94	16	2	4	2	49	3	19	2
RED SLASA SMALL ADD ON	61480	.5 oz	4	0	0	0	0	0	0	132	1	0	0	0	142	1	0	0
RED VELVET FUSION CAKE SLICE	2047990000	1 slice	737	405	225	45	25	2	73	570	73	2	10	55	1000	0	100	2
REFRIED BEANS LARGE ADDON	61739	1 oz	105	26	5	3	1	0	1	366	15	2	5	0	89	2	33	2
REFRIED BEANS SMALL ADDON \$	61307	1 oz	52	13	3	1	0	0	1	183	7	1	2	0	45	1	17	1
RICE PUDDING 1LB	2002420000	4 oz.	322	65	43	7	5	0	36	168	59	0	5	5	241	0	50	1
RICE SIDE 4oz AMIGOS	2066320000	4 oz.	121	4	0	0	0	0	0	643	26	1	3	1	380	2	33	2
ROASTED CHICKEN SLIDER PACK	2072230000	1 slider	232	99	51	11	6	0	51	447	20	1	14	8	168	2	103	1
ROASTED CHK MLTGRN COMBO	2005970000	4 oz.	123	73	16	8	2	0	42	326	3	1	10	1	204	44	14	1
ROASTED CHK SLIDER PACK	2095720000	2.5 oz.	165	64	19	7	2	0	32	337	16	1	9	6	34	2	7	1
ROASTED CHK SRDOU COMBO	2012710000	4 oz.	164	56	10	6	1	0	0	115	25	2	2	0	68	6	34	2
ROASTED CORN 1EA	2012910000	1 ear	319	20	4	2	0	0	0	4	66	8	9	11	0	17	0	9
ROASTED LEG QUARTERS	2062850000	1 quarter	597	433	123	48	14	0	228	986	0	0	41	2	311	2	51	2
ROASTED NEW POTATOES 1LB	2000420000	4 oz.	99	20	3	2	0	0	0	113	18	2	2	1	9	22	12	1
ROTISSERIE CHICKEN COLD 1LB	2083260000	8 oz	400	264	75	29	8	0	134	1635	0	0	32	2	2389	1	23	2
ROTISSERIE CHK BBQ 1EA	65477300295	8 oz.	402	266	76	30	8	0	135	1402	0	0	32	1	2384	0	22	2
ROTISSERIE CHK GARLIC HERB 1EA	65477300294	8 oz.	408	266	76	30	8	0	135	1261	2	0	32	0	2350	0	31	2
ROTISSERIE CHN LEMON PEPPER 1EA	65477300377	8 oz	403	265	76	29	8	0	135	1685	0	0	32	0	2350	0	22	2
ROTISSERIE CHN SOUTHWEST 1EA	65477300376	8 oz.	407	265	76	29	8	0	135	1470	1	0	32	0	2350	0	22	2
ROTISSERIE HALF CHICKEN 1EA	2081410000	1/4 Chicken	199	132	38	15	4	0	67	811	0	0	16	1	1190	0	11	1
ROTISSERIE TURKEY BRST	2014440000	6 oz.	204	82	21	9	2	0	84	942	2	0	29	2	0	0	30	2
ROUGIE BLK OF FOIR GRAS W/TRFF 11OZ	2073180000	2 oz.	158	29	7	3	1	0	2	445	27	1	5	0	188	1	19	2
RS LOADED TW BAKE POTATO SC	2095290000	1 potato	318	126	54	14	6	0	30	330	41	4	7	4	749	18	80	2
RS TRPL CHS TW BAKE POTATO SC	2095390000	1 potato	354	162	81	18	9	0	40	480	39	3	9	5	400	18	150	1
RSTD POBLANO & CHKN ALFR	2099700000	8 oz.	436	270	100	30	11	0	62	788	25	2	16	4	699	3	276	1
RTH CORNBREAD MUFFINS 6CT	2063290000	1 muffin	1096	481	90	53	10	0	201	2005	134	7	20	27	668	0	267	7
RUEBEN 1EA	2063270000	1 sandwich	506	178	84	20	9	0	90	2611	36	5	46	2	437	7	517	4
RUSTIC ITALIAN VEGETABLES 1LB	2060440000	4 oz.	49	23	3	3	0	0	0	382	5	2	1	2	334	26	18	1
SAINT ANGEL	2047160000	1 oz.	112	100	73	11	8	0	41	152	0	0	3	0	304	0	101	0
SALAD BAR CHKN SALAD 1LB	28423	2 oz.	126	89	17	10	2	0	27	297	3	0	6	2	413	0	9	0
SALAMI LARGE ADDON \$	61290	1 oz	203	155	55	17	6	0	46	932	2	0	11	1	0	0	203	1
SALAMI SMALL ADDON	61742	1 oz	101	77	27	9	3	0	23	466	1	0	6	1	0	0	101	0
SALMON BOW TIE PASTA 1LB	3556	2 oz.	175	124	9	14	1	0	0	152	11	1	2	1	113	2	7	1
SALMON CAKES	2029120000	1 cake	307	211	49	23	5	0	71	919	15	2	9	3	940	17	83	2
SALMON CEASAR	2029060000	1/2 salad	439	268	63	30	7	0	71	1371	17	3	26	3	5623	35	253	2
SALSA CON CILANTRO	2093010000	3 oz.	495	196	0	22	0	0	0	8493	60	17	15	36	9747	198	595	9
SALSA DE BOTANERA	2063470000	3 oz.	7	1	0	0	0	0	0	189	1	0	0	1	209	4	4	0
SALSA ROJA NORTENA	2006490000	2 oz.	15	0	0	0	0	0	0	529	4	0	0	2	567	5	0	0
SALSA VERDE CILANTRO	2006510000	2 oz.	15	0	0	0	0	0	0	532	4	0	0	2	0	7	0	0
SALSA VERDE NORTENA	2082520000	2 oz.	15	0	0	0	0	0	0	529	4	0	0	2	567	7	0	0
SALT & VINEGAR BONE IN WINGS COLD	2067280000	4 oz.	274	186	47	21	5	0	65	778	6	0	16	0	0	0	0	1
SALT & VNGR BONE IN WINGS HOT	2067310000	1 wing	103	70	17	8	2	0	24	291	2	0	6	0	0	0	0	0
SANTA BARBARA CHKN CROISSANT	26246	1 sandwich	268	130	43	14	5	0	31	294	23	1	12	7	214	2	14	2
SANTA BARBARA LITE CHK SALAD	2039470000	3 oz.	183	85	9	9	1	0	32	213	12	1	13	6	18	1	22	1
SANTA BARBARA LITE SNK PK	2047460000	1 package	460	158	30	18	3	0	51	826	54	2	24	22	275	162	37	3
SANTA BARBARA SNDWCH	26262	1 sandwich	501	141	12	16	1	0	42	792	60	8	30	14	2124	6	159	3
SANTA FE CHICKEN PASTA	2053530000	4 oz.	169	66	7	7	1	0	16	373	17	2	9	2	324	12	32	1
SANTA FE CORN SALAD 1LB	3555	2 oz.	51	21	1	2	0	0	0	178	6	2	1	2	313	5	9	0
SANTA FE CORN SLD 1LB	3629	2 oz.	51	21	1	2	0	0	0	178	6	2	2	2	309	5	10	0
SAUSAGE & PEPPER FLAT'ZA	2097760000	1/4 pizza	450	220	91	24	10	0	57	1348	36	3	21	2	657	10	383	1
SAUSAGE BISCUIT	2104390000	1 BISCUIT	533	256	75	28	8	7	41	1287	38	1	32	3	2	0	22	3

Deli/Food Service Cont.

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SAUSAGE BISCUIT	20900500000	1 sandwich	720	418	127	46	14	8	81	1924	49	1	26	5	101	0	20	3
SAUSAGE BREAKFAST CASSEROLE	20659600000	8 oz.	446	297	117	33	13	0	233	940	13	1	24	1	670	1	363	2
SAUSAGE BREAKFAST PIZZA SLICE	61673	1 SLICE	351	255	127	28	14	0	128	802	1	0	23	0	595	0	522	1
SAUSAGE CHEESE CROISSNT 1EA	20846700000	1 croissant	777	514	224	57	25	0	130	1388	37	2	28	6	1071	4	119	5
SAUSAGE EGG AND CHEESE BISCUIT	21044000000	1 BISCUIT	617	319	107	35	12	6	233	1583	37	1	38	3	213	0	121	3
SAUSAGE EGG AND CHEESE BURRITO	21043500000	1 BURRITO	566	319	130	35	14	0	346	1278	33	1	29	0	621	0	262	4
SAUSAGE EGG CHS BISCUIT 1EA	20870400000	1 sandwich	900	470	162	52	18	9	341	2237	52	1	55	4	667	1	176	5
SAUSAGE LUNCH PIZZA SLICE	61677	1 SLICE	291	136	50	15	6	0	35	591	24	2	14	1	329	5	177	2
SAUSAGE ON A STICK-COLD 1EA	20078300000	1 sausage	258	178	71	20	8	0	69	952	4	0	16	0	0	0	40	1
SAUSAGE PATTY & EGG BISCUIT	61805	1 BISCUIT	585	306	105	34	12	6	222	1456	34	1	36	3	434	0	115	3
SAUSAGE PIZZA INDIVIDUAL	61680	4 oz.	1174	548	245	61	27	0	141	2521	95	6	62	4	1721	20	1072	7
SAUSAGE PIZZA LARGE	61681	4 OZ	2324	1090	398	121	44	0	281	4726	196	14	114	8	2632	42	1414	16
SAUSAGE STUFFED MUSHROOMS	20109600000	2 mushrooms	270	190	73	21	8	0	52	916	4	1	16	2	157	12	107	1
SAUSAGE/ LEG 1/4 AD COMBO	20473400000	6 oz.	383	273	88	30	10	0	131	1262	2	0	25	2	171	1	44	2
SAUSAGE/EGG/POTATO/CHEESE BURRITO	20043600000	1 burrito	583	299	124	33	14	0	254	1213	43	2	28	0	516	0	242	4
SAUSAGE-EGG-CHEESE BURRITO	20043400000	1 burrito	566	319	130	35	14	0	346	1278	33	1	29	0	621	0	262	4
SAUTEED MUSHROOMS 1LB	3578	1 oz.	43	29	5	3	1	0	0	17	2	1	2	1	22	1	2	0
SEAFOOD COCKTAIL 1LB	20037200000	8 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SEAFOOD SALAD	20554600000	3 oz.	167	108	24	12	3	0	40	426	8	0	7	2	126	0	77	0
SEASONAL FISH ALA CARTE 1EA	20310100000	1 Fillet	392	193	36	21	4	0	100	667	15	0	35	9	201	25	25	1
SEASONED CHICKEN LB	20457000000	4 oz.	145	41	10	5	1	0	69	524	2	0	24	1	0	0	0	1
SESAME SUGAR SNAP PEAS 1LB	3502	4 oz.	105	53	8	6	1	0	0	512	10	2	2	4	499	26	50	1
SEVEN LAYERED DIP 1EA	20465700000	3 oz.	128	70	32	8	4	0	20	165	9	3	6	1	497	4	111	1
SHARP CHEDDAR CHEESEBALL	20612700000	2 oz.	124	91	26	10	3	0	12	96	5	0	3	2	96	0	102	0
SHEPPARDS PIE	20301400000	1/2 pot pie	584	340	99	38	11	7	56	1087	44	3	17	6	299	10	60	3
SHRED CHEESE LARGE ADDON	61744	1 oz	229	164	91	18	10	0	61	365	2	0	14	0	608	0	405	0
SHRED CHEESE SMALL ADDON \$	61305	1 oz	114	82	46	9	5	0	30	182	1	0	7	0	304	0	203	0
SHREDDED BEEF LB	20458300000	4 oz.	244	158	55	18	6	0	68	419	3	0	19	3	0	0	0	2
SHREDDED BEEF QSDLLA PK	20074800000	1/4 Quesadilla	368	212	113	24	13	0	77	856	17	0	22	1	535	8	330	2
SHREDDED BEEF QUESADILLA	20073700000	1/2 quesadilla	368	212	113	24	13	0	77	856	17	0	22	1	535	8	330	2
SHREDDED BEEF RICE BOWL	20073800000	1 bowl	543	208	73	23	8	0	68	1351	63	6	22	7	954	36	136	4
SHREDDED PARMESAN 1LB	20316000000	2 oz.	5200	3062	1968	340	219	0	972	21868	49	0	486	0	9719	0	14579	0
SHRIMP & KRAB Ceviche	20935100000	4 oz.	65	15	2	2	0	0	20	341	8	1	5	3	415	9	10	1
SHRIMP ALLA DIAVOLA	20392400000	1 order	749	182	32	20	4	0	188	1936	105	9	36	13	4901	53	118	5
SHRIMP SALAD GARISOSALATA 1LB	20447100000	4 oz.	23	8	1	1	0	0	23	295	1	0	2	1	217	4	11	0
SICILIAN MOZZARELLA	20270700000	2 oz.	200	168	65	19	7	0	31	292	0	0	8	0	336	0	155	0
SIMPLY SEASONED ROTISSERIE CHKN	20389300000	1/4 Chicken	408	267	76	30	8	0	136	1426	1	0	32	0	2360	0	25	2
SIMPLY SSND ROTISSERIE CHKN	65477300954	8 oz	405	265	76	29	8	0	135	1727	1	0	32	0	2352	0	20	2
SINGLE JALAPENO BISCUIT 1EA	20324500000	1 Biscuit	155	66	28	7	3	1	14	477	17	0	5	1	219	19	122	1
SINGLE ROLL / CORNBREAD	20324600000	1 Roll	120	31	8	3	1	0	9	198	20	1	3	3	0	0	0	1
SKILLET CORNBREAD 1EA	20445900000	3 oz.	221	64	28	7	3	0	31	362	33	2	6	13	157	4	126	1
SLICED BACON 1EA	20584500000	1 slice	112	89	38	10	4	0	21	369	0	0	6	0	0	0	0	0
SLICED SMOKED BRISKET 1LB	20813600000	1/3 lb.	396	304	128	34	14	0	98	871	2	0	21	0	356	0	0	2
SLICED WHEAT BREAD LOAF	20411200000	1 slice	126	14	0	2	0	0	0	250	22	3	6	3	0	0	60	1
SLICED WHITE BREAD LOAF	20411100000	1 slice	134	18	0	2	0	0	0	260	25	1	4	2	0	0	40	1
SLIDER SNACKER TRAY	20625300000	1 sandwich	200	56	33	6	4	0	38	609	22	1	14	7	773	2	34	1
SMKD CHED JALAP MEATLOAF 1LB	20445600000	4 oz.	277	168	75	19	8	0	88	746	10	1	17	3	490	3	102	2
SMKD CHK SALAD SANDWICH	20073300000	1/2 sandwich	323	196	30	22	3	0	31	543	21	3	11	3	1046	2	68	1
SMKD CLUB PANINI	20101500000	1 sandwich	945	506	215	56	24	0	165	2294	53	4	57	8	1475	79	437	4
SMOKED CHICKEN LEG QUARTERS 1EA	65477300448	8 oz	524	379	108	42	12	0	200	508	0	0	36	1	235	1	42	2
SMOKED CHICKEN SALAD	20495700000	4 oz.	365	308	51	34	6	0	57	627	2	1	12	1	0	1	19	1
SMOKED GOUDA FINGER SNDWH	26237	1 wedge	164	118	32	13	4	0	16	275	8	0	4	1	145	3	54	0
SMOKED GOUDA PIMENTO SPREAD	21044400000	4 oz	1064	932	261	104	29	1	130	1737	11	0	22	3	1168	21	353	1
SMOKED GOUDA PIMENTO SPREAD 1LB	20628200000	2 oz.	267	234	66	26	7	0	33	436	3	0	6	1	294	5	89	0
SMOKED LEG QUARTER HOT 1EA	20810300000	1 quarter	635	459	131	51	15	0	240	1963	0	1	44	5	427	3	59	2
SMOKED PORK CHOP 1LB	20728200000	1 Chop	700	420	210	47	23	0	167	500	0	0	70	0	0	0	0	0
SMOKED PORK RIBS 1LB	20813900000	1/3 lb.	419	317	120	35	13	0	116	414	0	0	25	1	47	0	48	0

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SMOKED SAUSAGE 1LB	20814000000	1/3 lb.	345	239	95	27	11	0	93	1272	5	0	21	0	0	0	53	2
SMOKED TURKEY LEG 1EA	20832700000	1 Leg	961	216	72	24	8	0	720	1921	0	0	176	0	0	0	160	9
SMOKED TURKEY LEG 1LB	20626600000	8 oz.	320	72	24	8	3	0	240	641	0	0	59	0	0	0	53	3
SMOKY GOUDA & SCALLION CHEESE LOG	20361400000	2 oz.	213	170	89	19	10	0	48	435	2	1	8	0	501	0	104	0
SMOTHERED GOUDA CHOPPED STK	20497700000	1 steak	437	278	123	31	14	0	113	1346	13	1	27	4	203	2	127	3
SMOTHERED MEATBALL SAUCE	28390	4 oz.	47	39	1	4	0	0	0	90	2	0	0	1	559	17	6	0
SNACK PK LITE CHKN SLD&CHDR	20457400000	1 container	648	334	140	37	16	0	137	1015	42	1	38	13	943	4	595	2
SONOMA CHICKEN QSDLLA PK	20075500000	1/4 Quesadilla	304	205	88	23	10	0	63	702	6	3	19	2	439	7	211	1
SONOMA CHICKEN SALAD SC	20525300000	4 oz.	348	235	36	26	4	0	40	454	19	1	9	14	113	0	23	0
SOPA DE ARROZ 16OZ	20515100000	1 piece	98	3	0	0	0	0	0	522	21	1	2	1	308	2	27	2
SOPA DE ARROZ 8OZ	20515000000	1 piece	98	3	0	0	0	0	0	522	21	1	2	1	308	2	27	2
SOPA DE ARROZ COLD	20399500000	4 oz.	120	4	0	0	0	0	0	641	26	1	3	1	378	2	33	2
SOUR CREAM LARGE ADDON	61745	.5 oz	54	43	30	5	3	0	19	47	2	0	1	1	189	0	38	0
SOUR CREAM SMALL ADDON	61746	.5 oz	27	21	15	2	2	0	9	24	1	0	0	0	94	0	19	0
SOUR CRM CHK ENCHILADA CSRLE	20659400000	8 oz.	349	209	115	23	13	0	106	772	8	1	27	3	882	8	425	0
SOURDGH HM/CHDR PANINI 1EA	20413700000	1/2 sandwich	301	102	57	11	6	0	60	841	30	1	20	5	406	42	197	2
SOURDGH TRKY MUFFALETTA PANINI 1EA	20413800000	1/2 sandwich	332	139	51	15	6	0	37	910	27	1	21	0	357	41	291	2
SOURDOUGH COWBOY PANINI 1EA	20413500000	1/2 sandwich	338	164	80	18	9	0	56	954	26	1	17	1	384	35	189	2
SOURDUGH ITALIAN PANINI 1EA	20414300000	1/2 sandwich	384	174	80	19	9	0	60	1358	30	2	23	2	300	63	202	2
SOURDUGH RSTD CHKN PANINI 1EA	20413900000	1/2 sandwich	365	168	77	19	9	0	62	745	27	1	22	1	542	78	246	2
SOUTHERN FRIED COBB SALAD	21044700000	1/2 Salad	328	176	78	20	9	0	219	945	14	3	24	4	1494	15	340	2
SOUTHERN FRIED COBB SALAD MED 1EA	20861600000	1 salad	623	345	154	38	17	0	453	1851	19	5	51	8	3065	31	503	4
SOUTHERN MACARONI SALAD 1LB	20867800000	3 oz.	234	140	31	16	3	0	16	307	18	1	5	2	339	8	68	1
SOUTHERN STYLE FRIED FISH LB	20284100000	5 oz.	163	46	4	5	0	0	55	772	11	0	18	0	0	0	0	0
SOUTHWEST CHICKEN SALAD 1LB	20132500000	6 oz.	146	43	7	5	1	0	27	861	15	4	11	3	455	10	28	1
SOUTHWEST TUNA SALAD 1LB	3630	2 oz.	110	74	11	8	1	0	18	177	2	0	7	1	420	18	2	0
SPAGHETTI & ITALIAN MEATBALLS	20388400000	10.5 oz.	505	195	78	22	9	0	40	1029	55	5	22	7	3352	20	238	4
SPAGHETTI W/MEATBALLS 1LB	20885400000	1 order	1170	549	182	61	20	0	95	2076	110	11	45	15	6537	40	279	8
SPANISH CHEESE BOARD	20499700000	1/4 board	431	283	146	31	16	0	75	884	17	1	20	14	142	0	442	2
SPANISH STYLE RICE	20074000000	4 oz.	135	3	1	0	0	0	0	578	30	2	3	0	0	0	18	1
SPARERIB/ SAUSAGE AD COMBO 1EA	20612600000	6 oz.	429	312	121	35	13	0	117	949	3	0	26	0	26	0	57	1
SPARERIBS FULL RACK 1EA	20655800000	6 oz.	471	356	135	40	15	0	130	466	0	0	29	1	53	0	54	0
SPARERIBS FULL RACK COLD	20832500000	6 oz.	467	353	133	39	15	0	129	663	0	0	28	2	74	1	55	0
SPARERIBS HALF RACK COLD	20847000000	4 oz.	306	210	79	23	9	0	77	552	7	1	17	3	86	1	41	0
SPARERIBS HALF RIBS	20370500000	6oz	465	352	133	39	15	0	128	782	0	0	28	2	87	1	55	0
SPICY BRAISED SPINACH 16OZ	20112600000	4 oz.	71	33	4	4	0	0	0	424	7	4	3	0	4320	18	123	2
SPICY BRAISED SPINACH 16OZ	20112600000	4 oz.	71	33	4	4	0	0	0	424	7	4	3	0	4320	18	123	2
SPICY CAULIFLOUR MEDLEY	20697700000	4 oz.	106	0	0	0	0	0	0	1323	26	0	0	19	1134	38	0	0
SPICY CHICKEN FLATBREAD	20491200000	1/4 pizza	301	155	74	17	8	0	54	784	21	1	16	2	683	5	321	1
SPICY CHICKEN PIZZA	20491300000	1/8 pizza	401	185	79	21	9	0	62	924	34	1	20	2	808	5	306	1
SPICY CHIPOTLE KKN SALAD 1LB	20341700000	3 oz.	182	128	23	14	3	0	37	555	4	1	10	1	302	3	9	0
SPICY CRUSTED CHICKEN 1LB	20390300000	8 oz.	278	42	10	5	1	0	95	361	17	2	42	5	183	3	153	2
SPICY LOBSTER SEAFOOD SALAD	20962200000	3 oz.	167	127	19	14	2	0	15	284	7	0	3	1	326	3	35	0
SPICY SPAGHETTI SALAD 1LB	20614600000	2 oz.	119	78	15	9	2	0	7	321	7	1	3	1	138	8	3	0
SPICY STEAMED BROCCOLINI	20418000000	4 oz.	101	61	6	7	1	0	0	205	7	3	3	2	8	102	48	1
SPINACH & FETA QUICHE 1EA	20613500000	1/6 quiche	301	160	83	18	9	3	189	827	51	2	12	8	1836	12	176	1
SPINACH & PEPPER PINWHEEL	26254	1 pinwheel	94	57	23	6	3	0	12	335	5	2	4	1	1350	12	126	0
SPINACH DIP 1LB	20872900000	2 oz.	152	125	39	14	4	0	22	344	5	1	1	2	836	2	48	0
SPINACH DIP BREAD BOWL	20459000000	4 oz.	357	169	66	19	7	0	52	502	38	3	9	14	828	2	48	0
SPINACH LARGE ADDON	61747	2 oz.	33	4	1	0	0	0	0	90	4	2	3	0	10634	32	112	3
SPINACH LASAGNA ROLLS	20387900000	1 Roll	230	90	54	10	6	0	30	460	19	0	16	1	400	0	350	1
SPINACH SMALL ADDON	61748	2 oz.	17	2	0	0	0	0	0	45	2	1	2	0	5317	16	56	2
SPNGH & ARTCKE STFFD CHICKEN 1EA	20341400000	1 breast	463	238	64	26	7	0	110	1415	12	2	44	3	2022	32	225	3
SPRING VEGETABLE BLEND 1LB	20341900000	4 oz.	68	18	3	2	0	0	0	344	10	3	2	3	657	17	62	5
SQUASH CASSEROLE	20580900000	4 oz.	156	107	46	12	5	0	35	409	8	1	4	2	533	11	95	1
SQUASH CASSEROLE 1LB	3803	2 oz.	38	17	10	2	1	0	6	186	3	1	2	1	178	9	39	0
STACKED BEEF ENCHILADAS 1LB	20868300000	8 oz.	296	93	0	10	0	0	86	784	22	2	29	1	1152	3	403	3

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
STEAK HOUSE POTATO BAKES	20498700000	1 each	481	232	119	26	13	0	91	829	45	5	17	2	1408	4	180	3
STEAK LARGE ADDON	61749	2 oz.	271	182	73	20	8	0	76	71	0	0	22	0	0	0	0	2
STEAK SMALL ADDON	61750	2 oz.	136	91	36	10	4	0	38	35	0	0	11	0	0	0	0	1
STEEL CUT OATMEAL	65477301055	8 oz.	195	31	5	3	1	0	0	110	33	0	8	0	0	0	23	2
STRAWBERRY FIELDS SALAD	20290500000	1/2 salad	351	235	37	26	4	0	10	620	21	4	8	13	283	90	65	14
STRAWBERRY ITALIAN SODA 16 OZ	26151	1 drink	188	38	26	4	3	0	21	153	36	0	1	34	142	0	57	0
STRAWBERRY ITALIAN SODA 24 OZ	26152	1 drink	250	51	34	6	4	0	28	227	48	0	2	46	189	0	76	0
STRAWBERRY PRALINE SPREAD	20356100000	2 oz.	212	151	71	17	8	0	38	116	12	0	3	9	376	0	4	0
STRAWBERRY TRAY MINI 1EA	20820600000	4 oz.	87	29	16	3	2	0	9	29	13	2	1	9	376	56	16	0
STRAWBERRY TRAY REG 1EA	20877700000	4 oz.	100	37	21	4	2	0	11	39	14	2	1	10	939	50	17	0
STRBRY-BANANA PUDDING PARFAIT 1EA	20328200000	4.5oz	406	101	34	11	4	0	0	370	72	0	4	50	4	0	76	0
STRWBRY BANANA MIX 1LB	3640	2 oz.	52	1	0	0	0	0	0	17	12	1	0	4	11	16	5	0
STRWBRY'S W/BRIE & FIG	20598500000	1 serving	230	130	82	14	9	0	30	439	14	2	11	11	415	50	317	1
STUFFED BAKED POTATOED 1EA	20867400000	1 potato	403	90	36	10	4	0	14	438	68	5	10	3	266	23	64	3
SUB SANDWICH BOAR'S HEAD 6' 1EA	20865800000	8 oz.	389	87	33	10	4	0	33	1172	52	2	23	2	2191	8	86	3
SUMMER ASPARAGUS STIRFRY	20965000000	4 oz.	72	45	6	5	1	0	2	204	4	2	2	3	1577	64	7	1
SUMMER BOW TIE PASTA	20291000000	4 oz.	176	117	20	13	2	0	0	342	12	2	2	3	463	29	11	1
SUMMER KALE TOSS	25995	2 oz.	40	16	1	2	0	0	0	45	5	1	1	4	552	23	30	0
SUMMER QUINOA TABBOULEH	25952	2 oz.	69	37	3	4	0	0	0	97	7	1	2	1	450	7	27	1
SUN DRIED TOMATO DIP 1LB	20582500000	2 oz.	207	176	70	20	8	0	38	180	5	1	3	1	726	1	23	4
SUPERFOOD SALAD	20038200000	1/2 Salad	325	188	28	21	3	0	0	51	22	4	13	7	722	46	146	4
SWEET CHILE SHRIMP SALAD	20074600000	1 salad	402	137	73	15	8	0	86	688	53	4	13	21	4819	20	30	3
SWEET CHILE SHRIMP SALAD	20074600000	1 salad	491	156	72	17	8	0	82	727	65	6	19	28	1532	49	132	4
SWEET CORNBREAD	20194300000	1 muffin	196	72	14	8	2	0	30	210	28	1	3	13	100	0	20	1
SWEET POTATO WAFFLE FRIES	20969500000	1 servings	385	227	29	25	3	0	38	263	38	6	2	15	1881	0	75	1
SWEET TEA	26278	8 oz.	86	0	0	0	0	0	0	0	22	0	0	22	0	0	0	0
SWISS ALMOND CHEESEBALL	20612500000	2 oz.	105	74	25	8	3	0	12	96	4	1	4	2	97	20	118	1
TABBOULEH 1LB	3550	2 oz.	51	25	4	3	0	0	0	186	6	1	1	1	721	12	13	0
TACO BOWLS 1EA	20816600000	1 shell	190	171	35	19	4	0	0	495	0	1	5	0	0	0	16	1
TACO MEAT 1LB	3530	4 oz.	271	192	73	21	8	0	75	352	1	1	19	0	45	0	26	2
TACO SALAD 1LB	28425	2 oz.	63	22	7	2	1	0	2	179	8	2	2	1	290	5	29	0
TAPIOCA PUDDING 1EA	20630800000	4 oz.	130	29	8	3	1	0	0	168	23	0	2	17	0	0	56	0
TEJAS BEAN SALAD 1LB	3633	2 oz.	55	20	1	2	0	0	0	166	7	2	2	0	57	24	12	0
TEJAS ROASTED SALMON 1LB	20422900000	6 oz.	262	121	24	13	3	0	73	346	11	0	25	10	64	20	24	1
TENDER BAKE BREAST	20474200000	1 Breast	303	187	50	21	6	0	96	1597	0	0	27	0	160	0	32	1
TENDER BAKE DRUMSTICK	20474000000	1 drumstick	121	78	22	9	2	0	43	267	0	0	11	0	79	1	6	1
TENDER BAKE THIGH	20474100000	1 Thigh	182	122	33	14	4	0	79	960	0	0	14	0	24	0	8	1
TENDER BAKE WINGS	20474300000	1 Wing	68	42	11	5	1	0	21	389	0	0	6	0	36	0	7	0
TERIYAKI BONE IN WINGS COLD LB	20506000000	4 oz.	267	159	38	18	4	0	55	788	13	0	14	8	100	0	0	1
TERIYAKI BONE IN WINGS HOT LB	20650400000	1 wing	117	70	16	8	2	0	24	344	6	0	6	3	44	0	0	0
TEXAS CAVIAR 1LB	20866600000	3 oz.	60	9	1	1	0	0	0	289	12	1	1	4	86	6	23	1
TEXAS CAVIAR 1LB	3634	2 oz.	39	7	1	1	0	0	0	210	7	0	1	3	82	5	14	1
TEXAS TOSS SALAD	20502600000	1 salad	793	518	145	58	16	0	111	1609	35	10	34	10	7481	41	276	2
THAI NOODLE SALAD	20079800000	4 oz.	229	80	7	9	1	0	0	332	32	2	6	7	324	10	32	1
THE WISCONSIN BOARD	20382800000	3 oz.	312	197	115	22	13	0	59	516	9	0	19	0	541	0	469	1
THREE BEAN SALAD SC	20664100000	1/2 C.	120	32	0	4	0	0	0	300	19	0	3	9	100	2	40	1
TINY TOMATO SALAD 1LB	3635	2 oz.	60	41	7	5	1	0	4	214	3	0	2	2	343	17	5	0
TIRAMISU 1EA	20873000000	1 slice	560	300	150	33	17	0	83	189	61	2	5	48	454	0	61	1
TOASTED SESAME PASTA SALAD	25981	2 oz.	98	59	7	7	1	0	0	130	8	3	2	1	472	2	6	0
TOM & MOZZ PETITE SNDWCH	26250	1 sandwich	296	161	83	18	9	0	50	218	20	2	14	3	1035	6	215	1
TOMATO & CUCUMBER SALAD 1LB	3577	2 oz.	62	53	4	6	0	0	0	119	2	1	0	1	260	4	10	0
TOMATO BASIL BRUSCHETTA 1LB	20109400000	3 oz.	46	31	3	3	0	0	0	459	3	1	1	2	323	9	25	0
TOMATO LARGE ADDON	61751	1 oz.	0	0	0	0	0	0	0	0	0	0	0	0	17	0	0	0
TOMATO SMALL ADDON	61752	1 oz.	5	1	0	0	0	0	0	1	1	0	0	1	236	4	3	0
TORTA DE JAMON CON QUESO 10Z	20036400000	1/2 sandwich	333	142	35	16	4	0	40	440	31	2	17	5	510	11	21	2
TORTA DE SALCHICHON QUESO 1EA	20036600000	1/2 sandwich	351	210	31	23	3	0	13	356	30	2	6	3	516	11	52	1
TORTA PAVO CON QUESO TRKY/CHS 1EA	20036500000	1/2 sandwich	403	228	40	25	4	0	37	999	30	2	14	4	478	10	48	2

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TORTELLINI SALAD 1LB	3636	2 oz.	100	47	16	5	2	0	11	330	9	1	4	1	312	11	41	1
TORTILLA ADDON	61753	1 TORTILLA	8	2	1	0	0	0	0	22	1	0	0	0	0	0	0	0
TORTILLA CHIPS GRAB BAG 4OZ	20036700000	2 oz.	179	68	6	8	1	0	0	265	25	2	2	1	3	0	35	1
TORTILLA CRUSTED TILAPIA	20922300000	1 fillet	254	91	18	10	2	0	61	609	15	1	25	2	254	0	20	1
TOSTADAS	20129300000	1 tostada	185	165	17	18	2	0	0	13	5	1	0	0	0	0	17	0
TOSTADAS CASERAS	20291300000	4 oz.	242	81	7	9	1	0	0	687	37	5	3	1	0	0	134	1
TRKY & CHS SNACK PK	20496200000	1 container	586	251	129	28	14	0	86	1638	41	1	44	12	911	3	580	2
TRKY SNDRD TOMATO FLATBRD	20062100000	1/2 Sandwich	363	166	49	18	5	0	33	1079	29	4	20	3	191	38	150	2
TUNA & MIXED GREENS ON MLTGRN 1EA	20026700000	1 sandwich	575	218	28	24	3	0	41	1108	59	10	32	10	1081	55	159	20
TUNA SALAD FINGER SNDWCH	26270	1 wedge	99	48	8	5	1	0	8	224	8	0	4	2	0	0	10	1
TUNA SALAD FINGER SNDWCH	26242	1 wedge	66	15	1	2	0	0	10	273	8	0	5	1	10	0	11	0
TUNA SALAD SANDWICH 1EA	20628000000	1 sandwich	445	118	12	13	1	0	18	1217	64	3	18	11	91	37	80	3
TUNA SALAD SNACK PACK	20922400000	1 Container	794	491	204	55	23	0	121	1345	41	1	35	18	929	3	627	2
TUNA STUFFED TOMATO 1EA	20132700000	1 package	309	191	28	21	3	0	41	521	13	4	18	7	4257	35	43	1
TURKEY & AVOCADO TEA SNDWCH	26257	1 sandwich	101	23	2	3	0	0	13	306	10	1	9	1	14	0	27	1
TURKEY & CHEESE HERO 1EA	20307100000	1 sandwich	302	100	38	11	4	0	37	1042	35	1	16	4	259	0	125	2
TURKEY & PESTO CROISSANT	26245	1 sandwich	289	147	63	16	7	0	57	659	17	0	19	3	318	1	99	2
TURKEY & SWISS SANDWICH 1EA	20307500000	1 sandwich	408	52	8	6	1	0	5	1613	57	2	32	4	1062	2	128	3
TURKEY BITE & CHEESE PACK	20395400000	2.5 oz.	237	176	110	20	12	0	59	482	0	0	15	0	771	35	211	0
TURKEY CLUB SANDWICH 1EA	20428300000	1 sandwich	977	487	206	54	23	0	162	2383	66	4	58	12	2429	15	529	4
Turkey Croissant Sandwich	20441200000	1 sandwich	291	174	53	19	6	0	31	467	21	1	9	7	2444	7	21	2
TURKEY FINGER SANDWICH	26240	1 wedge	79	20	11	2	1	0	7	389	7	0	8	0	97	0	34	1
TURKEY MEATLOAF 1LB	20068100000	8 oz.	338	128	34	14	4	0	108	966	18	2	29	6	2004	9	47	3
TURKEY MEATLOAF MEAL - COLD	20963800000	1 meal	671	294	72	33	8	0	116	1999	55	7	34	19	3912	35	151	4
TURKEY MINI CROISSANT	26269	1 sandwich	201	74	37	8	4	0	10	661	18	0	15	4	964	6	5	2
TURKEY PESTO PINWHEELS 1EA	20107400000	1/2 package	427	257	60	29	7	0	60	892	20	2	22	2	352	23	154	2
TURKEY PETITE SNDWCH	26249	1 sandwich	228	80	30	9	3	0	39	785	19	2	18	2	163	1	97	2
TURKEY SALAD	20245000000	4 oz.	280	201	32	22	4	0	42	614	10	1	10	8	284	1	21	1
TURKEY SAUSAGE & KALE SOUP	65477301449	8 oz.8	120	32	9	4	1	0	20	743	13	3	6	3	2509	6	40	1
TURKEY SNACK PACK	20925000000	1 package	633	309	148	34	16	0	87	1725	37	1	45	14	929	3	627	2
TURKEY SUB 1 FT	21046500000	1/4 sandwich	283	74	23	8	3	0	45	1231	31	1	25	3	525	6	120	2
TURKEY W/BROWN SUGAR BACON	21046200000	1 Sandwich	909	445	155	49	17	0	128	2775	71	4	49	17	1826	15	201	3
TURKEY W/BROWN SUGAR BACON 1EA	20308100000	1/2 Sandwich	448	232	83	26	9	0	67	1107	32	2	22	8	976	7	150	2
TURKEY WILD RICE SOUP	26026	8 oz	219	95	28	11	3	0	36	861	20	2	11	2	197	2	44	1
TUSCAN BEEF STEW	26027	8 oz	159	98	30	11	3	0	39	1114	7	1	9	3	292	7	21	1
TYSON CRISPY WINGS COLD	20532300000	4 oz.	284	193	45	21	5	0	101	781	8	0	15	0	0	0	0	0
TYSON CRISPY WINGS HOT	20532400000	4 oz.	284	193	45	21	5	0	101	781	8	0	15	0	0	0	0	0
UE EGG ONLY	61650	4 oz.	135	78	24	9	3	0	367	313	3	0	12	0	422	0	79	2
ULTIMATE ANTIPASTO SALAD	25982	2 oz.	191	150	45	17	5	0	31	578	2	0	8	0	386	12	104	0
ULTIMATE HAM & CHS W/MED DRINK	20467700000	1 sandwich	960	514	171	57	19	0	81	2843	65	3	47	14	1007	16	185	4
VANILLA ITALIAN SODA 16 OZ	26149	1 drink	214	62	41	7	5	0	34	132	36	0	2	36	229	0	92	0
VANILLA ITALIAN SODA 24 OZ	26150	1 drink	288	69	46	8	5	0	38	163	52	0	3	52	255	0	102	0
VARIETY DIP PACK	20289700000	2 oz.	201	168	59	19	7	0	33	309	4	0	4	1	554	2	88	1
VEGGIE PANINI W/OLIVE BREAD 1EA	20047600000	1/2 Sandwich	320	142	69	16	8	0	36	518	32	3	13	3	2127	42	273	3
VIRGINIA HAM 1LB	20652800000	3 oz.	93	21	7	2	1	0	38	699	3	0	15	3	0	0	0	1
WATERMELON & BLUEBERRY SALAD	25993	2 oz.	33	1	0	0	0	0	0	1	8	1	0	7	277	5	7	0
WATERMELON BLUEBERRY SALAD	20290900000	4 oz.	64	2	0	0	0	0	0	1	16	1	1	14	468	9	8	0
WEYAUWEGA CHEDDAR CURD	20535500000	1 oz.	111	82	55	9	6	0	30	172	0	0	7	0	304	0	203	0
WHEATBERRY W/BLUEBERRY, ORANGES, CURRANTS	25983	2 oz.	105	40	3	4	0	0	0	80	16	2	1	8	67	6	12	0
WHIPPED SWEET POTATOES	20203900000	4 oz.	200	51	10	6	1	0	0	113	34	3	3	17	18645	20	90	1
WHITE CHEDDAR BURGER 1EA	20632400000	1 burger	963	583	220	65	24	0	194	1177	47	2	48	10	1611	5	375	5
WHITE PIZZA	20491100000	1/8 pizza	399	154	54	17	6	0	25	664	47	2	14	3	451	22	199	1
WHITE PIZZA FLATBREAD	20491000000	1/4 pizza	232	120	52	13	6	0	24	381	18	1	9	1	364	19	200	1
WHL CHICKEN SPINACH QUESADILLA 1EA	20432900000	1/4 Quesadilla	466	352	112	39	12	0	64	1113	6	1	22	3	1411	28	252	2
WHL WHT SPAGHETTI POMODORO 1LB	20030900000	8 oz.	273	96	41	11	5	0	12	815	33	6	12	10	4258	27	242	3
WHOLE POLLO ASADO (HOT)	20293400000	1/4 Chicken	629	321	80	36	9	0	214	1918	2	0	75	1	509	1	47	1
WHOLE ROTISSERIE CHICKEN 1EA	6071	8 oz.	406	268	77	30	9	0	137	1103	0	0	32	0	2379	0	20	2

Deli/Food Service Cont.

	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Diet Fiber (g)	Protein (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
WHT CHDR SAGE MSH POTATOES 1LB	20627000000	4 oz.	193	106	43	12	5	0	23	582	17	1	5	1	260	7	135	0
WILD RICE SALAD	25984	2 oz.	185	9	1	1	0	0	0	13	42	2	2	30	22	2	28	1
WING STINGER COLD	20994400000	2 pcs.	198	127	32	14	4	0	79	610	6	0	12	0	0	0	0	0
WING STINGER HOT	20994500000	1 wing	98	63	16	7	2	0	39	302	3	0	6	0	0	0	0	0
WINGS BOURBON BBQ BONE IN 6 CT (COLD CASE)	21070500000	1 Container	713	249	93	28	10	0	242	3679	64	0	42	32	0	0	69	2
WINGS BOURBON BBQ BONELESS 6 CT (COLD CASE)	21069300000	1 Container	688	173	43	19	5	0	84	2841	89	2	34	32	0	3	48	4
WINGS BUFFALO BONE IN 6 CT (COLD CASE)	21070200000	1 Container	629	317	93	35	10	0	242	4646	31	0	42	0	0	0	69	2
WINGS BUFFALO BONELESS 6 CT (COLD CASE)	21069000000	1 Container	605	241	43	27	5	0	84	3809	57	2	34	0	0	3	48	4
WINGS PARMASIAN BONE IN 6 CT (COLD CASE)	21070400000	1 Container	735	413	114	46	13	0	242	3951	32	0	42	0	0	0	69	2
WINGS PARMASIAN BONELESS 6 CT (COLD CASE)	21069200000	1 Container	711	337	64	37	7	0	84	3113	57	2	34	0	0	3	48	4
WINGS PLAIN BONE IN 6 CT (COLD CASE)	21070100000	1 Container	554	249	93	28	10	0	242	2907	28	0	42	0	0	0	69	2
WINGS PLAIN BONELESS 6 CT (COLD CASE)	21068900000	1 Container	530	173	43	19	5	0	84	2070	53	2	34	0	0	3	48	4
WINGS SRIRACHA BONE IN 6 CT (COLD CASE)	21070300000	1 Container	645	249	93	28	10	0	242	2935	50	0	42	18	0	0	69	2
WINGS SRIRACHA BONELESS 6 CT (COLD CASE)	21069100000	1 Container	620	173	43	19	5	0	84	2097	76	2	34	18	0	3	48	4
WISCONSIN 5YR SHARP CHEDDAR 1LB	20044100000	1 oz.	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
YOGURT PARFAIT 1EA	20058600000	1 parfait	354	87	0	10	0	0	4	97	54	7	14	20	751	30	245	1
ZESTY BONE IN WINGS COLD LB	20302800000	4 oz.	320	204	5	23	1	0	76	1096	6	0	23	0	0	0	0	0
ZESTY BONE IN WINGS HOT LB	20973800000	1 wing	112	67	1	7	0	0	29	423	2	0	9	0	0	0	0	0
ZESTY ROTINI SALAD SC	20454500000	4 oz.	158	80	11	9	1	0	0	332	16	2	3	3	162	5	16	1
ZITI & PEPPERONI 1LB	3547	2 oz.	59	18	3	2	0	0	1	94	8	1	2	1	243	9	18	0